Term 4 Week 9 01-12-16

Principal's Message
Published by The Administration Department

Reminder
Please return student resource scheme (SRS) participation forms as soon as possible to ensure all consumables are ready for your student by the first day of school.

The finance window will not be taking any payments during week 10 due to end of year financial processes but completed SRS documents can still be handed in up until the 9th of December.

Dear Helensvale Community

Congratulations to Sam Donovan
On behalf of the Helensvale SS community I congratulate Sam Donovan (DP) on her promotion to Principal of Norfolk Village SS. Sam has been acting Principal at Norfolk for the last six months following a semester as Principal at Mt Tamborine in Semester 1. I wish Sam every success in her new position and know that the Norfolk Village’s gain is Helensvale’s loss. The DP position which is now vacant following Sam’s promotion will be advertised in Term 1 2017.

Educators Retiring from Helensvale SS

Next week Helensvale SS will farewell two very experienced teachers who have a combined teacher experience of 65 years. When a teacher retires it is appropriate that they are farewelled in an appropriate manner.

In next week’s Homelines I will share with you Mrs Patsy Finger and Ms Ros Moore’s educational journey to recognise the great work they have made to education. Over the next week parents may wish to take the opportunity to catch up with both teachers to thank them for their contribution to the children at Helensvale.

2017 School Staffing Update

The staffing for 2017 is now finalised. The table below provides details of staff movement.

<table>
<thead>
<tr>
<th>Teachers on transfer</th>
<th>Ms Jane Rheeder to Warwick West SS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teachers made permanent at Helensvale for 2017</td>
<td>Miss Carly Edwards</td>
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<tr>
<td></td>
<td>Miss Jane Barker</td>
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<td></td>
<td>Miss Megan Burgoyne</td>
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<td>Miss Lisa Maclean</td>
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<td>Miss Marissa Gillies</td>
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<td>Teachers returning in 2017</td>
<td>Mrs Alison Martin</td>
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<tr>
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<td>Ms Jodie Parker</td>
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<tr>
<td></td>
<td>Mrs Loisa Bates (Semester 2)</td>
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</tbody>
</table>
Teacher transferred to Helensvale SS
- Mrs Mirella Zulli from Varsity College
- Mr Scott Williams (SEP) from Loganholme State School
- Ms Jane Stewart from Park Lake State School
- Ms Fiona Swadling from Loganholme State School

Staff on leave / leaving in 2017
- Ms Glenda Earle HOSES - Replaced by Alice Armstrong for 2017
- Mrs Carroll Smith – On Leave for Term 1
- Mrs Megan Hay – Behaviour
- Miss Chloe Sullivan – Prep C
- Miss Jemma Boswell – Year 2B
- Mr Ben Clegg – Year 3E
- Miss Dominique Hall – Year 4F
- Mrs Djurdja Dragicevic – Year 5B

Teachers’ Retiring
- Mrs Ros Moore – STLaN
- Mrs Paty Finger - 5A

Year 6 Graduation
It is that time of the year when we farewell our 3rd group of year 6 students to high school since the start of the “Flying Start” in 2014 initiative. How quickly the last 3 years have passed. On Monday evening our Year 6 Graduation is an opportunity to recognise the achievements of our year 6 cohort and present academic and sporting awards. I wish to sincerely thank our year 6 teachers, Mrs Irving, Mrs Pyne, Miss Maclean, Mr White, Mrs Brannote and Mrs Hinds for the extra effort they have contributed to ensuring the evening is a great success. I extend a special thank you to Ms Nina Holle and Mrs Sue Purton for the Choral and Instrumental Music performances, SEP staff Ms Narelle Smithers, Mrs Joan Mellow along with support staff Mrs Rebecca Grieve, Brenda Sorrell and Mrs Belinda Timmerman for their valuable contribution.

Michael Shambrook
Principal

Quote of the Week
I hope your dreams take you... to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known.

From Mrs Austin’s Desk
End of Year Events
We are in the final straight for the 2016 school year. For those that missed last week’s events overview I have included it again so the community has all the information it requires.

Swimming Carnival – Friday 2 December

http://epublisher.net.au/public/newsletter/ViewNewsletter?u=D1YX2G_14IvUbRy56o...
The Swimming Carnival has been finalised and last minute organisational touches being added. If you are available make sure you pop in for a visit and join in on the fun. Just a reminder this event is for students' age appropriate in Year 3 to 6 only.

Christmas Sharing Concert & Awards Prep & Year 1 – Friday 2 December
Our first Christmas Sharing concert will be kicked off with our Prep and Year 1 students. For those families new to the school, this event is a celebration of student academic success and performances of Christmas songs. It is a lovely way to end the school year and we encourage as many families to join us. This event will start at 9am in the PAC.

Graduation – Monday 5 December
This formal event for our Year 6 students is not only their night of academic recognition, but also a time to reflect on their schooling years at Helensvale and to say goodbye. Our Graduation night will commence in the PAC and will start at 5:30pm sharp.

Christmas Sharing Concert & Awards Year 2 & 3 – Tuesday 6 December
Our next Christmas Sharing concert will be for our Year 2 & 3 students. This event is a celebration of student academic success and performances of Christmas songs. This event will start at 9am in the PAC.

Christmas Sharing Concert & Awards Year 4 & 5 – Tuesday 6 December
Our final Christmas Sharing concert will be held during the middle session on Tuesday for our Year 4 & 5 students. Again academic awards will be presented and Christmas performances. This event will start at 11:30am in the PAC.

Behaviour Rewards Day – Wednesday 7 December
This term the top 5 most improved students according to the points accumulated on their “Strive to Succeed” passport from Term 3 to Term 4, will be attending our Behaviour Rewards Day. We have organised another engaging surprise for the students but it will remain a secret until the day. The students will participate during the first and second sessions.

Last Whole School Assembly – Wednesday 7 December
This will be the last opportunity we will come together as a whole school for the 2016 school year. We will be saying our goodbye to our Year 6 students and wish them well for high school and to staff that will also be leaving us. The community is more than welcome to join us for this event which will start at 2:15pm in the PAC.

Red Carpet Disco – Wednesday 7 December
It is time to shine and dress up as the Year 6 students walk the Red Carpet to attend their final disco. Arrival time is scheduled to commence at 5:30pm with the disco dancing moves to begin at 6:00pm. Don’t forget that pick up time is 8:00pm and students will need to be collected from the PAC by a supervising adult.

Meet the Teaching Team 2017 – Thursday 8 December
This is a lovely way to end the school year by introducing cohorts of students to the team of teachers that will have in 2017. Each teacher will operate a game or activity, whilst students rotate and get introduced and acquainted. Although we know students would love to know which teacher they will have, they will not find out until the first day of school in 2017.

Last day of 2016 School Year – Friday 9 December
If you require any further information regarding any of these events, please contact the school office by phone or email and we will be happy to help you.

Year 2 & 3 Christmas Sharing Program of Events
To assist families that are trying to make arrangements with their employers to attend the Year 2 & 3 Christmas Sharing on Tuesday 6 December, I can't give you specific times but I have included a running order for the day.

9:00am
Classes to be seated in the PAC
Acknowledgement of Traditional Owners
National Anthem
School Creed and Motto
School Prayer

Year 3 (all classes) Performance
2A Awards Presentation
2B Awards Presentation
2C Awards Presentation
2D Awards Presentation
2E Awards Presentation
2F Awards Presentation
School Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Payment</th>
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<tbody>
<tr>
<td>Frid 2 Dec</td>
<td>Prep &amp; Year 1 - Christmas Sharing Concert &amp; Awards 9am</td>
<td>PAC</td>
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<tr>
<td>Frid 2 Dec</td>
<td>School Swimming Carnival (Year 3-6)</td>
<td>Helensvale City Pool</td>
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<tr>
<td>Mon 5 Dec</td>
<td>Year 6 Graduation</td>
<td>PAC</td>
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<tr>
<td>Tues 6 Dec</td>
<td>Year 2 &amp; 3 - Christmas Sharing Concert &amp; Awards 9am</td>
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<td>Tues 6 Dec</td>
<td>Year 4 &amp; 5 - Christmas Sharing Concert &amp; Awards 11.30am</td>
<td>PAC</td>
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<tr>
<td>Wed 7 Dec</td>
<td>Behaviour Rewards Day</td>
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<tr>
<td>Wed 7 Dec</td>
<td>Whole School Assembly</td>
<td>PAC</td>
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<tr>
<td>Wed 7 Dec</td>
<td>Year 6 Red Carpet Disco</td>
<td>PAC</td>
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<tr>
<td>Frid 9 Dec</td>
<td>Last Day of School</td>
<td></td>
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<tr>
<td>Mon 23 Jan</td>
<td>Students return to school for Term 1</td>
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Swimming Carnival - Friday 2nd December
Swimming Carnival - Sausage Sizzle

Student Council News

2016 Swimming Carnival Timetable
Friday 2nd December

(These times are approximate and are subject to late change)

Parent spectators cost $2 (payable to the pool on the day, price subject to change)

8:45 Roll marking in class as normal

8:55am – 10:15am

Exit Pool from school

10:15am – 11:15am

Freestyle

(25m, 50m)

11:15am – 11:40am

Backstroke

(25m, 50m)

11:45am – 12:25pm

Breaststroke

(25m, 50m)

12:25pm – 12:45pm

LUNCH

12:45pm – 1:15pm

Butterfly

(25m, 50m)

1:15pm – 1:45pm

Individual Medley

(4x25m)

1:45pm – 3:00pm

Exit back to school

• In each stroke students can choose to race in either the 25m OR 50m (not both)
• No nominations are required prior to the day, the marshal will call for all students to swim that stroke to make their way to the starting area. (Eg the marshal will call for all 25m freestyle swimmers to go to the starting area)
• Students are to compete in their year of birth (ie born 2007, 2006, 2004, 2003)
• 25m events are a have-a-go event for house points only
• 50m events are timed so that an overall 1st, 2nd, 3rd will be awarded (based on the quickest overall times from the heats as there will no finals) 50m events also get house points

Swimming Carnival - Sausage Sizzle

At the swimming carnival this year, the student council will be holding a sausage sizzle. The funds raised will go towards the year 6 graduation gift from Helensvale State School students.

When: Friday 2nd Dec (Week 9)
Where: Helensvale Aquatic Centre
Cost: $2 each

E: bookings@swimclub.com.au | P: 07 5590 6300 | M: 0421 204 828

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M: 0414 063 164

W: www.wilkinsonorthodontics.com.au

E: bookings@swimclub.com.au | P: 07 5590 6300 | M: 0421 204 828
Active School Travel

Last week 48% of Helensvale State School were active travellers by walking, riding, catching a bus or car pooling to school. Congratulations to all students who were active travellers!

Our sector winners are:
- Prep & Year 1 winner – 1D
- Years 2 & 3 winner – 2C
- Years 4 – 6 winner – 4A

The most active class at Helensvale State School was 4A with 81% of the class being active travellers. Well done 4A!

We have finished Active School Travel for 2016. We thank all families for supporting this initiative during the year, and we look forward to continuing this in 2017. Keep a look out in HomeLines for more information.

Tuckshop News

Hello Everyone,

The Tuckshop will be CLOSED on the last day of school this term for a thorough cleaning and pack up, as well as stocktaking. Therefore we won’t be doing any lunches on this day. You will have to organise your child’s lunches for this day as the Tuckshop is unable to do any lunches.
The year 6 Graduation ceremony will be on Monday 5th December. We will be selling drinks before this event.

The year 6 Red Carpet Disco will be held on Wednesday 7th December. The kids can come and walk the red carpet with friends and have photos taken from 5.30pm and the disco will start at 6pm. There will be a shop on the night selling drinks, chips and lollies. We will also do a sausage sizzle for $2 on the night.

Thanks,
Tracy Wall
Tuckshop Convenor.

Homestay Families Wanted - Early 2017

In early 2017, Helensvale State School will be hosting a group of international students from South Korea. We are looking for families from our school community to provide a good caring home for those students.

Being a host family can be an enriching experience:

• Introduce your family to another culture
• Learn another language
• Make long term international friends
• Share our Australian culture and lifestyle

If you might be interested in becoming one of our Homestay families, please let us know by completing the following flyer and returning to the front office or by email to btimm29@eq.edu.au

Gold Coast Health Oral Health (Dental) Services

Gold Coast Oral Health Services are offering free dental check-ups to children in years 1 and 5.

This service will be provided on-site at Helensvale State School by the Mobile Dental Clinic. Hours of operation for this clinic are 7:45am - 4:30pm.

To arrange an appointment for your child telephone:

The Oral Health Client Service Centre
Ph 1300 300 850
Monday – Friday 8.00 am – 4.30 pm
Excluding Public Holidays

Child Dental Benefit Schedule Vouchers are accepted. When your child’s $1000 cap is reached, there will be no out-of-pocket expenses provided your child meets *eligibility criteria.

* Eligibility – All Queensland resident children aged four years or older who have not completed year 10 of secondary school.

Further information on public funded oral health services can be accessed via URL: http://www.health.qld.gov.au/goldcoasthealth/html/services/oralhealth.asp

Community News

Published by The Administration Department

Advertising in our Newsletter

Advertising Space is now available within our newsletter
Please phone Michelle on 0409992479 or send an email to michelle.m@austnews.com.au if you are interested in advertising your business.

Find us on Facebook https://www.facebook.com/events/243466392738209/

Helensvale Convenience Centre Present's
The Christmas Colouring Competition
& Christmas Party

WIN 1 of 2 $50 Toyworld Gift Vouchers

Pop in to a participating store today for a colouring competition or download from www.century21.com/helensvale

CHRISTMAS PARTY
Saturday 17th December (10am - 1pm)
Helensvale Convenience Centre
112 Discovery Drive, Helensvale

* Sausage Sizzle
* Christmas Gift Hamper Raffle
* Pizza's
* Christmas Craft Stations
* Christmas Baked Treats
* Santa
* Games & Entertainment

Scan QR code or search ‘Helensvale - Christmas Party’ on Facebook to follow the event

All proceeds going to Helensvale State School’s P&C Association to help fund new seating & the truckshop refurbishment

over $1000 worth of products and services up for grabs!

Tickets are available now from most stores in our shopping complex!
Carers Gifting Carers

NO COST: School Uniforms and Local Sporting Uniforms – Northern Gold Coast for families who are affected by disability

A gifting project facilitated by FSGA through Coomera Family Central, but run by parent/carer volunteers, Carers are supporting other carers by passing on school uniforms and local sporting uniforms which are in good condition. This wonderful project came from a conversation between several carers, talking about the high cost of school uniforms versus the (often) limited income and extra costs incurred by families who have a family member who has additional needs. These carers decided that they would like to pass on to other families who have a child with a disability (for any or all of their children), and that Coomera Family Central could provide the connection to a larger amount of families.

All items are checked, small mends completed, washed in laundry powder that is suitable for sensitive skin and ironed - ready for gifting.

Would you like to be a part of this project? Would you like to donate or receive uniforms and perhaps talk to friends about donating uniforms?

The guidelines are that we are accepting items in good condition (applying the test of ‘would my child wear it on the first day of school?’)

FROM

Schools in the Northern Gold Coast Region (Helensvale and Gaven through to Ormeau) and local sporting groups

Enquiries: 5519 4129 / 55029797 or email

familyresourcing@fsg.org.au

We are located at 3 Jowett St Coomera

OPEN DAY
Gold Coast Table Tennis Centre
FREE COME & TRY DAY
Saturday 3rd December from 10am
Everybody Welcome

Fun Games for all Ages
Injury & stress free sport

No Special Physical Requirements!
Free Sausage Sizzle

Lot 1 Herbertson Drive, Molendinar, QLD (off Southport Nerang Rd)
Phone: (07)5597-1633 www.goldcoasttabletennis.org.au
THE JUNIOR HEAT CLINICS ARE BACK!

12 – 14 DECEMBER 16
17 – 19 JANUARY 17
Train the Heat way with 4 hours of quality coaching per day, plus meet members of the team.

or clink@yahoo.com.au

Kickstart 2017
with Helensvale Calisthenic Dance Academy

3rd January (Helensvale Community Centre)
Dance: 11am - 1pm, 2 - 4pm, 5 - 7pm

3rd January (Helensvale Community Centre)
Use: 11am - 1pm, 2 - 4pm, 5 - 7pm

3rd January (Helensvale Community Centre)
Use: 11am - 1pm, 2 - 4pm, 5 - 7pm

Cost: $30 per class plus the door.

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http://epublisher.net.au/public/newsletter/ViewNewsletter?u=D1YX2G_141vUbRy56o... 1/12/2016
Gold & Tweed Coast Indigenous Women

** Expression Of Interest **

- Looking for any Indigenous women willing/wanting to play Rugby League in an Indigenous Carnival on the Sunshine Coast (Noosa) on the 4-5th Feb 2017.
- We are looking for 25 players, as well as some coaching/managerial staff (PAO, x 2 League Safes, Trainer & Mentors) from the community.
- Looking for players willing to commit to at least 60-70% attendance of training and team building events. (This may include BBQ’s and Raffles to gain sponsorship for the upcoming event)
- Also looking for sponsorship to help with expenses (Accommodation, Playing strip and other materials).

For further information please don’t hesitate to contact me - Tyne Smith Ph: 0434 634 517 or email: tyne@actforkids.com.au

Aboriginal and Torres Strait Islander Mental Health First Aid Course

We respectfully acknowledge the traditional custodians of the beautiful land on which we live, work and play on, and pay our deepest respect to our Elders past, present and future.

This two day course is conducted by the Aboriginal and Torres Strait Islander Health Service, Gold Coast Hospital and Health Service and on occasions may be co-facilitated with other services.

Mental health first aid is the help provided to a person who is developing a mental health problem, or who is in a mental health crisis, until appropriate professional treatment is received or the crisis resolved. Mental health first aid strategies are taught in evidence-based training programs authored by Mental Health First Aid (MHFA) Australia and conducted by MHFA Instructors across Australia.

The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as a 14 hour course, typically conducted in 6 modules that we are holding 2 over two days. This course teaches health professionals and community members (16 years and over) how to assist an Aboriginal or Torres Strait Islander adult who is developing a mental health problem or in a mental health crisis.

Who can attend the course?
This course is targeted to Gold Coast Aboriginal and Torres Strait Islander community members.
members over 10 years old.

However, if there are vacancies the course will be made available to Aboriginal and Torres Strait Islander community members from outside of the Gold Coast. Non-Indigenous Community members and staff of services working with Aboriginal and Torres Strait Islander clients. Please contact the service to confirm availability.

Please note: this course is not a cultural awareness, therapy or support group rather it is an education course to learn how to give first aid to others.

What the course covers
- Aboriginal and Torres Strait Islander social and emotional wellbeing
- Mental health problems in communities
- Mental health first aid strategies for working with Aboriginal and Torres Strait Islander communities.

Developing mental illnesses:
- Depression
- Anxiety
- Gradual onset psychosis
- Substance misuse

What the course covers (Continued)

Mental health crisis situations:
- Suicidal thoughts and behaviours
- Aggressive behaviours
- Severe effects of drug or alcohol use
- Panic attacks
- Traumatic events
- Severe psychotic states

Non-suicidal self-injury (commonly called self-harm)

Course Format
The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as a two-day face-to-face course conducted in 6 modules.

Course participants will receive a Certificate of Completion.

Cost
Attendance at the course is free. Tea/Coffee, morning tea and Lunch provided.

2016 Course Calendar
8:45am – 4:30pm

KIRRA HILL COMMUNITY CENTRE
1 Garrick Street, Coolangatta (see map)
- 15 & 22 April
- 10 & 17 June
- 19 & 26 August
- 21 & 28 October

SOUTHPORT COMMUNITY CENTRE
6 Lawson Street, Southport 9:45am – 4:30pm
- 17 & 18 March
- 22 & 29 July
- 9 & 16 September
- 2 & 9 December

Click here to download
1457560570_AboriginalandTorresStraitIslanderMentalHealthFirstAidCourse.pdf

1/12/2016
NORTHERN GOLD COAST COMMUNITIES FOR CHILDREN
Oxenford and Coomera Community and Youth Centre (OCCYC)
25 Lago Graham Way Oxenford
P: 55 208 087 / 55 804 995
E: family@youcentrec.org.au W: www.youcentrec.org.au

FREE PROGRAMS FOR PARENTS Term 4 2016

PARENTING MADE EASIER
(4 weeks)
This is a four session program for parents/carers of children aged 0 - 12. It will help you understand children’s behaviour and provide you with strategies to develop and foster emotional resilience, respect, cooperation, and responsibility in your children.
Thursday 23rd October - 13th November 9:30 am - 12:00 noon

1,2,3 MAGIC & EMOTION COACHING
(3 weeks)
Collaced by the Mayonnaise Charity Foundation
A three session program designed to help parents/carers and educators of children aged 2 - 12 years to manage challenging behaviours. The program works equally well as a preventative tool and for early intervention. A great framework that preserves the dignity of the child and the adult.
Friday 28th October - 11th November 9:30 am - 11:30 am
Friday 18th November - 2nd December 9:30 am - 11:30 am

TUNING IN TO KIDS
(6 weeks)
Collaced by the Mayonnaise Charity Foundation
This six session program teaches parental care of 3 - 12 year old children how to become their child’s emotion coach. Help your child build resilience through understanding and managing their emotions. Also suitable for parents of children with anxiety and emotional and behavioural issues.
Wednesday 26th October - 30th November 9:30 am - 12:00 noon

CIRCLE OF SECURTY PARENTING
(6 weeks)
This six session program provides parents with strategies to promote a sense of security and a life of resilience and well-being in their children. Suitable for parental care of 0 -10 year old children. Also suitable for parents whose children have emotional & behavioural issues.
Thursday 26th October - 29th November 9:30 am - 12:00 noon

ASSERTIVENESS
(4 weeks)
This is a four week nurturing program designed to build your self-esteem by supporting you to feel better about yourself, increase your confidence, and help you ‘lift your goals to life.’
Tuesday 2nd November - 24th November 9:30 am - 12:00 noon

SELF-ESTEEM
(4 weeks)
This is a four session nurturing program that helps build your self-esteem, increasing your confidence and helping you to feel better about yourself!
Monday 2nd - 28th November 9:30 am - 12:00 noon

TUNING IN TO TEENS NEW!
(6 weeks)
This is a six session program designed for parents/carers and educators of teenagers and young adults aged 10 and over. The program aims to increase the child/adult connection by providing adults with a greater understanding of their adolescent’s emotional experience while teaching specific skills that can assist in being supportive, empathic, and staying connected with the young person.
Wednesday 26th October - 30th November 6:00 pm - 8:00 pm

RELATIONSHIP RESCUE
(4 weeks)
This four session program offers an opportunity to explore ways to have a fabulous relationship, repair a damaged relationship, and understand why a relationship may not be working. Relationship implausible includes parents, siblings, work associates, partners, and children.
Tuesday 5th - 29th November 6:15 pm - 8:15 pm

WHAT WERE WE THINKING
(3 weeks)
NEW!
A three session program designed for couples with infants from newborn to 3 months. This program will help build confidence and competence in new parents and support emotional well-being, the parental relationship, and the adjustment to this phase of life.
Friday 4th - 18th November 9:30 am - 12:30 pm

BABYFITTING TRAINING
(5 weeks)
From 12 - 17 year olds; this five week course was a practical and fun approach to babyfitting. The course covers interacting with kids, basic first aid, basic child development, and tips on managing difficult behaviours. Aromatherapy tea is provided.
Thursday 27th October - 24th November 6:15 pm - 8:15 pm

Child minding is available for a fee. Bookings are essential.
Communities for Children is funded by the Australian Government Department of Social Services.

Helpful Phone Numbers
Electricity Loss of Power 19 62 62
Poisens Information Line (24 hours) 131212
Coomera Police Station 5819 3565

24 Hour Support Services
Alcohol & Drug Information Service 1800 177 893
Dads in Distress 1300 853 497
Domestic Violence 1800 811 811
Family Drug Support 1800 368 186
Kids Help Line 1800 551 000
Men’s Line Australia 1300 789 978
Beyond Blue 1300 224 696
Lifeline Crisis Line: 13 11 14
Alcoholics Anonymous 5591 2062

After Hours Doctors & Pharmacy
National Home Doctor Service 13 7425
(previously Medcall)
PACf/Pines Amcal 5573 7722 (Midnight)
Oxenford Amcal 5519 9200 (9 am)

Parenting & Child Support Services
Broadcasting Helpline 1900 686 269
Child Abuse Prevention Service 1800 688 069
Kidsafe Queensland (Child safety indoors and out: Hire of safety equipment and car capsules) 3854 1820
Pregnancy Helpline 1300 139 131

Child Health Services
Child and Youth Health www.cych.com
Practical health information for parents, carers and young people.
Community Child Health Good Coast 5687 9183
Logan Central 3307 5939
Beaudesert 3827 9883
1300 Health—1349 2504
Rural Fire Services Gold Coast 5507 4101
Coomera Valley 5573 3566

Contact Us Now!
Early Years Hubs
Education and interactive playgroups for parents and children 0-5 years.
Join us for singing, dancing, Smallsports, Read & Grow, craft and cooking.
- Oxenford
- Upper Coomera
- Coomera
Call 55 298 087 for venues and times

Family Support and Counselling Services
- Relationship issues
- Depression and mood disorders
- Anger management
- Mental Health issues and illness
- Addictions
- Anxiety
Book your appointment on 55 298 087

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