Dear Helensvale community,

ANZAC Day Observance

Last week our students had the opportunity to participate in two ANZAC day observances. On Wednesday our school hosted our ANZAC Day observance in the PAC. Students from Prep-6 participated in a solemn ANZAC Assembly lead by our school leaders. This year’s theme centred on the 100th anniversary of the landing at Gallipoli. Thank you to Mrs Martin, Mrs Irving, Mrs Hoile and Mr Horne for planning the service, the school choir for their musical accompaniment and our school leaders who performed their respective roles in a very professional manner.

On Saturday morning approximately 30 students accompanied by teachers marched in the Coomera Community Observance which was well attended by the community. The wreaths made for the school service were carried by our students and laid at the memorial. Thank you to our students and parents for their support of our local community. The photos below show our students at the Coomera Service on Saturday.
**Perseverance**

**Why is Perseverance Important?**

"Success seems to be largely a matter of hanging on after others have let go." -- William Feather

Persevering may determine our chances of success more than any other single characteristic. If you read about Nobel Prize winners, they all have different stories. But they share one thing: the people who knew them always describe how that person never gave up.

We talk often to students about persistence and not giving up on their dreams and goals. Sometimes we wish our children were not so persistent, especially during the toddler years, however it is important to life success that we turn this into a strength with the following tips:

**Reward persistence.** Recognise it and point it out.

Aim your child at a door, not a wall. If you have a child who never gives up but constantly beats their head against a wall, teach them how to look for openings and model this to help them find solutions. Expect persistent child to resist you at times. Children who have the courage of their convictions will resist eventually they will learn flexibility.

**Practice makes perfect.** Many kids worry that they aren't good enough, which makes them give up easily. Help your child understand that no one becomes accomplished overnight. All experts have worked for year to accomplish excellence in their field. Encourage effort and practise, more than accomplishment.

**Model perseverance.** Show your child how one can set out to master something and move through setbacks to do so. Talk about your feelings as you do it. "I tried it this way. That didn't work. Now I am going to try it that way. I don't give up easily."
Together, home and school, we can make a difference to our children.

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**NAPLAN almost here**

NAPLAN is only 7 school days away and our students are ready for the Literacy and Numeracy tests which will occur on Tuesday 12 May and Wednesday 13 May.

Michael Shambrook
Principal

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**Parking Issues**

A neighbour of the school contacted the office this week regarding parents parking on private property in Loxton Court (the horeshoe shaped street next to the school, off Lindfield Road). Should this matter continue, the GCCC Parking Officers and Police will be contacted to address parent behaviour.

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**Thought of the Week:**

"Nothing is ever entirely wrong. Even a broken clock is right twice a day."

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**From Mrs Donovan's Desk**

Many thanks to Isabelle and Olivia who led our Sector Assembly this week and to 2A and 1/2G for their great presentation!
We have had a couple of new students begin this Term and I would like to extend a warm welcome to them and their families. I am positive our students and teachers will be supporting your transition and making you feel very welcome at our wonderful school.

For our parents of students in Year 3, please ensure you have read the information regarding NAPLAN testing on 12th, 13th and 14th May. If you would like to withdraw your child from these tests please contact your child’s teacher directly or June Northall in Administration on 5556 1333.
Parenting Ideas Insights

Building parent-school partnerships

WORDS Michael Grose

Be careful what you wish for as a parent

The focus on success and achievement doesn’t have to come at the expense of our children’s empathy and wellbeing.

What would you wish for? A caring child or a successful child?

If pressed to choose, which would you prefer?

If you were the parents of kids in a recent study, would you go for successful rather than caring?

In a fascinating Harvard study referred to in a recent Age article, 10,000 kids were asked whether achievement and success, rather than caring for others, were their parents’ main priorities. The kids overwhelmingly said their parents opted for success rather than caring.

I suspect Australian kids would come up with a similar response if asked. In my work with parents and schools over nearly 40 years, I’ve never seen the educational and parenting landscape so competitive as it is today. The standard belief of “Everyone can get ahead and be successful” has been replaced by “my child needs to get ahead and be successful.”

Parents rightfully will go to great lengths to make sure their kids don’t get left behind, but now academic success increasingly means achieving at any cost. Even at the expense of a child’s well-being, and in extreme cases, at the expense of other children’s success.

A sign of the times

This is very different from even a generation ago when caring and respect for others were drummed into kids. “Do the right thing by others,” “Respect your elders,” “Take good care of each other” were common mantras that many of today’s parents grew up hearing.

Now that these kids have become parents themselves, they use achievement mantras rather than the empathetic statements they were raised on. “Always do your best,” “Think confident thoughts,” “Set your goals and work hard to achieve them” are typical of the comments that kids hear in today’s more competitive environment.

We can have both

This is a controversial view based on the assumption that you can have either successful kids or caring kids. I believe you can have both. Parents and teachers can encourage kids to achieve, but also emphasise the importance of looking out for your mates, and taking care of others. Individual success doesn’t have to come at the expense of well-being and the success of others. It does mean that we need to pair caring for others firmly in our parenting agendas.

Here are five ways to do this:

1. Develop a language for caring

   Parents invariably develop a deep language around the things they value. If caring is important then you need to develop language for caring (look after your brother; do the right thing; do unto others) just as you have probably developed a language around success (persever, work hard, do your best).

more on page 2


parentingideas.com.au

© Michael Grose
... Be careful what you wish for as a parent...

1. **Model caring behaviours**
   Parents need to model caring, relational behaviours if they want children to develop these behaviours. Positive displays of intimacy such as a kiss and a hug for every family member as they walk out the door each day is a great way to teach healthy caring behaviours. It's the small acts of kindness and caring that happen on a consistent basis that has the most lasting impact on kids.

2. **Focus on co-operation rather than competition**
   It's easy to develop competition between kids. As a parent all you need to do is praise one child and criticize another and you've established the conditions for competition. It's far harder to develop cooperative behaviours, but it's worth the effort. Encourage kids to help each other, ask them to do jobs in pairs so they learn to work together, and teach older children to give way to younger children rather than always have their own way. Caring kids learn that not everything goes their way and that they need to compromise and give way to others in the name of being social and getting on.

3. **Encourage nurturing behaviours**
   In the past families were larger than today and they had a natural advantage in developing caring and empathy. Elder kids would invariably have to look out for, or look after, younger siblings, often at the expense of their own interests. In an era of small families kids have fewer natural opportunities to look after each other. However, parents can develop nurturing by encouraging children to look out for younger friends and relatives, to care for pets and also to be respectful of older relatives and friends.

4. **Pay attention to children's emotions**
   Now more than ever it's important for parents to be attentive to children's emotional lives, and also to develop an awareness of their own feelings and the feelings of others. Empathetic kids rarely use power and bullying to get their own way. Empathy always starts with an awareness of a child's own emotional state.

As parents we want our kids to grow up to be successful and achieve their full potential. It's the default position for most parents, but that doesn't have to come at the expense of caring for others. In these times of small families and a more competitive landscape parents need to work harder than ever to develop nurturing, caring and respect for others in kids.
Helping students get ready for the NAPLAN tests

The most resilient children and young people are those who rise to meet rather than retreat from the challenges presented to them. Perhaps it’s best to view the NAPLAN tests as good learning experiences rather than dreaded pressure tests.

During the second week of May Australian children in Years 3, 5, 7 and 9 will take part in the National Assessment Program – Literacy and Numeracy (NAPLAN). The stated purpose of this testing program is to gain an overall picture of educational attainment levels to assist education policy and decision-making.

The program first implemented in 2008 has drawn some criticism from a number of different quarters, particularly in regard to the use of the information gained through the NAPLAN tests. You’ve probably heard a number of different viewpoints expressed in the media over the last few weeks.

One view commonly put forward is that the NAPLAN tests put undue pressure on children to perform in test situations. If so, then perhaps the best approach for parents and teachers is to help them handle the pressure rather than avoid it. The most resilient children and young people are those who rise to meet rather than retreat from the challenges presented to them. Perhaps it’s best to view the NAPLAN tests as good learning experiences rather than dreaded pressure tests.

Children and young people take their cues from their parents about how to handle many situations. American psychologist Martin Seligman discovered more than a decade ago, through his research into children’s thinking styles, how closely a child’s explanatory style mimics that of the parent they spend most time around. Optimistic parents have optimistic kids, just as anxious parents can beget anxious kids. The impact of a parent’s explanatory style seems to be magnified somewhat in small familiar worlds where there are fewer voices to be heard.

As a parent it helps your child, if you take a positive view of the NAPLAN tests. It’s better to see them as learning opportunities for kids as well as opportunities to overcome any anxieties or nerves that these tests might bring on. It’s also worth remembering that many children don’t stress over these tests. The vast majority take them in their stride, wondering what all the fuss is about.

Whether your child stresses or takes them to their stride here are some tips to help prepare for the NAPLAN tests:

1. Take your cues from your child:
   If your child doesn’t worry about them neither should you. Be careful not to create a problem that doesn’t exist by incessantly talking about, or worse, worrying about the test.

2. Listen to any concerns they have:
   If your child confesses to some nerves then validate their feelings, rather than shrug them down with a ‘get over it’ response. “Yes, sometimes tests can be a little scary, but they get easier every time you take them.” Use this as an opportunity to develop some emotional meta-analysis, which starts with recognising how kids feel.

3. Give them some relaxation ideas:
   Anxiety or nervous kids will benefit from some simple relaxation strategies: taking some deep breaths, changing their thinking and exercising the morning of the test are some simple ways to help kids get some feeling of control.

4. Help them retain their perspectives:
   One way to help children who become excessively anxious about an event is to ask what’s the worst thing that could happen? Okay, they may not do as well as they would like but the sun will still rise tomorrow, regardless of how well they do. Keeping perspective is a life skill that we all need to practise.

   A positive, caring parent attitude is one of the best gifts you can give a child when they are apprehensive or nervous about approaching any different situation whether it’s going on school camp, joining a new club or sitting a NAPLAN test.


parentingideas.com.au

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From Ms Ona’s Desk
NAPLAN

In 2015, the NAPLAN test will be held on 12 -14 May for Years 3, 5, 7 and 9

Preparation for NAPLAN

NAPLAN assesses literacy and numeracy skills that students are already learning through the school curriculum. Teachers will ensure that students are familiar with the test formats and will provide appropriate support and guidance. Excessive preparation is not useful and can lead to unnecessary anxiety. If you have any questions about your child's preparation for NAPLAN, you are encouraged to make a time to speak with their teacher.

NAPLAN tests are constructed to give students an opportunity to demonstrate skills they have learned over time through the school curriculum, and NAPLAN test days should be treated as just another routine event on the school calendar. The best way you can help your child prepare for NAPLAN is to reassure them that NAPLAN tests are just one part of their school program, and to urge them to simply do the best they can on the day.

ACARA does not recommend the use of commercial products, such as booklets and practice tests, to help your child prepare for NAPLAN tests. None of the commercial products currently on the market are endorsed by ACARA. The use of services by coaching providers is not recommended.

Participation in NAPLAN

All students in Years 3, 5, 7, and 9 are expected to participate in NAPLAN tests, and schools should not exert influence on parents to withdraw their child from the tests. NAPLAN tests give you information on how your child is progressing against national standards. This information allows for additional intervention if necessary to ensure your child progresses at a rate where they can fully participate in all aspects of the curriculum. NAPLAN does not replace, but rather complements, assessments run by your child's classroom teacher throughout the year.

Adjustments can be provided for students with disability to enable them to access the tests on an equivalent basis as students without disability, and should be discussed with your child's school prior to the tests. ACARA has developed example scenarios to provide greater understanding of the appropriate adjustments for students with disability. Some students with significant intellectual disability and/or those with significant co-existing conditions which severely limit their capacity to participate in the tests may be exempted from sitting the tests.

Some students who have been attending school in Australia for less than a year before the tests may also be eligible for exemption. Exemptions should be discussed with your child's school.

Parents or carers may withdraw their child from the tests to address issues such as religious beliefs and philosophical objections to testing. It is recommended that withdrawal be considered in consultation with your child's school. States and territories have different ways of managing student withdrawals, but formal
notification must be received by the school principal prior to testing.

Wherever possible, schools will organise for individual students who are absent at the time of testing to complete missed tests at another time during testing week.

### NAPLAN 2015 tests timetable

<table>
<thead>
<tr>
<th>Year</th>
<th>Tuesday 12 May</th>
<th>Wednesday 13 May</th>
<th>Thursday 14 May</th>
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<tbody>
<tr>
<td>Year 3</td>
<td>language conventions 40 minutes</td>
<td>reading 45 minutes</td>
<td>numeracy 45 minutes</td>
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<tr>
<td></td>
<td>writing 40 minutes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year 5</td>
<td>language conventions 40 minutes</td>
<td>reading 50 minutes</td>
<td>numeracy 50 minutes</td>
</tr>
<tr>
<td></td>
<td>writing 40 minutes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Year 7</td>
<td>language conventions 45 minutes</td>
<td>reading 65 minutes</td>
<td>numeracy 45 minutes</td>
</tr>
<tr>
<td></td>
<td>writing 40 minutes</td>
<td></td>
<td>calculator 40 minutes</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>non-calculator 40 minutes</td>
</tr>
<tr>
<td>Year 9</td>
<td>language conventions 45 minutes</td>
<td>reading 65 minutes</td>
<td>numeracy</td>
</tr>
<tr>
<td></td>
<td>writing 40 minutes</td>
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</tbody>
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Active School Travel

It has been a great start to our Active School Travel Program at Helensvale State School. The past two weeks have seen over 100 children walk, ride, bus or carpool to school and enjoy a cold drink when they arrive.

Thank you to our School Leaders and Student Council Representatives that have been helping out each week and our teachers Miss Elliott, Miss Buckley and Mrs Kent.

Remember to come along to the PAC with your passport each Wednesday that you walk, ride, bus or carpool to school. Each stamp you receive will get you closer to an Active School Travel reward!

Mrs Jo Irving
Acting Deputy Principal

From Ms Welch's Desk

Strings

Due to unforeseen circumstances our strings teacher Virginia Dowling will not be at the school for the rest of the term. At this stage the department is trying to source a strings teacher to start next Wednesday. I will email parents involved once I have some more information to share.

Bunburra Jajumms

Aunty Vicki will be on long service leave for the next five weeks during that time we have Rebecca Grieve who will be working with our students. Welcome to our community Rebecca.

Cooler Weather

With the weather cooling down please remember to label all jumpers and jackets.

Have a great week!

School News

Published by The Administration Department
Dear Parents/Carers,

The payment window operating hours are 8am to 9.15am Tuesdays, Wednesdays and Thursdays. Remember you are able to make payments via internet banking at any time – this is our preferred payment option.

Thank you,
Leonie Foster
Business Services Manager

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**Student Absence Line**

55561370

Don’t forget we have a convenient absence line for parents/carers to access 24/7. Parents can leave a message in relation to student absence for the class teacher on this line. Please phone and leave the following information:

- Child/Childrens Name
- Child/childrens class
- Date of absence
- Reason for absence
Focus Skill for this week

Helensvale State School

Focus Skill

“Appropriate play at break time”

School rule: Be respectful, Be safe
You can do it key: Getting Along, Resilience

At Helensvale we always try to play safely and be respectful to others.

On the oval this looks like.............

Playing soccer

Playing touch football

Throwing and catching the ball

Running races

Sitting quietly in the shade house

On the multi-purpose courts this looks like....... 

Basketball
Netball
Cricket
Handball

On the adventure playground this looks like....... 

Waiting my turn
Not pushing other people
Using the equipment in the right way

In the library this looks like....................

Sitting and reading a book quietly
Waiting my turn
Using a bookmark
In the undercover areas this looks like .............

Handball
Skipping
Hopscotch

We need to remember that.......  

We do not play tackle football
We do not put our hands and feet on anyone else
We do not use put downs
We do not take someone else's equipment
We do not cheat in the game
We do not make up our own rules after the game has started

We always try to play fair and play safe and include all our friends

We can use our resilience skills if we do not win or if our friends want to play with someone else

We should always make sure we take time to get a drink of water and are wearing our hats.

Break time should be fun
Last term grade three students had the privilege of visiting Jacob’s Well Environmental Education Centre. The day away from school had been planned to complement and enrich our Term 1 Science unit based on living things. The children enjoyed many exciting activities as they became mangrove detectives. The children were also given the opportunity to investigate freshwater ponds—catching, observing and identifying their findings. The students cooperated well in groups and made the teachers very proud. The grade three teachers would like to thank all the parents for their support.
On Thursday 23rd April our school held the annual Cross Country Races. All students that participated did so to the best of their ability, and it was great to see the resilience, determination and fitness on display. I would like to congratulate all participating students on an excellent effort! I would also like to thanks all staff for their support of the event.

The results of the races are as follows:

<table>
<thead>
<tr>
<th></th>
<th>2006</th>
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<tbody>
<tr>
<td>Boys</td>
<td></td>
</tr>
<tr>
<td>Girls</td>
<td></td>
</tr>
<tr>
<td>Year</td>
<td>Boys</td>
</tr>
<tr>
<td>------</td>
<td>------</td>
</tr>
<tr>
<td>2005</td>
<td>Brodie M</td>
</tr>
<tr>
<td>2004</td>
<td>Joseph F</td>
</tr>
<tr>
<td>2003</td>
<td>Kieran F</td>
</tr>
<tr>
<td>2002</td>
<td>Jaden C</td>
</tr>
</tbody>
</table>
The following students qualified for the District Cross Country to be run at Runaway Bay in Week 5 this term. They will receive the paperwork once it has been passed on from the district conveners.

Brodie M
Bryson M
Jaylan W
Madison M
Mathilda B
Joseph F
Charlie P
Tyrese H
Kieran F
Liam P
Luke C

P&C News

Fun Run Winners

As we all know there was a Mini Ipad for the Highest Fundraiser and a class party for the Highest Fundraising Class. I am very excited to announce the winners....
1D Highest Fundraising Class win a class Party

Special mention for outstanding sponsorship goes to Tobias R, Frederick H, James B and Tyrone S.

Morgan, Fred and James

Congratulations to all the winners and a massive thank you to everyone who helped us raise $8000 towards resources for the school.

Mother’s Day Stall

This will take place next Wednesday 6th & Thursday 7th May. Notes will be sent home on Monday. Every student who buys Mum a special gift goes into the draw to win Mum this beautiful basket. All gifts this year will be $5.
Due to all the support we receive of Bookclub, the P & C recently used some of our Bookclub Rewards points to kindly donate 15 new books to every class in the school.

These were hand delivered to each class and the teachers and students were very excited and appreciative. Many classes sat down as a class and looked through their new books and they were very keen to either start reading or the younger students were looking forward to having them read to the class.

Here are some ready to be delivered to Years 1 and 2.

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**Entertainment Books**

The P & C are fundraising by selling the Entertainment Book again this year.

The Entertainment Book can be purchased for only $55 and you can recoup that cost in just 2 uses. PLUS $11 from each book sold is fundraising dollars for our school!

The Entertainment Book is packed full of great discounts, you can save thousands of dollars - no tricks or catches! There is over $20,000 of value in each book with 25% to 50% off vouchers, 2-for-1 offers plus much more.

There is an option to purchase either a hard copy or digital version.

How does it work? When you purchase the Entertainment book there are hundreds of offers to use. It is so simple. The discounts are for things such as:

- **Restaurants** - there is a wide range of restaurants included in the book (from fine dining to casual dining to cafes and informal). The discounts vary and include such offers as - Buy one main meal and receive another main meal free (up to a certain price etc), receive a discount off the total bill (ranges from 25 -50% up to a certain value) and other great discounts.

- **Accommodation** - discounts (nationally) on many hotel groups such as Best Western, Mantra, Breakfree, Holiday Inn Jupiters Casino and more.

- **Attractions** - discounts for activities such as Theme Parks, Timezone, movie tickets and more.

- **Shopping** - discounts on purchasing Gift Cards (which can be used for your everyday purchases) for Woolworths, Coles, Kmart and more, discounts on magazine subscriptions, travel insurance and more.

You can even view some pages from the book via [www.entertainmentbook.com.au](http://www.entertainmentbook.com.au) and click on Search The Book at the top and select the Gold Coast from the drop down menu.

You will have until 1 June 2016 to use the offers.

To purchase an Entertainment Book you can either -

* pay via the teachers window at the Tuckshop (book copy only)

Don't forget that if any family or friends wish to purchase a book they can - remember the more books sold the more fundraising dollars for us! Please promote to anyone you can!!

If you have any questions please do not hesitate to contact Carole on 0412 978 700.

Discover real value...

We're fundraising with the Entertainment™ Book! With thousands of up to 50% off and 2-for-1 offers, here's a taste of what's in it for you:

<table>
<thead>
<tr>
<th>90+ OFFERS</th>
<th>140+ OFFERS</th>
<th>160+ OFFERS</th>
<th>1,600+ OFFERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>[Image of various offers]</td>
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</tbody>
</table>

We receive $11 from every Membership sold, so order yours today!

Helensvale State School P&C Association
Contact: Carole Nethery Phone: 0412978700 Email: carolenethery@gmail.com
To order your Book or your Digital Membership securely online visit:

Alternatively, please complete your details below:
Name: ___________________________ Phone: ___________________________ Email: ___________________________
Gold Coast & Northern NSW Edition $55 including GST: # Book(s) # Digital Membership(s) $
Brisbane Edition $65 including GST: # Book(s) # Digital Membership(s) $
TOTAL ENCLOSED $

Payment type: Cash _ Visa _ Mastercard
Credit Card number: ___________________________ Expiry date: ___________________________
Cardholder's name: ___________________________
Signature: ___________________________

Thanks for your support! 20% from each Book sold contributes to our fund-raising

Bookclub

The latest issue of Bookclub has been sent home this week.
This is a great way to purchase books at good value prices, while helping the school. Every order we place earns Rewards which we use to purchase books and resources. Just to give you an idea, last year we earn nearly $3000 in Rewards.

It is very easy to order. This year, Scholastic have changed their ordering system and this will save time and resources for everyone.

We are only taking payment via Option 1 listed on the back of the issue. Payment can now only be made with a credit or debit card online.

You can place your order via www.scholastic.com.au/loop or via the iPhone App (Android coming soon).

To Place an Order -

2. Select QLD on the left hand side
3. Start typing Helensvale State School in the School Box and select our school
4. A box will appear on the screen, press CLOSE
5. You will be directed to the Loop Payment page
6. Select ORDER at the top
7. Select QLD in School Details
8. Type postcode 4212 or school name
9. Select our school from the list on the right
10. Click on START ORDER
11. Click on ORDER under Issue 3, 2015
12. Click on the + to add your Children (or your name as the teacher)
13. Add your child’s first name and last surname initial (so the school knows who the book is for)
14. Select the child’s Class from the list and click on ADD
15. Enter the item number from the Book Club brochure and quantity
16. You can order for multiple children at once by clicking on Add Child and repeating as above
17. Once you have finished your order for your family, click on NEXT
18. Check your order and then click NEXT
19. Add your payment details and click on Proceed with Payment and once processed it will confirm your order.

All orders are linked directly to the school for submission to Scholastic and your order will be delivered to your child’s classroom in about two weeks if you order by the close date.

There’s NO need to return paper order forms or payment receipt details to school.

For a quick how-to-order video, log-in to www.scholastic.com.au/LOOP, select State and School and then click on HELP at the top.

Remember NO Cash Orders – we are now running a cashless Book Club!

All orders need to be placed by MONDAY, 4TH MAY.

Any questions, please email to hssbookclub@gmail.com
ICAS English and Maths Competition

This year children in Years 4, 5 and 6 will be given the opportunity to participate in the ICAS – English and Maths tests, formerly known as University of New South Wales English and Maths Tests.

Participation is completely voluntary. The benefits of participation include:-

- Evidence for students’ portfolios to support applications for Excellence Programs for High School
- Individual Reports, information about individual progress over time
- An Award Certificate

The cost to participate will be $8.00 per subject. Entry fees need to be paid by 21 May 2015.
The English test will take place on 28 July and the Maths test will be on 11 August.

Interested students will be given a letter with payment details during this week. If you would like your child to participate, please ensure that the permission slip is signed and payment is made by 21 May 2015.

Jane Rheeder
Learning Coach

Ks4Kids - Fun Walk Fundraiser for School Chaplaincy

Ks4Kids is a Fun Walk raising funds for school chaplaincy. School chaplaincy exists to support all students, staff and their families. Our School Chaplain, Long Bradley has been a part of Helensvale Primary for 9 years. Long is employed by an external agency which relies on Federal funding, the support of the school, the school P&C, local churches and individual donors. He works very closely with other support staff to provide a safe and nurturing environment to facilitate students core business of learning. Long has worked with children and youth since the 80s. He supports students one-to-one, as well as in groups through various programs. Long has also had the privilege of supporting parents and staff within our school community. We would like to be able to increase the chaplaincy service to more than our current 2 days. We’d love to see you come along and lend your support.

All information on how to register to walk or donate for Ks4Kids is available at [www.ks4kids.org.au](http://www.ks4kids.org.au). Once on the site, go to Participants and Teams and search for Helensvale State School and join in to make a difference for our students.

The Super Early Bird Entry Fee of $5 (for students) and $15 (non students) has been extended to Monday 27th April. Prices will increase after this date. You can choose to walk 3.5, 10, 20 or 30km. There are various prizes to be won.
If you would like to know more about chaplaincy or Ks4Kids, please contact Long at school or via email at lbrad49@eq.edu.au.

Kind regards,

Long Bradley, JP (Qual)

School Chaplain

Community News

Published by The Administration Department

Advertising in our Newsletter

Advertising Space is now available within our newsletter

Please phone Michelle on 0409992479 or send an email to michelle.m@austnews.com.au if you are interested in advertising your business.

SENSORY SCREENING
FOR FAMILIES WITH SPECIAL NEEDS


SUN 15 FEB  SUN 15 MAR  SUN 26 APR  SUN 24 MAY  SUN 28 JUN

Sensory Movie Day is an inclusive event for families with special needs
• Lighting is on dim, sound lowered, volunteers monitoring fire exit doors.
• Sensory Movie Day run once a month on a Sunday at 11am
• Tickets are $8 each (Except Ipswich $6 each). Children 2yrs and under are free
• Companion I.D. Cards are accepted

Sensory Movie Day is running at the following Locations:
Morayfield, Maroochydore, Mackay, Capalaba, Browns Plains, Ipswich,
Toowoomba, Lismore, Tuggerah and Cronulla
Any questions email sensorymovieday@hotmail.com

BUY TICKETS NOW AT THE BOX OFFICE
Bringing Up Great Kids
The Early Years - Under 5yrs Parent Course

A reflective parenting program developed by the Australian Childhood Foundation
A four session program for parents and carers.

At Studio Village Community Centre
87 Village Way Studio Village/Oxenford
Fridays 9:30am to 12:30pm
Starting Friday 1 May - 22 May minimum numbers required
Please book your place now

• Learn more about the origins of your parenting style and how it can be more effective
• Identify the important messages you want to convey to your children and how to achieve this
• Understand the messages that children communicate to their parents and how....
And much more....

Cost: $15   Bookings essential

For more information contact: Nikki
phone: 5529 8253  email: family@studio village.com.au
Village Family Support Program is funded by the Department of Communities

Village Community Services Inc.
**1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE**

A three-session program (over 2 sessions in May) for parents and carers to help manage difficult behavior in children 2-12 years old is being held at **Studio Village Community Centre** at 87 Village Way Studio Village

2x Saturday mornings 9:30am to 1:00pm
Starting On 2 May 2015

Learn:
- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choices
- Using emotion coaching to encourage good behaviour
- 7 tactics for encouraging good behaviour

Registration Fee?
The course costs $15.00

Register for this course contacting Nikki Condon at Studio Village Community Centre on 07 5529 8253

What people are saying?
A relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control.

Who's running it?
The trainer for this course is Nikki Condon who completed the Parentshop® 1-2-3 Magic & Emotion Coaching on 30 May 2010. Studio Village Family Support Worker, Nikki has worked with families, children, young people including teen mums, and the community since the 1990's with a special interest in building parents confidence to raise happy children.

For more information contact Nikki
Phone: 5529 8253  Email: family@studiovillage.com.au

Village Family Support Program is funded by the Department of Communities

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au
Helensvale State High School invites you to attend our
Parent Information Evening

When: Monday 4th May 2015
Time: 6pm
Location: Helensvale High Student Activity Centre

Information regarding
• Academic EXCITE
• Sports Excellence
• Arts Excellence
• Japanese Excellence