Dear Helensvale Community,

Term 2 School Survey – the next step

246
Families completed the survey
Well Done
HSS
Community

Great Response
The response to the survey has been more than double that we have received in the official school opinion survey in August last year.

What to expect by Monday
All parents will receive a special survey data ‘Homelines’ by next Monday with the graphs showing the response rate along with the three most positive comments and three highest priority areas for improvement.

Great Feedback
The comments section has provided a huge number of positive comments and areas for improvement. We now have a challenge to present the information in a user friendly.

Future opportunities to have your say
The area for improvement comments cover a wide range of issues and suggestions which will require further unpacking with groups of parents to identify the core issues. Watch out for further invitations for parents.

Commitment to Action
Parents have had their say and I thank you for completing the survey. This is a genuine attempt to better engage with our

Watch this space for
School Crossing Supervisor Retires Friday

This week we farewell one of our crossing supervisors to the world of retirement. Terry Ryan has been working at our school for 12 years and another 4 years at a Perth school. Terry will use this stop sign for the last time tomorrow morning. Below I have included a brief overview and memories from Terry as his last day approaches. On behalf of the Helensvale School Community I thank Terry for his dedication and commitment to this important task.

Friday June 3rd will be an emotional day for me, I have decided to hang up my stop sign (lollipop) for the last time. Words cannot express the absolute joy it has been, being there to help thousands of children to safely cross the road.

“The wonderful memories of the joy on the faces of the first year children on their way to school and to observe as they progress to high school, I thank each and every one of those children for my memories.

I must thank all the Mums and Dads for their expressions of respect and support over the years, it can be very pleasing, when the weather is awful, and you have a Mum or Dad stop and tell you what a great job you are doing for the children.

The only disappointment I have experienced, is the standard of some of the drivers. Please, it only takes less than a minute to stop to allow a child to cross safely, there have been close calls over the years, remember these children are the future of our great country.

Thanks also to Helensvale State School, I have been coming here for so long it feels like I have two addresses.

Lastly I would like to thank those wonderful people I have had the pleasure to share crossing duties with over the years, at present: Nicole, Kay, Susan, Maree, Hallie and of course Dennis. We have always supported each other in making the crossings a pleasant place to be.

Sincerely Terry Ryan

Quote of the week

Premier’s Reading Challenge 2016

I hope all students have started reading for the challenge.

Each week, I will remind students through our daily Round Up notices to pace themselves in order to complete the challenge by Friday 26 August.
From Mrs Austin’s Desk

When is a bully not a bully?

As Administrators of our school, we receive from time to time emails and calls from distressed parents reporting their child is being “bullied” at school. It can be heartbreaking to watch your child's anguish or see them upset over an incident that has occurred at school. But what we must first do as adults, is help children filter “what is bullying” vs “a one off incident”.

According to bullyingnoway.gov.au, the definition of bullying is:

“Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm.”

The National Centre Against Bullying states there are five different kinds of bullying behaviours. They include:

- **Physical bullying**: repeatedly and intentionally using physical actions such as hitting, poking, tripping or pushing are used to hurt and intimidate.
- **Verbal bullying**: involves the use of negative words, like name calling, insults or racist slurs or words used to intentionally upset someone.
- **Social bullying**: when lies, the spreading of rumours or nasty pranks are used. This includes repeated mimicking and deliberate exclusion.
- **Psychological bullying**: involves the repeated and intentional use of words and actions which can cause psychological harm.
- **Cyber-bullying**: when technology is used verbally, socially or psychologically bully.

Bullying is not:

- Mutual arguments and disagreements
- Single episodes of social rejection or dislike
- Single episode acts of nastiness or spite
- Random acts of aggression or intimidation

Strategies Parents can use:

- **Explain bullying**: Tell your child regularly how much you disapprove of bullying and why. Students who come from families that oppose bullying accept that bullying is wrong and are less likely to engage in such behaviours because they know their parents would disapprove.
- **Model and Encourage Respect**: Model and encourage respect to others as well as behaviours and values, such as compassion, cooperation, friendliness, acceptance of difference and respect.
- **Explain rights of others**: Emphasise seeing things from another’s point of view and the rights of others not to be mistreated.
- **Encourage Resilience**: Develop protective behaviours and resilient social skills in your child, such as speaking assertively, negotiating, expressing their own opinion, using a confident voice and using eye contact.
- **Respect and Confidence are key**: Talk about respect and help children distinguish between people who care about their wellbeing and those who don’t.
- **Help build friendships**: Help your child build and maintain caring and genuine friendships.
- **Deal with Fear and Anger**: Assist children to develop effective ways of dealing with fear and anger instead of internalising their feelings or taking them out on others. (Fiona Baker – Kidspot.com.au)

Please remember, that children are all born as a blank canvas. It is only through their life experiences, the values/morals instilled/accepted and what they observe from us as adults that influences, shapes and moulds the behavioural choices, interactions and decisions of children.

What behaviours are you role modelling to your children?

**IS it BULLYING?**

When someone says or does something unintentionally hurtful and they do it once, that’s RUDE.
School Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Payment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thur 2 June</td>
<td>Prep-Year 1 Assembly</td>
<td>PAC</td>
<td></td>
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<tr>
<td>Mon 6 June</td>
<td>Fleays Excursion Year 5</td>
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<td></td>
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<tr>
<td>Tue 7 June</td>
<td>Regional Cross Country</td>
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<td></td>
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<tr>
<td>Thur 9 June</td>
<td>School Disco</td>
<td></td>
<td></td>
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<tr>
<td>Mon 13 June</td>
<td>Junior Sports Day</td>
<td>HSS Oval</td>
<td>Prep-Year 4</td>
</tr>
<tr>
<td>Tue 14 June</td>
<td>Year 2-3 Assembly</td>
<td>PAC</td>
<td></td>
</tr>
<tr>
<td>Wed 15 June</td>
<td>Year 4-6 Assembly</td>
<td>PAC</td>
<td></td>
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<tr>
<td></td>
<td>P&amp;C Meeting</td>
<td>Staffroom</td>
<td>Commencing 7.00pm</td>
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<tr>
<td>Thur 16 June</td>
<td>Prep-Year 1 Assembly</td>
<td>PAC</td>
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<tr>
<td></td>
<td>Twilight Tunes</td>
<td></td>
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<tr>
<td>Fri 17 June</td>
<td>Senior Sports Day</td>
<td>HSS Oval</td>
<td>Years 5 &amp; 6</td>
</tr>
<tr>
<td></td>
<td>Including 2006 Yr 4 students who have qualified for Championship Events</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wed 22 June</td>
<td>Whole School Assembly</td>
<td>PAC</td>
<td></td>
</tr>
<tr>
<td>Mon 27 June</td>
<td>School Holidays Commence</td>
<td></td>
<td></td>
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<tr>
<td>Mon 11 July</td>
<td>Term 3 Commences</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wed 13 July</td>
<td>Whole School Assembly</td>
<td>PAC</td>
<td></td>
</tr>
<tr>
<td>Mon 25 July</td>
<td>Snugglepot &amp; Cuddlepie Excursion</td>
<td></td>
<td>Prep-Year 1</td>
</tr>
</tbody>
</table>

School Payments

Commenting from Term 2, there was a change to the finance window opening days and hours. The new days are Mondays and Wednesdays with times of 8am – 9.30am.

*Please assist us by adhering to these times.*
All excursions and incursions have closing dates to make payment. Please ensure you pay by the due date as no late payments will be accepted.

Thank you for your assistance.
Leonie Foster
Business Services Manager

Bunburra Jajumns Yathgalen
Beach Children’s Whispen

Goals for 2016: 95% attendance

Date Claimer:
Deadly Choices every Monday 2:15pm
Modulum Kurulbo (girls group) every Tuesday morning 10:55

Deadly Jajumns
Congratulations to Annie M. (just check spelling on attending TTR (before school reading).
Juvenile Lee for attending the very first Health & Hygiene lesson.

Word of the Week:
Mobo-Tomorrow

Aboriginal spirituality and beliefs

Myth 1: “There is one Aboriginal culture in Australia”

It’s easy to assume that there is one Aboriginal culture in Australia. There were more than 250 language groups with hundreds of dialects, and many had their own regional customs.

Truth: There are many different Aboriginal cultures, customs and languages in Australia.

PE News

Student Success

Congratulations to Jhett P on his selection in the South Coast Regional Touch Footy Team. We wish him all the best when he goes to the State trials in Roma later this year.

Sporting Schools Table Tennis

The Term 2 Sporting Schools coaching sessions have concluded with all participants thoroughly enjoying the sessions, gaining new skills and developing a passion for being active. Students participated in Netball, Athletics and Table Tennis sessions. The above pictures show the Table Tennis students enjoying their sporting schools sessions with Coach Greg.
## Junior Sports Day – Monday 13th June

### Junior Oval and Multipurpose Courts

**PREP**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00 – 9.25</td>
<td>March Past and war cries with all year levels on oval</td>
</tr>
<tr>
<td>9.25 – 9.55</td>
<td>Running races (Environmental Area)</td>
</tr>
<tr>
<td>9.55 – 10.55</td>
<td>Tabloid Games (Multi-Purpose Courts)</td>
</tr>
<tr>
<td>10.55 – 11.35</td>
<td>MORNING TEA (Environmental Area)</td>
</tr>
<tr>
<td>11.35 – 12.30</td>
<td>Relays and Novelty races (Environmental Area running track)</td>
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<tr>
<td>12.30 – 1:25</td>
<td>Field Events (Environmental Area)</td>
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<tr>
<td>1:30</td>
<td>RETURN TO CLASSROOM</td>
</tr>
</tbody>
</table>

**YEAR ONE**

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<tr>
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**YEAR TWO**

<table>
<thead>
<tr>
<th>TIME</th>
<th>EVENT</th>
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</thead>
<tbody>
<tr>
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<td>1:30</td>
<td>RETURN TO CLASSROOM</td>
</tr>
</tbody>
</table>

### Year 3-4 Sports Day – Monday 13th June

**Main Oval**

<table>
<thead>
<tr>
<th>TIME</th>
<th>YEAR 4</th>
<th>YEAR 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00am – 9.25am</td>
<td>March Past &amp; War Cries</td>
<td>March Past &amp; War Cries</td>
</tr>
<tr>
<td>9.30am – 10.30am</td>
<td>Sprints/Relays (Main Oval)</td>
<td>Sprints/Relays (Main Oval)</td>
</tr>
<tr>
<td>10.30am – 10.55am</td>
<td>Novelty Races (Main Oval)</td>
<td>Novelty Races (Main Oval)</td>
</tr>
<tr>
<td>10.55am – 11.35am</td>
<td>Break</td>
<td>Break</td>
</tr>
<tr>
<td>11.35am – 12.35am</td>
<td>Activity Rotations (Main Oval)</td>
<td>Ball Games (MPC Courts)</td>
</tr>
<tr>
<td>12.35pm – 1:35pm</td>
<td>Ball Games (MPC Courts)</td>
<td>Activity Rotations (Main Oval)</td>
</tr>
<tr>
<td>1:35pm – 2:15pm</td>
<td>Lunch</td>
<td>Lunch</td>
</tr>
<tr>
<td>2:15pm</td>
<td>Classroom Roll Call</td>
<td>Classroom Roll Call</td>
</tr>
<tr>
<td>2:30pm – 3:00pm</td>
<td>Afternoon Session in Class</td>
<td>Afternoon Session in Class</td>
</tr>
</tbody>
</table>

## Championship Events for Senior Sports Day
The Senior Sports Day for Year 5/6 Students will be held on Friday 17th June. All year 5/6 students compete in all events. Selected students, who have been to the lunch time trials, will compete in the "Championship" events. These Championship events go towards age champions and are used as a selection process to select a team for the district Athletics. As some year 4 students were born in 2006, they have also been offered the opportunity to trial for these events with a number of students making it to this level.

**SENIOR SPORTS DAY PROGRAM**

Students born 2004-2006 (All Year 5/6 Student and “Championship” Year 4 students)

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Rotation 1</th>
<th>Rotation 2</th>
<th>Rotation 3</th>
<th>Rotation 4</th>
<th>Rotation 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 years</td>
<td>Shot Put</td>
<td>Ball Games</td>
<td>10:00-1:00</td>
<td>Long Jump</td>
<td>1:05-1:45</td>
</tr>
<tr>
<td>Boys</td>
<td>100m</td>
<td>High Jump</td>
<td>11:35-12:20</td>
<td>Shot Put</td>
<td>11:00-11:30</td>
</tr>
<tr>
<td>Girls</td>
<td>100m</td>
<td>High Jump</td>
<td>12:20</td>
<td>Ball Games</td>
<td>1:05-1:45</td>
</tr>
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<td>1:05-1:45</td>
</tr>
</tbody>
</table>

Lunch 1.45-2.15pm
Assembly 2.25-3.00pm in the PAC (To announce winning houses and age champions)

**VENUES**

- High Jump - Main Oval (Centre of oval)
- Long Jump - Long Jump pit (Oval near Senior Playground)
- Shot Put - Shot Put circles (Environmental Area)
- Sprints/Relays - Marked running track (Main Oval)
- Ball Games - Multi-purpose courts

**School Disco**

The Student Council are busily organising this term’s school disco.

The discos will be held on the 9th June 2016 in the PAC, with the theme for all the discos is to "come dressed as your favourite character!"

The disco for years Prep and Year 1 will be held during our school day and the ticket will also include a pass for a free dress day. These tickets will be $2 and are on sale from Friday. Students from our student council will be visiting your child’s classroom to sell these tickets or they can be purchased before school at the ticket office at the PAC from 8:15am – 8:35am.

The disco for Year 2 and 3 and Years 4 – 6 will all be held after school and the cost is $5. The tickets will be on sale from Friday at the ticket office at the PAC from 8:15am – 8:35am and break times until Wednesday. Tickets can also be purchased on the night.

**Term Two Discos**

The Student Council are busily organising this term’s school disco.

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**Date:** Thursday 9th June 2016

**Times:**
Prep & Years 1 - 1:45-2:45pm (during school hours)
Years 2 & 3 - 5-6pm
Years 4 - 6 - 6:30-8pm
**News from 5D**

**LOST in Narrative Writing**

The desks were a pathway, leading into the classroom where imagination was being brought to life. The students were as quiet as mice as they sprawled across the room, documenting their creative ideas on paper. The teacher floated gracefully around the room, soaking up the atmosphere of the learning occurring throughout the room.

This term in 5D, we have been learning about writing narratives. We have explored the art of crafting stories through the study of the fantasy genre. Students were exposed to a number of quality fantasy stories, including Dragon Quest and Deltora Quest, and began to develop their personal style of writing. Earlier in the term, students were given the task of writing a narrative using the topic 'Lost'. Students' drafts were returned to them and they were encouraged to constructively critique their work and set goals for their writing. They have since produced their final copies and have written some fantastic stories.

**News from 2F**

This term in Science we have been learning about how a push or pull affects how an object moves or changes shape. We learnt that science involves asking questions about and describing changes in the way an object moves or can be moved. Students have posed questions and made predictions about changes that can affect how an object moves, and investigated and explained how pushes and pulls cause movement in objects, compared their observations with predictions. Last week students planned and made a toy car then applied their science knowledge by explaining how pushes and pulls can be used to change the movement of the toy they created.

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**TWILIGHT TUNES**

*Thursday June 16*

3.45pm - 5pm

HSS Performing Arts Centre

**ALL HELENSVALE SS INSTRUMENTAL MUSIC GROUPS TO PERFORM**

Please let your instrumental teacher know ASAP if you cannot attend this concert. Students are to wear their full school uniforms.
Hello Everyone,

We are desperately seeking volunteers to do the all-day shifts. We need you from 9am until 2.15pm. We will supply your lunch and tea or coffee. If you have children at the school, you don’t need a blue card to start. You will be processing and recording lunch orders, stocking chips and drinks, washing up, packing lunches, serving children and meeting other parents. Time goes quickly and it is quite fun. You get to see the behind the scenes of running the Tuckshop and how it works. It is a great way to meet other parents, if you are new to the school and if you are job seeking, it is a good stepping stone to paid work. We could use some extra volunteers on a Tuesday and Thursday at this stage. So if you can help out, please come and let me know.

Also if you have a spare hour or two in the morning after dropping off the kids at class, we need help processing the baskets. Once this is done it makes the day run smoothly. So if you can spare and hour or two that would be great too.

We have the end of term Disco on the 9th June which is next Thursday. The Tuckshop will be selling drinks, chips, lollies and fairy floss at the Disco. We have a new product for the disco this time, being a bucket of fairy floss. These will be sold for $4 each. We will be doing a sausage sizzle starting around 4.30pm. The sausage sizzle will be $2 each. We need parent help on the night also. So if you can help, it would be greatly appreciated! Contact Tracy at the Tuckshop.

The school Sport’s Days will be held on Monday 13th June, for the junior school and Friday 17th June for the senior school. The Tuckshop will be open for both these days. We will also be running a shop in the undercover area across from the basketball courts. We will be doing a sausage sizzle on both days for $2 each. We will also have sandwiches, wraps, cakes, chips, lollies and drinks available. We will also have our coffee machine down at the shop on this day for parents and school staff. These are big days and we would welcome parent help over the break times to work through the lines. You can go and watch the children compete in their activities and just come up over the break times.

Cheers,
Tracy Wall (Tuckshop Convenor).

On Friday 27th May we visited Helensvale State School for Under 8’s Day. It was so much fun to see the “big school” we will be going to next year. We made crowns from cardboard, patty pans, pom poms and feathers.

We visited the big oval and did an obstacle course...

...and played parachute games.

On Friday 27th May we visited Helensvale State School for Under 8’s Day. It was so much fun to see the “big school” we will be going to next year. We made crowns from cardboard, patty pans, pom poms and feathers.
We ate our lunch at the “big school” just like we will next year at Prep.

Thank you to all our friends at Helensvale State School for sharing the day with us.

YMCA 2016 Enrolment Packs

If you require Before School or Afterschool Care please call in and pick up a 2016 Enrolment pack.

YMCA Helensvale OSHC
P: 07 5665 9216
M: 0438 195 533
yhc@ymcabrisbane.org

If you are new to the school and would like a tour of our service, please call to make an appointment. Our team members will show you around and explain all things OSHC. We look forward to meeting you!

Important Messages from the Coordinator:
2nd June 2016

Vacation Care
If you need care for Vacation Care please complete the booking form and return back to YMCA OSHC as soon as possible to avoid disappointment. Thank you.

We have lots of new outdoor equipment that the children have enjoyed playing with the soccer balls, footballs, tennis rackets, T Ball, skipping ropes and sandpit toys.

Over the last two weeks the children have been busy with craft, they have loved Bubble writing their names, using different colours. Pet rock and rock house decorated in funny faces. Our Indigenous dot painting on the desk was popular with creative minds.

Just Dance has been good for the children to keep active on these cold mornings.

Our homework corner has been extremely busy with children completing their homework on our new laptops.

Join us next week for:
World Environment Day

World Environment Day aims to be the world’s biggest and most widely celebrated environmental action event.

Walk to School
Do not litter
Clean up Australia
Recycle, reduce, reuse.

Community News

Published by The Administration Department

Advertising in our Newsletter

Advertising Space is now available within our newsletter.

Please phone Michelle on 0409982479 or send an email to michelle.m@austrnews.com.au if you are interested in advertising your business.

Upcoming Event: Hangouts!
Trauma Focused Adolescent Group Work
Six Sessions - 2 Hours – Weekly
10th May to 14th July - 6pm to 8pm – Tuesdays
This Program is designed for Teenagers - 13 through to 18 years old.
Outdoor Adventure Based Activities, incorporated with Psychological Strategies covering:
• Psych-education
• Stress Management
• Social Skills Training
• Challenging of Schemas
• Problem Solving Skills
• Relaxation Strategies
• Communication Training

The Flourish Team blends Experience with Adventure as therapy; focusing on adolescent development and trauma, and follows the Australian Practice Guidelines for the Treatment of Complex Trauma.
An additional 4 Sessions (10 in total) are available in August if desired, to further continue the work.
Location: Oxenford Youth Centre
25 Leo Graham Way, Oxenford, Qld 4210
Information for Participants:
DESCRIPTION:
Every week you will join a small team with great leaders at one of a number of adventure locations for the evening.
The team will remain the same over a ten week period. Here you will get to know one another’s strengths and abilities and gain confidence as you move up the skill ladder.
You will learn how to work successfully as a team, how to lead, how to make good friends, and how to support and guide others.
PRICE INCLUDES:
Food ingredients (yes, you will be cooking!)
Games
Problem Solving Activities
Photos (Access to our online community)
Certificate of Completion
Poster of the Group and Challenges
DON’T FORGET:
Each of the Challenges are your choice; you will not be forced to finish any of the tasks. Each step of the Program is a real Challenge, they are built to make you think and feel stress (in a fun way), and accomplish.
You will do lots of things you have never done before!
The most important tool to bring with you is respect; this will help a lot.
OUR TIPS:
Make sure you wear comfortable clothes that you could do sports in, including sneakers.
Since we’ll be outside, bring a hoodie.

BOOK NOW!
JARJUMS
Free Playgroup
And Family Gathering

Where: North Gold Coast Early Years Centre
Cnr Martin and White Streets NERANG

When: Wednesday and Friday Mornings
Starting 3rd February 2016

Time: 9.30am - 11.30am

Indigenous playgroup for children aged 0-5 years and their families.
Supported by a qualified Indigenous Early Childhood Educator and Family Support worker.
The playgroup provides cultural activities for children, parents and families.
With an opportunity to establish social and support networks within your community.

For more information call North Gold Coast Early Centre
07 56449100
or
Sonya Owen - 0449902770

If transport is required please phone prior to the day. Thank you.
WANT TO LEARN HOW
to assist Aboriginal and Torres Strait Islander experiencing mental health problems?

Aboriginal and Torres Strait Islander Mental Health First Aid Course

We respectfully acknowledge the traditional custodians of the beautiful land in which we live, work
and play on, and pay our deepest respect to our Elders past, present and future.

This two day course is conducted by the Aboriginal and Torres Strait Islander Mental Health
Service, Gold Coast Hospital and Health Service and on occasions may be
cofacilitated with other services.

Mental health first aid is the help provided to a person who is developing a mental
health problem, or who is in a mental health crisis, until appropriate professional
treatment is received or the crisis resolved. Mental health first aid strategies are taught in
evidence-based training programs authored by Mental Health First Aid (MHFA) Australia
and conducted by MHFA Instructors across Australia.

The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as
a 14 hour course, typically conducted in 6 modules but we are holding it over two days.
This course teaches health professionals and community members (18 years and over)
how to assist an Aboriginal or Torres Strait Islander adult who is developing a mental
health problem or in a mental health crisis.

Who can attend the course?

This course is targeted to Gold Coast Aboriginal and Torres Strait Islander community
members over 18 years old.

However, if there are vacancies the course will be made available to Aboriginal and Torres
Strait Islander Community members from outside of the Gold Coast. Non-Indigenous
Community members and staff of services working with Aboriginal and Torres Strait
Islander clients. Please contact the service to confirm availability.

Please note: this course is not a cultural awareness, therapy or support group rather it is an
education course to learn how to give first aid to others.

What the course covers

• Aboriginal and Torres Strait Islander social and emotional wellbeing
• Mental health problems in communities
• Mental health first aid strategies for working with Aboriginal and Torres Strait
Islander communities.

Developing mental illnesses:
• Depression
• Anxiety
• Gradual onset psychosis
• Substance misuse

What the course covers (Continued)

Mental health crisis situations:
• Suicidal thoughts and behaviours
• Aggressive behaviours
• Severe effects of drug or alcohol use
• Panic attacks
• Traumatic events
• Severe psychotic states
• Non-suicidal self-injury (sometimes called self-harm)

Course Format

The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as
a two day face-to-face course conducted in 6 modules.

Course participants will receive a Certificate of Completion.

Cost

Attendance at the course is free. Tea/Coffee, morning tea and Lunch provided.

2016 Course Calendar

8:45am – 4:30pm

KIRRA HILL COMMUNITY CENTRE
1 Garnet Street, Coolangatta (see map)
• 15 & 22 April
• 10 & 17 June
• 19 & 26 August
• 21 & 28 October

SOUTHPORT COMMUNITY CENTRE
6 Lawson Street Southport 8:45am – 4:30pm

DEADLY FAMILIES FESTIVAL

FREE BUSH TUCKER • FREE ENTERTAINMENT • MUSIC & DANCE COMMUNITY STALLS • ARTS & CRAFTS • HEALTH CHECKS
SATURDAY 4 JUNE 2016 10AM-2PM BROADWATER PARKLANDS, SOUTHPORT
Featuring Elizabeth Wymarra & Ian Zaro from ABC’s Black Comedy AND Performances by Elaine Crombie & Jellurgal Dance Troupe
PLUS more to be announced!
Are you in need of extra support?

You are invited to be part of a research study that will examine whether a volunteer home visiting program (known as Volunteer Family Connexion) supports families with young children and complements the services already available in your local area.

We are looking for families who:

- Have young children aged 0-5 years
- Live in the local area
- Feel in need of more support in their parenting role
- Have feelings of isolation or feel overwhelmed
- Have limited or no local networks to support them
- Need more support connecting to services in their local community
- Are willing to accept a volunteer home visitor if they are asked to

For this study, it is not possible to include families where there are current issues of abuse and neglect, domestic violence, unmanaged mental illnesses or unsuitable parenting arrangements.

If you would like to know more about the research, please don’t hesitate to contact Tiffany Kinoshita on 6444 9400 or another member of the research team from the Children and Families Research Centre at Macquarie University:

Tiffany Kinoshita
Research Assistant
Ph: (02) 6444 9400
E: Tiffany.kinoshita@mq.edu.au

Dr Rebekah Grace
Chief Investigator
Ph: (02) 9860 8644
E: rebekah.grace@mq.edu.au

Dr Kelly Baird
Project Manager
Ph: (02) 9860 8360
E: kelly.baird@mq.edu.au

SUPPORTING ORGANISATIONS

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Western Sydney University

Macquarie University
Gold Coast Table Tennis

THE FUN, SAFE & FRIENDLY exciting sport of TABLE TENNIS!

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Free Come and Try Day

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(07) 5547 1616

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www.youngwallowen.org.au

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Website: www.factormodel.com.au

Orthodontist - Benowa & Helensvale

Wilkinson Orthodontics

Amcal Chempro

Kip McGrath Education Centre

Oxenford Dental Centre

Super Sports Holiday Program
Located at St Michael’s College,
Jondique Ave Merrimac

June/July School Holidays
Tuesday 28/6, Thursday 30/6, Tuesday 5/7 & Thursday 7/7
9am - 3pm Each Day (Drop Off from 8am)
Ages 5 - 13 years old
1 Day Pass $30, 2 Day Pass $60, 3 Day Pass $95, 4 Day Pass $120
Additional 10% Discount for Multi-Sibling Bookings
Helpful Phone Numbers

Electricity Loss of Power 1300 62 02
Police Information Line (24 hours) 131 126
Coopers Police Station 5510 5955

24 Hour Support Services
Alcohol & Drug Information Service 1800 177 033
Domestic Violence 1800 811 811
Family Drug Support 1300 369 086
Kate’s Hotline 1800 551 999
Men’s Line Australia 1300 369 099
BeyonD Blu 1300 794 946
Lifeline Crisis Line: 131 313
Aboriginal Anonymity 1391 2022

Child Health Services
Child and Youth Health www.qld.gov.au
Practical health information for parents, carers and young people.
Core in Unity Child Health
Gold Coast: 5697 5103
Logan Central: 5697 5103
Brisbane: 5627 5693

Family Support and Counselling Services
- Relationship issues
- Depression and mood disorders
- Anger Management
- Mental Health issues and illness
- Addiction
- Anxiety

Book your appointment on 55 298 087

Early Years Hubs
Educational interactive playgroups for parents and children 0-5 years.
Join us for singing, dancing, small sports, read & Grow, craft and cooking.
• Gold Coast
• Upper Coomera
• Coomera
Call 55 298 087 for venues and times

Like us on Facebook - www.facebook.com/occycentre