Dear Parents, Caregivers and Community Members,

Next week our school will receive a Full School Review as part of a review of our last Four Year Strategic Plan and assist with the preparation of the new 2015-2019 Strategic Plan. The newly appointed DETE School Improvement Unit (SIU) is responsible for conducting the review. Helensvale is one of the first school to undertake this new review process.

At a glance
• Reviews consider the nine review domains and identify areas for further improvement
• Reviews conducted by a team appointed by SIU
• Review team usually consists of one internal reviewer from SIU, an external reviewer and a principal peer reviewer. This ensures the independence and rigour of the reviews. It also allows the department to build the school improvement knowledge and capabilities of its school leaders.
• Reviews can take up to three days, depending on school size and complexity
• School works with region to incorporate review findings into four-year school plan.

The nine domains are:
1. An explicit improvement agenda
2. Analysis and discussion of data
3. A culture that promotes learning
4. Targeted use of school resources
5. An expert teaching team
6. Systematic curriculum delivery
7. Differentiated teaching and learning
8. Effective pedagogical practices
9. School-community partnerships
The Review Process
Generally, full school reviews take up to three days depending on the school's size and complexity. The assistant regional director is interviewed as part of the review. At the completion of the review the review team presents its findings and recommendations to the school leadership group. A written report follows. Using the report, the school works with its Assistant Regional Director (ARD) to incorporate the review findings into its four-year school plan.

The final report is to be published on the school website and presented at the P&C meeting on 18th February 2015.

Parent Invitation to meet with review team
Wednesday 11th February- 2.15pm – Green Room - Parent meeting with review team. Please RSVP to the office by Tuesday 9.00am.

TRIAL OF NEW LEARNING TIMES FOR 2015

Firstly, apologies for last week omitting to include in Homelines the new learning times for 2015. To maximise the available learning time from 8.50am - 3.00pm a change have been made to the middle and afternoon sessions.

1st Session remains the same from 8.50am-10.55.
2nd Session has been extended, and now is from 11.35am-1.35pm.
3rd Session is shorter and is from 2.20pm-3.00pm.

The aim of the change is to provide two learning sessions which allows teachers greater opportunity to provide intensive learning blocks throughout the day. The new times also allows for specialist lessons to be scheduled appropriately for all classes. The shorter afternoon session places the lunch break at later time away from the hottest part of the day. Towards the end of the term parents, teachers and students will be surveyed regarding the pros and cons of this change.

PARKING ISSUES
In the seven days since school commenced I have received a number of complaints from our school neighbours regarding vehicles parking across driveways, blocking access to their homes. Unfortunately on a number of occasions our neighbours have been reportedly sworn at, given rude gestures and basically ignored the polite requests to keep the driveway clear. As this is not a school matter I have suggested those effected to contact the Police or GCCC parking inspectors who may assist to change this behaviour.

Parents are reminded that parking on a continuous yellow line can result in a fine of over $130.

Next week 4C will have a change of teacher. I wish to thank Mrs van de Linde for assisting us for the first two weeks to get the class settled and on task. Mrs Gina Connolly will teach 4C from next Monday for the remainder of the term. Mrs Connolly has worked at Helensvale SS throughout 2014 and due to unforeseen circumstances could not start until Week 3. Welcome back Mrs Connolly.

As a school community, we strongly encourage students to arrive at school between 8.30 – 8.50am. If students arrive before the 8.30am they must move to the tuck shop undercover area with their school bag and wait quietly until the bell. This is an area for quiet activities which does not include running around.

On Monday to Wednesday next week our school will be hosting a group of 25 Chinese students who are visiting the Gold Coast. The students are from the provinces of Shenzhen and Sichuan and will undertake English lessons during their time in our school. If any of our parents speak Mandarin and would like to converse with our visitors please contact our office. We trust the students who will buddy up with our visitors enjoy the experience during the three days. Thank you to Mrs Ise for coordinating the visit and our teachers for welcoming the visitors into their classes.
SCHOOL COMMUNICATION

I trust you find the information in Homelines informative and has assisted you settle into the 2015 school year. To assist new parents to get into the routine of their new school, our Homelines is distributed by email with a small number of paper copies available from the office if required. So that you can receive Homelines by email, we need an email address to send it to. If you received the eNewsletter in 2014 and have not changed your email address, the process will continue. However, if you have changed your email address, please inform the office ASAP by email. For new families to the school, the email address provided at the time of enrolment will automatically enable you to access the eNewsletter. Homelines is published every Thursday and is usually available on your email, from our provider by 5.00pm. If you have any suggestions regarding our Homelines, please forward an email with suggestions to admin@helensvaless.eq.edu.au.

DAY 8 ENROLMENTS / CLASS CONFIRMATIONS

As advised at the start of every school year, our school’s teacher allocation is not confirmed by DETE until our enrolment figures for Day 8 are calculated. Today was Day 8. On Day 8, our class teacher allocation will be as per the staffing formula for all Queensland State Schools. On the enrolment figures returned to DETE today, the message for parents is that the current class your child has been allocated to in 2015 is not likely to change as our current teacher allocation is very close to the predicted numbers used in the staffing formula. Thank you for your understanding at this time.

INSURANCE COVER FOR STUDENTS

Parents are advised that the Department of Education, Training and Employment (DETE) does not have Student Accident Insurance cover for students. Therefore, if your child is injured at school as a result of an accident or incident, all costs associated with the injury, including medical costs, are the responsibility of the child, parent, or caregiver. Some incidental medical costs may be covered by Medicare. If parents have private health insurance, some costs may also be covered through the private health insurance. Any other costs would be borne by the parents.

Student Accident Insurance is an insurance policy that pays certain benefits in certain circumstances should your child have an accident. It is a personal decision for parents as to the types and levels of private insurance they arrange to cover their child for any accidental injury that may occur. Parents should contact their insurer or an approved Australian insurance broker if they choose to take out student personal accident insurance cover for their child.

HAVE A CONCERN? WHAT TO DO.
To assist parents effectively address concerns relating to our school the following process will be used by our school staff in 2015.

1. The first port of call for any issue is the class teacher. The class teacher has direct contact with your child and is best placed to address class / playground issues.

2. If you have a broader issue and you have already discussed it with the class teacher without resolution, the office will then direct you to the Deputy Principal for that year level. Ms Welch, Prep –Year 1 Mrs Donovan, Years 2 -3 with Ms Ona, Years 4-5-6.

3. Appointment times for parent interviews with myself or the Deputy Principals are to be made through the school office. I trust this information will assist us together to resolve issues quickly and satisfactorily.

---

**QUOTE OF THE WEEK**

"Freedom is not worth having if it does not include the freedom to make mistakes."

---

Michael Shambrook
Principal
DATE CLAIMERS

Week 3 – 11th February- 2.15pm – Green Room - Parent meeting with School Reviewers

Week 4 - 17th February- Parent Teacher Information Meetings commencing at 5.pm

Week 4 - 18th February – P&C Meeting 7.00pm

Week 5 - 25th February- Whole school assembly to present leadership badges

FROM MRS DONOVAN’S DESK

Sector Assembly
Congratulations to our Year 2 and 3 students for their excellent behaviour during our first Sector Assembly this week. I was pleased to be able to share our first Student Achievement awards for 2015 and present our Behaviour Awards to 3A and 1/2G for our Focus Behaviour Skill last week. I will be working with our teachers create our assembly roster for this term and am positive teachers will share with you the dates for class sharing items.

Anaphylaxis Reminder
Please consider student allergies when you are preparing your child’s lunch for the day at school. Please also ensure you discuss anaphylaxis with your child and how they could assist someone experiencing this life threatening reaction if required.

http://epublisher.net.au/public/newsletter/ViewNewsletter?u=dxxOJBD8LyMq_yeQt... 6/02/2015
Parenting ideas

Building parent-school partnerships

WORDS Michael Grose

Help your child ACHIEVE!

One way to help your child achieve at school is to work together with your child’s teacher. The parent-teacher partnership takes work from both sides to become a reality. Here are some ideas that will help.

1. Know what your child’s teacher is trying to achieve
   Like children, every teacher is different with their own specific expectations, goals and interests. Get to know your child’s teacher and gain an understanding of their approach and aspirations for your child’s success.

2. Keep your expectations reasonable and positive
   If your expectations are too high your teacher may give up. Too low and they will meet them! The trick is to keep your aspirations for your child in line with their ability and their interests. Also be realistic about what your child’s school can deliver. Sometimes our expectations of schools are not in line with their capabilities or their roles.

3. Support your teacher’s expectations & activities at home
   One practical way of supporting your child is to take a real interest in their home-based learning tasks and follow the guidelines laid out by teachers.

4. Send your child ready to learn and on time
   Maximise your child’s chances of success by sending them to school in a good frame of mind, with plenty of sleep and a good breakfast. Also make sure they get to school on time. It’s estimated that many kids miss up to two weeks of school a year when they are routinely late by just five minutes a day.

5. Inform teachers of your child’s challenges and changes
   Life’s not always smooth sailing for kids. Family circumstances can change. Friends move away. Changes happen. These changes affect learning. Make sure you keep your child’s teacher up-to-date with significant changes or difficulties your child experiences, so he or she can accommodate their emotional and learning needs at school.

6. Skill children to work with others
   Schools are social places requiring children to work and play with each other much of the time. Teaching manners to kids, as well as encouraging them to share their time, space and things with others are practical ways to help kids with their social skills. Talk through any social challenges they may have, helping them develop their own strategies to get on with others.

7. Respectfully seek joint solutions to problems and difficulties
   Resist the temptation to solve all your children’s problems or think you have the only solution. Most learning and social problems can be resolved when teachers and parents work together. Be the best interests of the child.

8. Participate in class & school activities
   There is huge body of research that points to the correlation between parent involvement in a child’s schooling and their educational success. Quite simply, if you want your child’s education to be successful, learn as much as you can, and follow the lead provided by your child’s teacher. This simple strategy will have a massive, long-term impact.

9. Trust your teacher’s knowledge, professionalism and experience
   Your child’s teachers are your greatest allies. Their training, their experience around kids, and their objective professionalism put them in a strong position to make judgement calls about your child.

10. Talk up what happens at school
    Your child will take their cues from you about how they see their school. If you want your child to value learning, and enjoy their time at school then you need to support your school and make sure they also hear positive messages about learning, teachers and the school itself. You can create a strong educational agenda at home by talking up your school.

This type of 10-point plan is easy to read but hard to put into practice, particularly when you get busy or your child has significant difficulties. Choose two or three ideas from the list to really focus on in the coming year and you’ll find that the rest will fall into place. Good luck and nurture the partnership you have with your child’s teachers.

Stay one step ahead of your kids with great ideas & expert advice from Michael Grose, Join Michael’s NSW Parenting Ideas Club today at parentingideashub.com.au. You’ll be so glad you did.

parentingideas.com.au

© 2012 Michael Grose

http://epublisher.net.au/public/newsletter/ViewNewsletter?u=dxxOJBDR8LyMq_veQt... 6/02/2015
Dear Parent / Guardian

Community Child Health provides targeted hearing assessments at each school once per year. This service is available for children who are identified by school staff as having a hearing or speech/language concern.

The hearing health assessment entails otoscopy (inspection of the ear drums), tympanometry (which measures pressure behind the ear drums to assess for middle ear fluid), and audiometry (which tests for hearing acuity). You will receive a written report of the outcome of the assessment which will provide details of each of these tests. Should any anomalies be detected, you will be requested to follow up with your family doctor for further assessment. You may also be requested to have your child reviewed at one of our Child Health Clinics.

If your child has not had a recent hearing health assessment and your child's teacher has requested this be undertaken, please complete the enclosed form ensuring that you sign the consent section where indicated. (NOTE: There are TWO boxes that require your consideration. You will need to tick one or both boxes where applicable).

However, if your child has recently undergone a hearing assessment (i.e. within the past 6-12 months) and you have a copy of the results, please be aware that it may not be necessary for your child to be assessed again. A further assessment will only be required if your child has experienced ear health problems or you feel your child's hearing has changed since the previous assessment. If a further assessment is not required, please provide your child's teacher with a copy of the results of the previous hearing assessment for their records.

If you have any queries regarding the request for your child to undergo a hearing assessment, please speak with your child's teacher in the first instance. For any other queries please contact Child, Youth and Family Health on (07) 56879183.

Community Child Health
Gold Coast Hospital and Health Service
# Hearing Assessment Consent Form

**Gold Coast Health**

**COMMUNITY CHILD HEALTH**

**HEARING ASSESSMENT**

**CONSENT FORM**

**Facility/School:**

<table>
<thead>
<tr>
<th>Sex</th>
<th>F</th>
<th>I</th>
<th>Age: _______ years _______ months</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- **Child's Surname:**
- **Child's First Name:**

(as per Medicare Card)

- **Child's DOB:**
- **Medicare Number:**
- **Expiry date:**

- **Address:**
- **Suburb:**
- **Post Code:**
- **Telephone:**
- **Mobile:**

- **Child's Country of Birth:**
- **Was child born at the Gold Coast/University Hospital?**
  - **No**
  - **Yes**
- **Child's Religion:**

- **Language:**
- **Other, please state:**
- **Interpreter required:**
  - **No**
  - **Yes**

- **Child's Indigenous status:**
  - **Aboriginal**
  - **Aboriginal AND Torres Strait Islander**
  - **Torres Strait Islander**
  - **NOT Aboriginal or Torres Strait Islander**

- **Is the child of Australian South Sea Islander descent?**
  - **No**
  - **Yes**

---

**CONSENT FOR HEARING SCREENING**

- **I consent to have my child's hearing health assessed.**
- **I consent to a written copy of the results being provided to and discussed with school or childcare personnel (whichever is applicable) to ensure the best learning outcome for my child.**

- **Parent/guardian's signature:**
- **Date:**

(Write the relevant box(es) above and sign where indicated)

**Parent / guardian details:**

- **Surname:**
- **First Name:**
- **Relationship to Child:**

(Record if different to above)

- **Mother's surname at time of child's birth:**
- **Address:**
- **Suburb:**
- **Post Code:**
- **Telephone:**
- **Mobile:**
- **Email:**

**Pre-Screening Questions – Please answer all of the following questions:**

**a)** Do you have concerns regarding your child's hearing?
- **Yes**
- **No**

**b)** Has your child had any of the following:
- **Repeated ear infections**
- **Repeated throat infections**
- **Hearing loss**
- **Speech concern**
- **Ear operations (e.g. grommets)**
- **Snoring**
- **Head injury**
- **Measles / Meningitis / Encephalitis**
- **Allergy or asthma**

**c)** Has your child ever had a hearing check?
- **No**
- **Yes**

If yes, when?

**If your child has previously attended a Child Health Clinic, please indicate which one:**
- **Hobanesda**
- **Upper Coomera**
- **Lakrador**
- **Norang**
- **Mermaid Water**
- **Robina**
- **Palm Beach**
- **YNES House**
- **Other, please state:**

(Office use: Referent category: 2)

Hearing Assessment Consent Form _v3.28.3.14_ Page 1 of 2

---

http://epublisher.net.au/public/newsletter/ViewNewsletter?u=dxxOJBD8LyMq_veQt... 6/02/2015
### COMMUNITY CHILD HEALTH
### HEARING ASSESSMENT CONSENT FORM

#### NURSE TO COMPLETE (OFFICE USE ONLY)

- Refer to separate Hearing Health Report for screening results.

<table>
<thead>
<tr>
<th>Frequency</th>
<th>RIGHT</th>
<th>LEFT</th>
</tr>
</thead>
<tbody>
<tr>
<td>4000 Hz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2000 Hz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1000 Hz</td>
<td></td>
<td></td>
</tr>
<tr>
<td>500 Hz</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### RESULTS NOTICE ISSUED TO PARENT?
- Yes [ ] No [ ]

### REFERRAL LETTER COMPLETED?
- Yes [ ] No [ ] N/A [ ]

### PARENT TELEPHONED / INTERVIEWED?
- Yes [ ] No [ ] N/A [ ]

### Comments

NURSE SIGNATURE ___________________ NAME & DESIGNATION ___________________ Date .../.../....

### OUTCOME OF REFERRAL DETERMINED WITHIN 3 MONTHS OF SCREENING?

- Letter received from GP or Australian Hearing
  - Yes [ ] No [ ] N/A [ ] Date .../.../....

### Comments

NURSE SIGNATURE ___________________ NAME & DESIGNATION ___________________ Date .../.../....

### FURTHER FOLLOW UP INITIATED AFTER 3 MONTHS?

- Contact with parent
  - Yes [ ] No [ ] N/A [ ] Date .../.../....

### Comments

NURSE SIGNATURE ___________________ NAME & DESIGNATION ___________________ Date .../.../....
FROM MS WELCH'S DESK

I would like to thank all of the parents, carers, students and teachers who have made the year start smoothly. All classes are settling into new routines and getting use to their new class mates and teachers.

At the end of the day we ask that parents and carers please wait in the tuckshop undercover area or the bottom undercover area until the bell goes. Please stay away from the classrooms as this leads to the children being unsettled and distracted and they may miss out on important information and reflection of the day. The school parent information evening is on Tuesday 17th February starting in the PAC at 5pm.

“What did you do today at school?” is a question parents often ask their children. “Nothing” is an answer that sometimes heard. Other ways to ask the question which may get more information include

What did you enjoy at school most today?
What did you find easy?
What did you find challenging?
What do you know now that you didn’t this morning?
What activities did you do in the class room, in the playground?
And if things haven’t gone well- What did you do when that happened? What else (other strategies) could you do? What might you do next time?
If you are concerned about what your child is reporting to you around school, please try and get as much information from them before seeing your class teacher.

Have a fantastic week and remember to bring water bottles and hats during the warm weather.

SCHOOL NEWS

Published by The Administration Department

Dear Parents/Carers,

The payment window will return to normal operating hours of 8am to 9.15am Tuesdays, Wednesdays and Thursdays commencing week 2. Remember you are able to make payments via internet banking at any time this is our preferred payment option.

Thank you,
Leonie Foster
Business Services Manager

Student Absence Line
55561370
Don’t forget we have a convenient absence line for parents/carers to access 24/7. Parents can leave a message in relation to student absence for the class teacher on this line. Please phone and leave the following information:

- Child/Childrens Name
- Child/childrens class
- Date of absence
- Reason for absence

TUCKSHOP NEWS

Hello Everyone,

We are desperately seeking volunteers to do the all-day shifts. We need you from 9am until 2.15pm. We will supply your lunch and tea or coffee. If you have children at the school, you don’t need a blue card to start. You will be processing and recording lunch orders, stocking chips and drinks, washing up, packing lunches, serving children and meeting other parents. Time goes quickly and it is quite fun. It is a great way to meet other parents if you are new to the school and if you are job seeking, it is a good stepping stone to paid work.

There is a few ways you can order Tuckshop. There is the basket system in every class, where your child puts their order in the basket in the morning when they get to class and it comes to the Tuckshop after roll call. The orders are processed and the Tuckshop Monitors collect the basket and take it to the classroom where the teacher should hand the lunches out to the students. The children or parents can come to the order window in the Tuckshop and make an order. We keep the orders and put them in their basket when it comes in. Or you can do online orders on Flexischools, and they come to the Tuckshop via the computer and are put in the baskets when they come in.

Our online ordering system is Flexischools. You can go online and set up an account and order your Tuckshop (or Uniforms) for up to two weeks in advance. You can order when you want to, have a weekly order set up every Tuesday for the same thing every week. It is easy to do and saves you finding change to do your order and the children don’t have to worry about putting the order in the class basket. If this system appeals to you, go to www.flexischools.com.au to get started. If you have done the weekly order last year an wish to continue it this term you will have to go and set it up again this term as they get wiped at the end of each term as we aren’t there over the holidays. So each term you will have to reset them again.

All classes were given a NEW Tuckshop Menu at the beginning of last week, as we have had a few price changes due to increased costs of items. There is also a new menu on the school website if you need to access one or they are available at the Tuckshop too.

Preps are not allowed to come to the Tuckshop with money to buy things over the counter until the last term of school. Therefore if they want anything from the Tuckshop you will have to do this by the bag system. You order them anything on a bag: just make sure you put their name, class and which lunch (MT is morning tea 10.55am and BL for big lunch at 1.35pm) it is for on the bag. If no specific lunch is written on your child’s lunch order, we will automatically make it a Big Lunch order. This is to save time having to phone and disrupt the class, and to make processing less time consuming as we are on a strict time table to get the lunches out on time. So, to avoid any mix up, please specify whether the lunch is little lunch or big lunch.

If you don’t have the correct change, please write on the bag the amount you have put in the bag, as this allows us to track down who needs change when processing bags. Please just fold your bags in half and in half again as this is enough to keep the change in. Please don’t staple or put tape on the opening as this is very time consuming during the processing of the bags and the staples could injure our volunteers or your child. So...
please just fold the bags. If your child needs change from their order, we will write the change required on the bag and circle it and then it will be taped in the corner of the bag. Please remind your child to keep the bag if they do have change: as a lot of them just throw it in the bin if they are not aware of this process.

Also letting you know that the items listed in the Over the Counter Purchases Items can only be bought at the windows at little and big lunches. We only supply a tag in the tuckshop bag for Prep classes as they can’t carry and purchase items yet. All other classes must come to the windows.

We can only accept Australian currency as legal tender for orders. If we receive foreign coins they will be taped to the bag and we may have to change their order to accommodate the amount. Please note that we cannot take NZ coins either as the banks won’t accept them as they weigh differently.

We look forward to your support of the Tuckshop and hope to see a few of you as volunteers!

Cheers,

Tracy Wall (Tuckshop Convenor)

P&C NEWS

Welcome everyone to the new school year, we hope you all had a wonderful Christmas and New Year. It is wonderful to see so many happy faces around the school and lovely to see all the new Prep Students settling into school life.

P&C Meeting

Our first meeting of the year is being held on Wednesday 18th February at 7pm in the Administration block. Everyone is invited to join us, so come along and have a coffee and get to see what we have planned for the coming year. See you there......

Fundraising

We have a wonderful whole school event planned for Thursday 2nd April – It is going to be our Easter Family Fun Run. It will be quite different to the past Fun Runs and we hope that parents out there will come along and join us. It will be Easter themed with more information to follow so keep your eyes peeled......... Online fundraising will also be available for the Fun Run this year.

If there is anyone that would like to help with the organising of this event please contact Lisa at pandc@helensvaless.eq.edu.au

School Banking

This year’s school banking is taking you on an Outer Space mission to Planet Savings. There are 8 new awesome rewards to choose from, plus they are introducing a new Grand Prize competition where you could win a family trip to Disneyland. If you have some time to spare on a Tuesday morning to help out with school banking please email pandc@helensvaless.eq.edu.au or leave your contact details at the tuckshop. Thank you in advance...

Tuckshop

Once again we are desperately in need of volunteers to assist in the Tuckshop. This is a rewarding day and enables you to assist in the day to day running. You get the opportunity to process orders, make lunches and serve on the windows. Lunch is provided and you can meet some lovely people. The main days that we require help is Tuesday, Thursday and Fridays. If you have time to help or know of anyone (grandparents included)
who would love to help please contact Tracy at the Tuckshop on 55 733 794.

**Trades/Business**

We are interested in hearing from any parents in the school who may have a trade or business that may be a to assist the School and P&C in maintenance etc throughout the school. There are a number of issues in the school that need assistance. If this sounds like you please email pandc@helensvaless.eq.edu.au. We thank you in advance.

**TOP**

**PE NEWS**

**Representative Sporting trials**

Students who excel to a high standard in their chosen sport(s) will be given the opportunity to pursue representative pathways. They can represent our school, then go onto to represent our district, our region and our state. Below is a list of the District (Broadwater District) trials. Dates are subject to change.

If a student is at this high representative standard, they will be given the chance to trial within our school hour to see if they will qualify to go onto to District trials. Students are to keep an eye out on the school notice board (“round up” that is read to students daily in classes). If a student is away when we trial in school time, they are to see Mr Cacciola upon returning to school as no child will be disadvantaged for being away.

If you have any further questions please contact Mr Michael Cacciola, Physical Education Specialist Teacher mcacct1@eq.edu.au or 5556 1333.

**Broadwater Trials 2015 as at 23/01/2015**

<table>
<thead>
<tr>
<th>Sport</th>
<th>Broadwater Trial Date</th>
<th>South Coast Regional Trial Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Swimming 10-19yrs</td>
<td>Wed 18th Feb</td>
<td>Mon 2nd Mar / Wed 4th Mar</td>
</tr>
<tr>
<td>Cross County</td>
<td>10-19yrs- Wed 20th May</td>
<td>Tue 9th June</td>
</tr>
<tr>
<td>Track and Field</td>
<td>12-19yrs- Tue 18 &amp; Wed 19 Aug</td>
<td>Tue 8th &amp; Wed 9th Sept</td>
</tr>
<tr>
<td>Netball 11/12 Yrs</td>
<td>Thur 19th Feb and Thurs 26 Feb</td>
<td>Tues 24th Mar</td>
</tr>
<tr>
<td>Rugby League 11 yrs</td>
<td>Wed 25th Feb</td>
<td>Tues 21 &amp; Wed 22 April</td>
</tr>
<tr>
<td>Rugby League 12 yrs</td>
<td>Wed 4 March</td>
<td>Tues 21 &amp; Wed 22 April</td>
</tr>
<tr>
<td>AFL 12yrs Boys</td>
<td>Wed 11 Mar &amp; Wed 18 Mar</td>
<td>Tue 21st April</td>
</tr>
<tr>
<td>Hockey 12yrs Boys/G</td>
<td>Thurs 26 Mar</td>
<td>Tue 28th April</td>
</tr>
<tr>
<td>Basketball 12Yrs</td>
<td>Thurs 12 Mar</td>
<td>Thrus 30th April</td>
</tr>
<tr>
<td>Football 12Yrs Boys</td>
<td>Wed 18 Mar &amp; Thurs 19 Mar</td>
<td>Tue 5th May</td>
</tr>
<tr>
<td>Tennis</td>
<td>Wed 20th May</td>
<td>Mon 1st June</td>
</tr>
<tr>
<td>Touch 12yrs</td>
<td>Mon 27th April &amp; Tues 5th May</td>
<td>Tues 2nd June</td>
</tr>
<tr>
<td>Golf 10 – 19 Yrs B/G</td>
<td>No Trial Paper Noms to BW Sect</td>
<td>Mon 18th May</td>
</tr>
<tr>
<td>Rugby Union 12 yrs</td>
<td>Wed 27th May &amp; Wed 3rd June</td>
<td>Tues 16th June</td>
</tr>
<tr>
<td>Softball</td>
<td>Paper Nominations ???</td>
<td>Tues 16th June</td>
</tr>
<tr>
<td>Rugby League 12yrs Girls</td>
<td>Wed 17th Jun</td>
<td>Tue 21st July TBC</td>
</tr>
</tbody>
</table>
Cricket 12Yrs Boys | Wed 5th Aug | Wed 2nd & Thurs 3rd Sept

Aquathalon 12Yrs Boy/Girl | | Sat 7th Nov

Prep Students to receive free Tennis Racquet In the National School Partnership Program (NSPP) our school has with Tennis Australia, they want to offer every new Prep student a free Tennis racquet for them to keep! This is a great offer and we ask all parents to complete the permission form given to them earlier in the week. An apology for the error that appeared in some notes.

**Free T-Shirts for all students**

Tennis Australia has offered a free T-Shirt for all student who register online http://hotshots.tennis.com.au/register/ (the website has been experienced difficulties so if the page will not load please try again a day later)

Michael Cacciola

**HOST FAMILIES REQUIRED**

Helensvale Primary School will be welcoming students from the Kokuren Study Tour from 22-30 March. Students are between the ages of 10-13.
The programme provides both the visiting students and the hosting families with a wonderful opportunity to share experiences and cultures and to develop lifelong friendships.

Host families will be subsidised by $75 a night for 2 students. You will be required to supply 3 meals a day, transport to and from school and a warm, friendly, home.

If you are interested in hosting a student or you would like any additional information, please contact Naomi Judy on the following number

The Japanese Advisory Service
(07) 5592 0575

COMMUNITY NEWS

Published by The Administration Department

ADVERTISING IN OUR NEWSLETTER

Advertising Space is now available within our newsletter
Please phone Michelle on 0409992479 or send an email to michelle.m@austnews.com.au if you are interested in advertising your business.

Phoenix Netball Club Sign on Day

When: 7th February 2015
Where: Runaway Bay Sports Centre Netball Courts
Time: 9am to 12pm
Ages: from 5 years up (even mums can join a team!)
Contact for more information: Amanda 0400 455 422

Thank you!
Amanda Cunington
President
Phoenix Netball Club
Harry Potter Book Night

We promise you a night of wizarding fun and the chance to discover and share the magical world of Harry Potter.

Enjoy spellbinding games, tasty treats and awesome prizes.

Ages 7 - 14 year olds

Dress code: Wizarding robes, Harry Potter dress, or your best Muggle attire.

Thursday
5 February
5pm - 6.30pm
Helensvale Branch Library Auditorium

Book online at http://bit.ly/GCLibrariesEvents or phone 5581 1625
Get your family active and eating well

The healthy lifestyle program for families called PEACH™ - Parenting, Eating and Activity for Child Health – is taking registrations now for a group to start on the Gold Coast in term 2. The FREE program is available to families with a child aged between 5-11 years who is above a healthy weight for their age.

The program is fun for kids and helps parents and carers make healthy eating and activity a part of every-day life.

It consists of 10 group sessions that run for 90 minutes each. The first 9 sessions are held weekly within the school term. Ongoing individualised family support is offered through the second half of the program ending with one final group session.

Some of the topics covered include nutrition skills, relationships with food and eating, changing family lifestyle behaviours and making healthy eating affordable. While the parent sessions are taking place, children enjoy active play with a trained child physical activity facilitator.

The program is funded by the Queensland government and being delivered by the Queensland University of Technology.

If you would like more information about the PEACH™ program or to register please contact free call 1800 2€ 519 or visit www.peachqld.com.au

Kind regards,

Sylvia Vincenc
Marketing and Communications Officer | (Mon to Wed)

School of Exercise & Nutrition Sciences | Victoria Park Road, Kelvin Grove QLD 4059 | OA322 Queensland University of Technology | Faculty of Health | www.hlth.qut.edu.au

p: +617 3138 0246  f: +617 3138 3980  e: sylvia.vincenc@qut.edu.au  |

CRICOS No. 00213J
Helensvale SS NAB AFL Auskick Centre

Sign on & 1st Session: – Wednesday 18th February
Time: 3.10 -4.10pm
Venue: Helensvale SS Oval
Address: Lindfield Drive Helensvale 4210
Cost: $70

For more information contact: Adam Dunning on 55945722
Or visit www.aflauskick.com.au

Participants receive benefits which includes, Hat, Football, Back pack and much more.

Cost Only $70.00!!

TO REGISTER:

1. Register online & pay at www.aflauskick.com.au

Please print your receipt and bring to the first session
LABRADOR TIGERS JUNIOR AFC

INVITATION TO AFL
OUR FAMILY BASED CLUB INVITES YOU TO JOIN OUR UPCOMING ACTIVITIES IN 2015

NAB Auskick 5-12 years
Begins 27th February (10 weeks)

Junior Football 9-11 years
Begins 27th February

Youth Football 12-17 years
Begins 30th January (Fridays)

Girls teams 12-15s & 17 years
Begins 30th January (Fridays)

CLUB SIGN ON DAYS: 14TH FEBRUARY AT METRICON STADIUM
AND
15TH FEBRUARY AT LABRADOR JUNIORS (COOKE MURPHY OVAL)

Contact us:
Email: labjuna.fc@hotmail.com
Website: www.labradorjuniorafc.com
Phone: 0458171262
Facebook: www.facebook.com/labrador.afl

http://epublisher.net.au/public/newsletter/ViewNewsletter?u=dxxOJBDR8LyMq_veQt... 6/02/2015
Nerang Soccer Club
Junior Sign On Day
U6’s – U18’s – Boys & Girls
Saturday 7th February 2015
9.00am to 12.00 noon
All enquiries to Phillipa Mengel - 0422 035 542
Gold Coast Basketball Aussie Hoops Program for all children aged between 5 and 10 will commence this Saturday 7th February at the Carrara Indoor Sports Stadium, this is your first step towards learning the skills and fundamental of basketball in a fun and safe environment. To register or find out more about this program go to www.goldcoast.basketball.net.au or contact Rodney on 0412180790.