Leadership Team Update

Published by The Administration Department

Important Dates

Year 6
Year 6 Camp
Wednesday 26th April - Friday 28th April
Cost: $250
Deposit of $65 due Monday 27th February

Years 3
Starlab
Monday 6th March
Cost: $9.50
Last day for payment is Wednesday 1st March
(Notes being sent home this week)

The finance window is open Mondays and Wednesdays 8am – 9.30am.
Please assist us by adhering to these times. All excursions and incursions have closing dates to make payment. Please ensure you pay by the due date as no late payments will be accepted. If you have any concerns please contact Tracey Smith in the office or via email: tsmit517@eq.edu.au

Dear Helensvale Community

Late to school – is arriving to school on time, a priority in your home?

Though the early-morning sound of an alarm on a clock or smartphone can be one of the worst sounds in the world to a family needing to get sleepy children to school. Pressing the “snooze” button on a school day is never a good idea as it sets up a practice which raises the question about parents / carers priority about learning.

Research highlights that showing up to school on time each day benefits students‘ academic performance and future learning habits.

Students who arrive at school before the first bell have an advantage over their classmates who arrive after class has begun. Consistent unexcused lateness is really tardiness, which can have a major influence on school performance and lifelong practices regarding punctuality. See table below how much time a child misses by being even 10 minutes late per day.

Enjoy More Time to Prepare

Students arriving to school with time to spare have the luxury of settling in, preparing their class materials and focusing their minds on the lessons to come. They have all the time they need to literally and figuratively wake up.
Showing up on time can ameliorate the often-jarring transitioning between the sleepy trip to school, to concentrating on the day’s first lessons. Students showing up to class in the middle of a lesson miss out on this natural transition period and may lose even more of the lesson as they struggle to achieve an academic focus.

Ongoing lateness ultimately contributes to a child underperforming and developing indifferent behaviours regarding punctuality and respect for others time.

Never Miss Important Information

Arriving to school after classes have begun can cause students to miss more than just the introduction to a new lesson. When the class starts on time, teachers will share important information: reminders of upcoming events, planned class activities, changes to the daily routine, due dates and other school-related specifics.

Students who show up late may miss out on these details and, as a result, be unprepared for some future class event. While a teacher will likely reiterate crucial information throughout the day, latecomers may miss out on courtesy reminders about homework assignments and other class learning. Students who show up on time everyday can rest assured they have all the necessary information.

Develop Positive Lifelong Habits

Arriving late to school on a consistent basis can have longer-term academic effects. If showing up late to school becomes a habit, students may develop the notion that lateness is an acceptable behavior. This belief can negatively impact their future work ethic and educational opportunities. Alternatively, showing up on time to school every day will help students develop the habit of being punctual with important commitments. This habit will serve students well through primary and secondary schooling and into their future careers.

Consequences

Most schools have specific policies concerning student lateness. Generally, these policies allow for the occasional late arrival; rare instances of excusable lateness throughout the school year. Students sometimes have legitimate reasons for showing up late, such as transportation problems and doctor’s appointments. School leaders consider such events to be "excused absences."

However, after reaching a predetermined number of unexcused late arrivals, we have a responsibility to discuss the late arrivals with parents and students. Often the number of late arrivals are underestimated by parents and when made aware of the actual number of days late, priorities at home are reviewed to ensure arriving at school is a priority every school day. To assist families place a higher priority on being at school on time, parents will be contacted to alert them to the late arrivals.

Simple solutions include setting alarms to an earlier time, preparing where possible, and the previous evening complete tasks that need to be completed to be at school on time.

Below is a table which outlines just how much schooling a child misses when they arrive late to school. It is quite alarming to see how much just 10 minutes a day can build up.

<table>
<thead>
<tr>
<th>Time arrived late</th>
<th>Missed lessons</th>
<th>Years of schooling missed</th>
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<tbody>
<tr>
<td>10 mins per day</td>
<td>50 mins per week</td>
<td>Nearly 1.5 weeks per year</td>
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<tr>
<td>20 mins per day</td>
<td>1 hr 40 mins per week</td>
<td>Over 2.5 weeks per year</td>
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<td>Half hour per day</td>
<td>Half a day per week</td>
<td>4 weeks per year</td>
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<tr>
<td>1 hr per day</td>
<td>1 day per wk</td>
<td>8 weeks per year</td>
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3rd Party Websites Permissions

The rollout of the 3rd Party website permissions is now complete with all families receiving the information letter and permission form being emailed to the email addresses of families. Unfortunately, approx. 20 emails bounced due to incorrect email addresses. If you have changed your email address since the end of 2016 please contact the office ASAP.

Welcome Acting HOSES

On Monday we welcome our Acting Head of Special Education Services (HOSES) Mrs Alice Armstrong who is replacing Glenda Earle for 2017. Alice comes to our school with a wealth of experience in the HOSES role and is looking forward to joining the Helensvale community. On behalf of our school community I wish Glenda and enjoyable time on her leave which will also include a period of study.
Daniel Morcombe Foundation Presentation To Year 3 to Year 6
11:30 Tuesday 14th February

Bruce and Denise Morcombe will be giving a presentation to all Year 3 to Year 6 students on the 14th February 2017. The presentation will be in the school PAC (hall) starting at 11:40. All parents are welcome to join us.

The Foundation’s key role in the community is the education of all children about their personal safety.

The presentation lasts approximately 50 minutes which includes a short film clip from the Keep Kids Safe Kit and a montage of photos highlighting some of the DMF activities. If you would like to donate or find out more about the foundation please go to http://www.danielmorcombe.com.au

Please inform class teachers if you do not wish your child to attend.

Mike Shambrook and the Executive Leadership Team
Principal: Mike Shambrook, Deputy Principals: Kim Ona, Terry Welch, Renee Austin

Quote of the week

Our greatest natural resource is the minds of our children.
Walt Disney

School News
Published by The Administration Department

School Calendar
Please click here to download printable version of calendar: HSS 2017 Term 1 Calendar
Please note : Assemblies start at 2:15 unless stated otherwise

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<th>Term</th>
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<td>Whole School Assembly</td>
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<td>Meet the Teacher Night</td>
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<td>Heat Van on Oval</td>
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<td>Daniel Morcombe foundation talk to Yr 3-6</td>
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<td>15 Feb</td>
<td>District Swimming</td>
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<td>10:00 Helensvale High School talk to Yr 6</td>
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This week the Brisbane Heat van stopped in at our school to promote T20 cricket. Students got to join in some fun games of cricket, using their batting, bowling and fielding skills. With the hot weather students got to have some refreshing Milo drinks after the session!
If your child is interested in playing T20 cricket, our local Helensvale Cricket Club is a host venue for this - information is on the flyer included in this newsletter.

News from Year 2

Welcome to the new school year. The children have settled in well and it is wonderful to see the enthusiasm they are displaying towards their learning. It brings many a smile to the teachers’ faces. The first two weeks of school have been spent getting to know each other – not only teachers but also new class mates. The children have also been revisiting the routines and the expectations of the classroom and the playground. As the children’s new stationary has been introduced, there has been great delight in knowing what each item is used for. Within the classroom, the children are engaged in quality learning in the areas of Literacy, Maths, Science, History/Geography, Health and The Arts. Congratulations Year Two on a wonderful start to the new school year.

News from Year 6

It has been a great start to a very busy year, for Grade 6 students. The students have settled well into their classes and are immersed into the topics being studied for Term 1.

Below is an overview of the topics students are learning about and we encourage you to have discussions and ask questions as a way to show your interest and to provide your child with opportunities to share their understandings.

ENGLISH – Writing: Short stories, their structure and language features. Reading: Using a range of comprehension strategies to make meaning of the texts.

MATHS – Number and place value, fractions, decimals, creating and continuing patterns, and angles.

SCIENCE – Matter – reversible and irreversible changes.

HASS – How key figures, events and values have shaped Australian society, its system of government and citizenship.

ART – Create a portfolio demonstrating uses of line.
It won’t be long until we start our preparations for camp which is scheduled for early in Term 2. Information, permission and medical forms and equipment lists will have already been sent home so please ask your child to check their bags. The sooner we can process the notes, the better.

Remember, if you have any questions, please feel free to ask any of your friendly Grade 6 teachers.

From Miss Maclean and Miss Elliott

P&C News

Hi Everyone,

A friendly reminder that our first P&C meeting will be held on the 15th February, 2017, at 7pm, in the Teacher’s Staffroom in the administration building. Come along and be active in our school. If you have an opinion on something within our school and would like it addressed or have suggestions for fundraising, this is the forum to get this across. We would love to see some new faces as well as our regulars.

Our AGM will be held on Wednesday March 22nd, at 7pm in the Teacher’s Staffroom in the administration building.

Hope to see you at the next P&C meeting!

Karl Wall
P&C President

Bookclub

Just a reminder that the first issue of Bookclub for 2017 was sent home last week. All orders need to be placed by this Friday, 10th February.

It is very easy to order. Payment can only be made with a credit or debit card online.

You can place your order via www.scholastic.com.au/loop or via the iPhone or Android App.

There’s NO need to return paper order forms or payment receipt details to school.

For a quick how-to-order video, log-in to www.scholastic.com.au/LOOP, select State and School and then click on HELP at the top.

Remember NO Cash Orders please – we are now running a cashless Book Club!

Any questions, please email to hsbookclub@gmail.com

Happy Reading!

Carole

Gold Coast Health Oral Health (Dental) Services

Gold Coast Oral Health Services are offering free dental check-ups to children in years Prep and One.

This service will be provided on-site at Helensvale State School by the Mobile Dental Clinic. Hours of operation for this clinic are 7:45am - 4:30pm

To arrange an appointment for your child telephone: The Oral Health Client Service Centre Ph 1300 300 850 Monday – Friday 8.00 am – 4.30 pm Excluding Public Holidays

Child Dental Benefit Schedule Vouchers are accepted. When your child’s $1000 cap is reached, there will be no out-of-pocket expenses provided your child meets *eligibility criteria.

* Eligibility – All Queensland resident children aged four years or older who have not completed year 10 of secondary school.
Further information on public funded oral health services can be accessed via URL:

Community News
Published by The Administration Department

Advertising in our Newsletter
Advertising Space is now available within our newsletter
Please phone Michelle on 0409992479 or send an email to michelle.m@austnews.com.au if you are interested in advertising your business.

Helensvale State High School
For entry into Year 7 in 2018
EXCITE Academy Programs: High Performance Maths, Science, English and Humanities
Additional Academy Programs: The Arts, E4E - Education for Entrepreneurs, Sport, Japanese

Academy Information Evening: Monday 20 February
5:30pm EXCITE Academy Program 6:30pm Additional Academy Programs

Helensvale State High School
Applications open: Tuesday 21 February
Applications close: Thursday 2 March
EXCITE Entrance Exam: Saturday 4 March

http://www.helensvalehs.qld.edu.au

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www.scrim-tech.com
Helensvale State High

HIGH Transition Information for Primary Schools Year 7 2018

Term 1 Date Event Purpose

Week 1 Monday 20 February Year 6 Parent Information Evening Academy Programs (17.2.2018) Helensvale State High
Helen Jackson School Activity Centre (Helen Jackson Road)

Week 2 Tuesday 21 February Academy Applications 2018 Open
Applications available at the Academy Information Evening, Helen Jackson SH Administration Office or on the school website.

Week 3 Wednesday 22 February Yr. 7 2018 Enrolment Open

Week 4 Thursday 23 February Yr. 5 Parent Academy Programs Meeting Time: (for 2018 Enrolments) Helensvale State High School

Week 5 Thursday 2 March Academy Application 2018 Close

Week 6 Saturday 4 March EXCITE ENTRANCE EXAM Helensvale State High Examination Place 8:30 Registration

Terms and Conditions of Entry:

1. All applicants must be registered by 30th June.

2. All applicants must be enrolled for the full term.

3. All applicants must attend the first day of school.

4. All applicants must be willing to be considered for a place.

*Please note these dates may change without notice. Helensvale SH will communicate with the earliest possible date.

Gold Coast SUNS Family Day

Come down and join the Gold Coast SUNS players to celebrate everything AFL

Where: Metricon Stadium, Nerang Broadbeach Rd Carrara
When: Saturday 11th February from 8.00am to 12.30pm
Cost: FREE

Your local junior AFL club is Labrador Tigers JFC – sign up on the day at or prior to the event.
Murphy Oval, Ashton Street, Labrador on Sunday 5th March from 10.00am – 2.00pm

For more information on Labrador JFC AFL Auskick or Junior AFL please contact:
Michael Andrews on 0403 977 919 or at mal.crow@bigpond.com
To register for Auskick please go to www aflauskick.com.au

Contact Us Now!
Tuning in to Kids
Emotionally Intelligent Parenting
A six session parenting program for parents of children aged 3 – 12

Helensvale State School
8 Lindfield Road
Helensvale
P: 5555 1333 E: pchah20@eq.edu.au

Monday 13th February – 20th March: 9:30 am – 12:00 pm

Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Emotional intelligence may be a better predictor of academic and career success than IQ!

Northern Gold Coast Communities for Children is funded by the Australian Government Department of Social Services
HELENSVALE CALISTHENIC DANCE ACADEMY

Would you like to try a fantastic, fun dance sport? Then why not come along and have a look at Helensvale Calisthenic Dance Academy. Calisthenics is a combination of gymnastics/ballet/exercise/marching and dancing to music.

Classes are held at the Helensvale Community Centre and Helensvale State School on the following days and times:

Monday (Helensvale Community Centre)
- Call Dance 5 yrs and Under          3.30pm – 4.00pm
- Tinies 7yrs and under                     4.00pm – 5.30pm
- Inters 16 yrs and under                 5.30pm – 8.00pm

Tuesday (Helensvale State School)
- Juniors 13yrs and under                4.30pm – 6.30pm
- Senior 18yrs as and over              6.30pm – 9.30pm

Wednesday (Helensvale State School)
- Sub Juniors 10yrs and under       4.30pm – 6.30pm

For more information phone Sarah on 0412 980989 or email calisthenics@bigpond.com

Enquiries: 5519 4129 /
55029797 or email
familyresourcing@fsg.org.au

We are located at 3 Jowett St Coomera

http://epublisher.net.au/public/newsletter/ViewNewsletter?u=D1YX2G_14IvUbRy56o...  9/02/2017
"Hi everyone! I hope you all had a great holidays! Everyone's getting excited about Tennis again with some great matches being played at the Australian Open. Why not let your kids try this great sport at Discovery Park Tennis Centre with the 2016 Gold Coast Tennis Coach of the year Johnny Stamenovic. They will have a great time while being active and learning from the best. Take advantage of our Australian Open Special which will give your child a free trial lesson. We can't wait to see you there!"

Call now on 0416011378 Johnny
INCREDIBLE TENNIS OFFER
At Discovery Park Tennis Centre, Helensvale for kids aged between 5-12

FREE Trial Tennis Lesson* Risk free, no obligation
• FREE TELNIS LESSON*
• FUN KIDS TENNIS COACHING WITH GAME BASED LEARNING
• HIGHLY EXPERIENCED COACHES GREAT WITH KIDS!
• SMALL GROUP SIZES - ENROL ANY TIME ALL YEAR ROUND
• PRIZES AND AWARDS

Discovery Park Tennis offers your children value for money, exciting, educational tennis coaching that we guarantee, they will simply love! Proven to develop social interaction, motor skills, the learning of new techniques and skills in a safe, structured and fun environment.

CALL NOW FOR MORE INFORMATION: 0416 011 378
* Gold Coast Residents only. *Only 50 spots available.

Stepping Stones Triple P is a specially tailored program for parents of children with a disability and autism aged 2 to 12 years. It is part of the Triple P - Positive Parenting Program, one of the world’s most effective parenting programs.

Stepping Stones gives parents the skills to raise happy, confident children and build stronger family relationships. It also helps parents manage problem behaviour and developmental issues common in children with disabilities.

The following FREE Stepping Stones Triple P programs have been scheduled through the Rostrum Disability Service Centre:

Group Stepping Stones (Intensive 2 Days)
• Day: Sat 6 May and Sat 20 May, 10am – 4:30 pm
• Seminar (each seminar focuses on a particular topic)
  • Seminar 1 - Mon 20 Jan, 10am – 12:30
  • Seminar 2 - Tues 28 March, 10am – 12:30
  • Seminar 3 - Date to be Advised

More workshops to come in 2017, please contact Kim Adkinson or Rozwena Kosley on Ph: 5568 5560 or go to: http://www.flymph parenting.net.au/pub-users/row help/check-out-collective/
SUPER FUN, SOCIAL, SAFE & ACTIVE

IT’S CRICKET & IT’S A BLAST!

Where can I play MILO T20 Blast?....
Surfers Paradise Cricket club - Friday
Helensvale Pacific Pines Cricket club - Friday
Palm beach Currumbin Cricket Club - Wednesday
Girls MILO T20 Blast - Mallawa drive - Sunday
For all School based MILO T20 programs, visit.....

VISIT PLAYCRICKET.COM.AU TO FIND OUT MORE...
FREE PROGRAMS FOR PARENTS Term 1 2017

BRINGING UP GREAT KIDS (4 weeks)
A four week program that uses ideas of mindfulness and reflection to support parents to review and enhance their patterns of communication with their children, promote respectful interaction, and encourage the development of children’s positive self identity.
Thursday 23rd February – 16th March: 9.30 am – 12.00 noon

1, 2, 3 MAGIC & EMOTION COACHING (3 weeks)
A three session program designed to help parents/carers and educators of children aged 2 – 12 years to manage challenging behaviours. The program works equally well as a preventative tool and for early intervention. A great framework that promotes the dignity of the child and the adult.
Friday 16th February – 16th March: 9.30 am – 11.30 am
Friday 23rd March – 24th March: 9.30 am – 11.30 am

TUNING IN TO KIDS (6 weeks)
This six session program teaches parents/carers of 3 – 12 year old children how to become their child’s emotional coach. Help your child build resilience through understanding and managing their emotions. Also suitable for parents of children with anxiety and emotional and behavioural issues.
Tuesday 21st February – 21st March: 9.30 am – 12.00 noon

CIRCLE OF SECURITY PARENTING (5 weeks)
This fifty session program provides parents with strategies to promote a sense of security and a sense of safety in their children. Suitable for parents of 3 – 10 year old children. Also suitable for parents whose children have emotional and behavioural issues.
Wednesday 22nd February – 22nd March: 9.30 am – 12.00 noon

ANGER MANAGEMENT AND CONFLICT RESOLUTION (4 weeks)
NEW! A four session program filled with information about anger – what it is, how it impacts our lives and relationships, and strategies about how to manage anger, feel happy, and improve the quality of our lives and relationships.
Wednesday 1st March – 23rd March: 6.00 pm – 8.30 pm

ASSERTIVENESS (4 weeks)
This is a four week program designed to build your self esteem by supporting you to feel better about yourself, increase your confidence, and help you achieve your goals in life.
Monday 27th February – 28th March: 9.30 am – 12.00 noon

RELATIONSHIP RESCUE (4 weeks)
This four session program offers an opportunity to explore ways to how a fabulous relationship, repair a troubled relationship, and understand why a relationship may not be working. Relationships include parents, friends, work associates, partners, and colleagues.
Tuesday 28th February – 27th March: 6.15 pm – 8.45 pm

Child minders are available for a fee. Bookings are essential.

 nhấn

Helpful Phone Numbers

Electricity Loss of Power 13 62 62
Poisons Information Line (24 hour) 13 10 22
Coomera Police Station 9519 5995

24 Hour Support Services
Alcohol & Drug Information Service 1800 177 833
Dads in Distress 1300 053 437
Domestic Violence 1800 811 811
Family Drug Support 1300 368 186
Kids Help Line 1800 551 600
Men’s Line Australia 1900 789 978
Beyond Blue 1800 224 666
Lifeline Crisis Line: 13 11 14
Alcoholics Anonymous 9591 2082

After Hours Doctors & Pharmacy
National Home Doctor Service 13 7425
(Previously Medcall)
Pacific Pines Amcal 5573 7722 (Midnight)
Oxenford Amcal 5519 9200 (Pm)

Parenting & Child Support Services
Broadbeach-Helpline 1800 686 269
Child Abuse Prevention Service 1800 688 069

Kidsafe Queensland (Child safety indoors and out. Hire of safety equipment and car capsules) 3854 1829
Pregnancy Helpline 1300 139 313

Child Health Services
Child and Youth Health www.qld.gov.au
Practical health information for parents, carers and young people.
Community Child Health
Gold Coast 5687 9183
Logan Central 3907 5993
Beaudesert 3827 9893

1300 Health – 1300 250
Rural Fire Service Gold Coast 5597 4101
Coomera Valley 5573 3566

http://epublisher.net.au/public/newsletter/ViewNewsletter?u=D1YX2G_14IvUbRy56o... 9/02/2017
Early Years Hubs

Educational interactive playgroups for parents and children 0-5 years.

Join us for singing, dancing, Smallsports, Read & Grow, craft and cooking:
- Oxenford
- Upper Coomera
- Coomera

Call 55 298 087 for venues and times

Family Support and Counselling Services

- Relationship issues
- Depression and mood disorders
- Anger management
- Mental Health issues and illness
- Addictions
- Anxiety

Book your appointment on 55 298 087

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