Dear Helensvale Community,

Japan Trip

On behalf of the school community, I extend our best wishes to our students and staff who are on their way to Japan for our 2016 exchange. I wish our travellers a safe and enjoyable stay with our host families over the next 11 days.

Vacation Message

As this is the last newsletter for this term, I wish to take the opportunity to thank all of our parents and staff for making the first six months of the year such a success for our school. Today all schools are data-driven to maximise learning now that the focus is on a school’s performance at a national level. It is important that all class time is treated as a finite resource, which needs to be valued and used effectively for the benefit of every child in the school. A measure of this focus was the emailing home of report cards and I trust parents will take this opportunity to review their child’s academic and social development with a view to acknowledging their child’s successes and making plans to address areas in need of a greater focus or improved application. The success of the many educational activities held by classes, year levels and the whole school throughout the semester have only been possible with parent support and the efforts of our committed staff. Thank you, Helensvale community.

Chaplain Program supported by State of Origin colours

On Wednesday, our Student Council State of Origin Colours Day was well received by students who demonstrated support for their favourite team in a blaze of colour. The theme variations on who would win Game 2 provided many opportunities for our students to appreciate differing viewpoints in a positive manner. The $850.00 raised yesterday is being directed towards our school chaplain program. Congratulations to Queensland on a hard fought win.

Keep a watch on our school these holidays

With the holidays fast approaching, we need you to look out for after-hours crime in your school. If you see anything suspicious, call the School Watch on 13 17 88. The School Watch Program is a partnership between the department and the State Government Protective Security Service. It aims to reduce vandalism, theft and arson in schools. Call the School Security Program on 3237 0874 for more info.
Lost Property

Currently, our lost property basket is full to overflowing with a wide range of student clothing (uniform items) and equipment. Please encourage your child(ren) to look for any missing items tomorrow or early in Term 3.

Music Camp next week

The District Music Camp is being held this week with four of our students attending the intensive tutorials at Tallebudgera Recreational Centre. Attendance at the camp is by invitation only and I am sure our Helensvale musicians attending will represent our school well and be great ambassadors for the music program on offer at our school.

Michael Shambrook
Principal

Quote of the week

"No matter what your level of ability, you have more potential than you can ever develop in a lifetime."
Anonymous

From Ms Brown's Desk

Attendance for Semester 1 2016

What an incredibly busy semester we have just completed and students have made a terrific effort to attend each and every day. The exceptions to this have been on the last day of school before the Easter holidays with only 85% in attendance, and Junior Sports Day when we had just 88%.

A huge congratulations to the following classes and teachers identified below for reaching or exceeding our target of 95% this semester:

<table>
<thead>
<tr>
<th>Attendance % Semester 1 2016</th>
<th>Classes that hit or exceeded Target of 95%</th>
<th>Class teachers</th>
</tr>
</thead>
<tbody>
<tr>
<td>97%</td>
<td>3A – 97%</td>
<td>Sally Bourke</td>
</tr>
<tr>
<td>96%</td>
<td>PA – 96%</td>
<td>Maree Klein</td>
</tr>
<tr>
<td></td>
<td>2A – 96%</td>
<td>Janice Rutherford</td>
</tr>
<tr>
<td></td>
<td>4A – 96%</td>
<td>Kathy Ise</td>
</tr>
<tr>
<td></td>
<td>4F – 96%</td>
<td>Lee Millard and Dom Hall</td>
</tr>
<tr>
<td></td>
<td>6A – 96%</td>
<td>Jo Irving</td>
</tr>
<tr>
<td>95%</td>
<td>PB – 95%</td>
<td>Latoya Gilday</td>
</tr>
<tr>
<td></td>
<td>PC – 95%</td>
<td>Chloe Sullivan</td>
</tr>
<tr>
<td></td>
<td>PD – 95%</td>
<td>Cathy Bridge</td>
</tr>
<tr>
<td></td>
<td>1B – 95%</td>
<td>Tracey Watt and Louise Allwood</td>
</tr>
<tr>
<td></td>
<td>1D – 95%</td>
<td>Lee Manoney</td>
</tr>
<tr>
<td></td>
<td>2E – 95%</td>
<td>Trina Ized and Jacqui Yates</td>
</tr>
<tr>
<td></td>
<td>3C – 95%</td>
<td>Belinda Wright</td>
</tr>
<tr>
<td></td>
<td>5A – 95%</td>
<td>Patsy Finger</td>
</tr>
<tr>
<td></td>
<td>6F – 95%</td>
<td>Suzy Hinds</td>
</tr>
</tbody>
</table>
Every minute of every day attendance is vital if students are to achieve their potential. Once again, thank you to all of you who ensure your children are attending or make it a habit to contact the school’s absence line when your child is unable to attend due to legitimate reasons.

What is not a reasonable excuse?

Parents/Carers do not have a reasonable excuse if, for example:

- they refuse to let their child attend school due to an alleged incident or incidents that occurred at school;
- they refuse to cooperate with staff at the school or region;
- they claim they do not understand their legal obligations;
- they refuse to respond to the notices and/or claim that they did not receive the notices;
- they claim they are not able to control their child without any valid reasonable or sufficient evidence (e.g. information provided by relatives, police or child protection authorities and/or the child/young person, observations from school/region personnel, information from other agencies) supporting their claim;
- they claim the extended absences are for family reasons; and
- they have provided false, misleading or incorrect information intentionally.

By all working together, we can ensure our students are attending for the maximum number of days each term and have the best opportunities to learn new concepts, build on current knowledge and develop new skills.

Speld (Supporting people experiencing learning differences) Parent Workshop

Marion McMahon, Executive Officer of Speld, will be presenting a parent workshop in the PAC on Tuesday 2 August at 2pm. The workshop will run until 3pm when Marion will be presenting to staff after school.

This workshop will be interesting for all parents, in particular, if you have concerns regarding your child’s learning.

www.speld.org.au

Please contact Ros Moore with any queries.

School Holidays and Activities for all the Family

School holidays commence on Friday June 24 and students will return on Monday, July 11. The Gold Coast City Council links below are a great place to start if you are looking for some exciting activities to do with your family during the next fortnight.

Active & Healthy program - The Active & Healthy program is jam-packed with activities and programs designed to get you up, out and active in the beautiful Gold Coast.

BMX - The Gold Coast is home to the most skate and BMX parks in Australia.

Events calendar - Find out what’s on across the Gold Coast every week, including family-friendly, free and low-cost events.

Free cycling workshops - The City of Gold Coast is offering a series of free workshops to help you enjoy the many benefits that cycling provides.

Libraries - City of Gold Coast has 13 branch libraries and a mobile library service, as well as free community access to computers, wi-fi, and meeting rooms. Membership is available to residents and ratepayers (including children).

Library calendar of events - See what’s happening at your local library.

Movies under the stars - Check out the dates and locations of free movies under the stars in Gold Coast city parks and selected schools.

Parks and recreation - Our city is home to many fantastic parks and playgrounds.

School holiday activities - Find out about free or low cost activities during the school holidays.

Swimming and aquatic centres - City of Gold Coast operates seven aquatic centres across the city. Our pool complexes offer the community a large range of aquatic activities, from toddler swimming lessons and fitness classes to squad training for the elite athlete.


Have a safe and wonderful break with your children and I look forward to seeing you all again in Term 3.
From Mrs Austin’s Desk

Behaviour Parent Information Session

Over the past two weeks, I have advertised a parent information session to discuss the implementation of our new Behaviour system which is happening from Term 3. Unfortunately, due to the limited response from the community, I will have to postpone this event until next term.

This parent session will go ahead, but we require more engagement from the community before doing so. If you are interested in attending this event then please ensure you RSVP when this event is readvertised. If you have any further questions about this please don’t hesitate to contact me directly on raust35@eq.edu.au.

Semester 1 Reflection

As Semester 1 comes to an end, it is a great time to reflect upon the things we have achieved as a school. Life is so busy with everything always on the go that it is important to sometimes stop, stand still... reflect on how far we have come and look forward to where we are going next. So let’s go look back on our journey so far for 2016 and celebrate what has been achieved.

Curriculum

- Extension classes established from Year 2 to 6
- An inclusion class created in the SEP to cater for a variety of students and their individual needs
- Implementation of Helensvale’s Guaranteed and Viable Curriculum and Proficiency Scales for maths written in conjunction with Marzano Institute.
- The creation of Helensvale’s Guaranteed and Viable Curriculum and Proficiency Scales for English written in conjunction with Marzano Institute.
- Implementation of student centred goals for English and maths.
- Introduction of more iPads into the school.
- Changing of our Report Card comments.
- Before-school programs: Support-A-Talker (Prep & Yr 1) and Tactical Teaching of Reading (Yrs 5-6)

Parent Information Sessions & Meetings

- Guaranteed and Viable Curriculum
- Ready Readers
- ATSI family BBQ
- Parent Teacher Interviews
- Family survey and feedback

School Events

- ANZAC Day Ceremony
- Easter Bonnet Parade
- Under 8’s Day
- Junior & Senior Sports Day Carnival
- School photos
- P&C Fun Run
- Year 6 Camp
- Life Education
- Cross Country
- School discos
- Twilight Tunes
- NAPLAN 2016

These are just to name a few, as the list could go on and on. Schools are busy and dynamic places with many things constantly happening every week, on top of the magic that learning occurs each and every day in our classrooms. Helensvale is a large school, but has a great school community and we should be extremely proud of the things we have achieved so far for the 2016 school year.

We would like to thank each family for their commitment and support not only to the school, but to our staff members. Without your continual support, we couldn’t do what we do. Partnerships between home and school are paramount to ensure the success of each student. So we would like to take this opportunity to say…. THANK YOU!

I wish all families a safe and enjoyable Winter holiday. Please take this time to spend quality time with your children, recharge the batteries and most importantly have some fun. We look forward to seeing you upon your return on Monday July 11 for the first day of Semester 2.
## School Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Payment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frid 24 July</td>
<td>Last Day of Term 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 27 June</td>
<td>School Holidays Commence</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sun 10 July</td>
<td>FIEC Taiwanese Study Tour Arrive</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 11 July</td>
<td>Term 3 Commences</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wed 13 July</td>
<td>Whole School Assembly</td>
<td>PAC</td>
<td></td>
</tr>
<tr>
<td>Sat 23 July</td>
<td>FIEC Taiwanese Study Tour Depart</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 25 July</td>
<td>Snugglepot &amp; Cuddlepie Excursion</td>
<td>Prop-Year 1</td>
<td></td>
</tr>
<tr>
<td>Tues 26 July</td>
<td>Kokuren Junior Study Tour Arrive</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 1 Aug</td>
<td>NAIDOC Assembly</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tues 2 August</td>
<td>Kokuren Junior Study Tour Depart</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 8, 9 &amp; 10 August</td>
<td>EISTEDDFORD - Strings</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 15, 16 &amp; 17 August</td>
<td>EISTEDDFORD - Band</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mon 22, 23 &amp; 24 August</td>
<td>EISTEDDFORD - Choir</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## School Payments

Commencing from Term 2, there was a change to the finance window opening days and hours. The new days are Mondays and Wednesdays with times of 8am – 9.30am.

*Please assist us by adhering to these times.*

All excursions and incursions have closing dates to make payment. Please ensure you pay by the due date as no late payments will be accepted.

Thank you for your assistance.

Leonie Foster

Business Services Manager
Word of the Week:
Chungarra - Pelican

School Shirts
Child $35
Adult $50
Available in most sizes
Order now for NAIDOC

NAIDOC

03-10 JULY 2016

Songlines:
The living narrative of our nation

It’s time to RECOGNISE Aboriginal and Torres Strait Islander peoples in Australia’s Constitution. It’s the right thing to do.

Date Claimer:
NAIDOC WEEK
1st-7th AUGUST
Deadly Choices every Monday 2:15pm
Diah Yilgarn every Tuesday morning tea 10:55

Deadly Tajunars
Congratulations to Iven
For achieving fantastic results in his reading.
Elijah for spectacular results in his reading test

Raffle
Baronet Apartments
Value $418

$2/ 1 ticket
$5/ 3 tickets
$10/ 6 tickets

2 Nights for 2 people
Chappy Corner

Are you needing to work or just looking for something to occupy your children during the upcoming June/July holidays?

There are many organisations that offer holiday programs such as the Gold Coast City Council. Check out this link to see what is available: http://www.goldcoast.qld.gov.au/active-healthy-program-booklet-28396.html
Other organisations that offer camps to meet various interests such as surfing, fishing, footy, the arts, technology and so much more are:


SU Qld (click on Find A Camp once on the site) http://sucamps.org.au/

If you have any questions, please feel free to contact School Chaplain Long Bradley at school on Tuesdays and Wednesdays or via email at lbrad49@eq.edu.au

HOST FAMILIES REQUIRED FOR JAPANESE STUDENTS

Helensvale Primary School will be welcoming students from the Kokuren Study Tour from 25 July – 3 August. Students ages range from 10-14 years. The programme provides both the visiting students and the hosting families with a wonderful opportunity to share experiences and cultures and to develop life-long friendships.

You will be required to supply 3 meals a day, transport to and from school and a warm, friendly, home.

If you are interested in hosting a student or you would like any additional information, please contact Naomi or Judy on the following number

The Japanese Advisory Service
(07) 5592 0575

Top

News from 1B

Sports Day Recounts by 1B

WALT (We Are Learning To) write a “recount” of an event in the past using “time” words. Here are some of our recount stories about Junior Sports Day. Enjoy!

Sports Day by William

On Sports Day, we went to the oval. First we marched in our house colours. Then we had fun races. Next we did egg and spoon races. After that we did high jump. We had a fun day!

Sports Day by Richard

On Monday Prep and Year 1 had a Sports Day. First my colour is blue. Next we had games. The games was fun! Then eggs and spoon races.

Sports Day by Morgan

On Monday it was Sports Day and we marched on the oval. My house colour is Woomera. Next we did parachute and we did races and I came first. I was happy and we did a class photo. I had a fun day.

Sports Day by Kirra

Last Monday Prep and Year 1 had a Sports Day on the school oval. First we marched in our house colours. Then we did egg and spoon races and had a class photo. It was a fantastic day.

Sports Day by Dallas

Last Monday Prep and Year 1 and year 2 had Sports Day at the oval. First we marched in our house colours. My house colour was purple and it was Woomera. Next we went to the MP court. Then we did the running race and egg and spoon run. Next we had lunch and play. Next we did more games then we had a picture. Next we went home.

Sports Day by Chloe

On Monday Prep and Year 1 had Sports Day. First we played games. Then we did parachute and umbrellas and others. Next we did egg and spoon races. Finally we had a class photo and we had fun.

Sports Day by Isla

Last Monday the Prep did Yr 1 went to the oval.

Sports Day by Henry Morris

First we marched. I am in Bilabong. We were the red team. Then we went running, running, running. We also played sack race, learn games and egg races with mustard eggs. I can’t wait next year. I thought it was fun.

Sports Day by Brando

Last Friday was sports day with our class, Prep and Year 1. First we marched in the main hall in house colours. Then we did the running races, light jump and class photo. We both thought Sports Day was fantastic.

Sports Day by Lilly

On amazing Sports Day, year one and grade I went to the oval. First we marched in our house colours around the oval. Next we ran in races. We had morning tea then we came back and did more fun races. Finally it was not Sports Day any more.

Sports Day by Eliza

Last Monday I didn’t go to school because I was sick. I got to spend some time with my family because she had five days at our house. She is colder, so she doesn’t go to school. She got to take care of me.

Sports Day by Katelyn

On Monday it was Sports Day, with the Prep and year ones. We went around the oval and marched, wearing our house colours. I am in Bilabong and my class is YR. Next we went to the MP courts and did a fun game called parachute. Then we did some other games. It was fun.

After that we went to the big oval and did some races and did egg and spoon races too. In the end we did our running races and I came in first. After morning tea we went back to the oval and did activities. Our lunch was good. We had a class photo and went back to class. It was fantastic because I did lots of new games!

Sports Day by Jareena

----------------------------------------
This term in Science, 6B has been looking at Energy and Electricity. 6B drew and made their own circuits, where we had to make a light bulb light up by working as a group and brain-storming different ideas.

We spent about two days working on these circuits and it was amazing to see the light bulb light up and then we grabbed different metals and connected them to the wires to see what would conduct electricity.

After learning about circuits we moved onto renewable and non-renewable energy sources – such as fossil fuels, wind turbines, solar energy, tidal power and hydro-electric power. It was really interesting researching an area in Australia that uses this form to create electricity.

At the end of the unit, we learnt about Energy Rating Labels. Miss Maclean gave us the challenge to look around our home for these energy labels and look at their star rating and their kilowatts usage.
personally went home and looked around and found lots. After I found them I asked my mum if she would rather buy… a 310kwh/year machine for $500 or a 215kwh/year machine for $700. She said a $700 washing machine because the machine that used less kilowatts is saving power. We also went to the energy label website and had a look through there and I think it was pretty fascinating. It was so cool looking at all these different labels and finding out ways to save power.

The website is: http://www.energyrating.gov.au

By Sarah 6B

Tuckshop News... Tuckshop News... Tuckshop News...

Hello Everyone,

We are desperately seeking volunteers to do the all-day shifts. We need you from 9am until 2.15pm. We will supply your lunch and tea or coffee. If you have children at the school, you don’t need a blue card to start. You will be processing and recording lunch orders, stacking chips and drinks, washing up, packing lunches, serving children and meeting other parents. Time goes quickly and it is quite fun. You get to see the behind the scenes of running the Tuckshop and how it works. It is a great way to meet other parents. If you are new to the school and if you are job seeking, it is a good stepping stone to paid work. We also went to the energy label website and had a look through there and I think it was pretty fascinating. It was so cool looking at all these different labels and finding out ways to save power.

The website is: http://www.energyrating.gov.au

By Sarah 6B

Community News

Published by The Administration Department

Advertising in our Newsletter

Advertising Space is now available within our newsletter

Please phone Michelle on 0409992479 or send an email to michelle.m@austnews.com.au if you are interested in advertising your business.

Youth Flourish Outdoors

Upcoming Event: Hangouts!

Book Now

Trauma Focused Adolescent Group Work
Six Sessions - 2 Hours – Weekly
10th May to 14th July – 6pm to 8pm – Tuesdays

This Program is designed for Teenagers - 13 through to 18 years old.
Outdoor Adventure Based Activities, incorporated with Psychological Strategies covering:

• Psycho-education
• Stress Management
• Social Skills Training
• Challenging of Schemas
• Problem Solving Skills
• Relaxation Strategies
• Communication Training

The Flourish Team blends Experience with Adventure as therapy, focusing on adolescent development and trauma, and follows the Australian Practice Guidelines for the Treatment of Complex Trauma.

An additional 4 Sessions (10 in total) are available in August if desired, to further continue the work.

Location: Oxenford Youth Centre
25 Leo Graham Way, Oxenford, Qld 4210

Information for Participants:

DESCRIPTION:

Every week you will join a small team with great leaders at one of a number of adventure locations for the evening.

The team will remain the same over a ten week period. Here you will get to know one another’s strengths and abilities and gain confidence as you move up the skill ladder.

You will learn how to work successfully as a team, how to lead, how to make good friends, and how to support and guide others.

PRICE INCLUDES:

Food ingredients (yes, you will be cooking!)
Games
Problem Solving Activities
Photos (Access to our online community)
Certificate of Completion
Poster of the Group and Challenges

DON’T FORGET:

Each of the Challenges are your choice, you will not be forced to finish any of the tasks.
Each step of the Program is a real Challenge, they are built to make you think and feel stress (in a fun way) and accomplish.

You will do lots of things you have never done before!
The most important tool to bring with you is respect...this will help a lot.

OUR TIPS:

Make sure you wear comfortable clothes that you could do sports in, including sneakers.
Since we’ll be outside, bring a hoodie.

BOOK NOW!
Indigenous playgroup for children aged 0-5 years and their families.
Supported by a qualified Indigenous Early Childhood Educator and Family Support worker.
The playgroup provides cultural activities for children, parents and families.
With an opportunity to establish social and support networks within your community.

For more information call North Gold Coast Early Centre
07 56449100
or
Sonya Owen - 0449902770
If transport is required please phone prior to the day. Thank you.
What the course covers (Continued)

Mental health crisis situations:
- Suicidal thoughts and behaviours
- Aggressive behaviours
- Severe effects of drugs or alcohol use
- Panic attacks
- Severe psychotic states
- Non-suicidal self-injury (sometimes called self-harm)

Course Format
The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as a two day face-to-face course conducted in 6 modules.
Course participants will receive a Certificate of Completion.

Cost
Attendance at the course is free. Tea/Coffee, morning tea and lunch provided.

2016 Course Calendar
8:45am - 4:30pm

KIRRA HILL COMMUNITY CENTRE
1 Garrick Street, Coolangatta (see map)
- 15 & 22 April
- 10 & 17 June
- 19 & 26 August
- 21 & 28 October

SOUTHPORT COMMUNITY CENTRE
6 Lawson Street, Southport 8:45am – 4:30pm
- 17 & 18 March
- 22 & 29 July
- 9 & 16 September
- 2 & 9 December

Click here to download
1457560570_AboriginalandTorresStraitIslanderMentalHealthFirstAidCourse.pdf

NORTHERN GOLD COAST COMMUNITIES FOR CHILDREN
Oxenford and Coomera Community and Youth Centre (OCCYC)
35 Leo Graham Way Oxenford
P: 55 275 8776 P: 55 294 966
E: family@yourcentre.org.au

FREE PROGRAMS FOR PARENTS Term 2 2016

PARENTING MADE EASIER (4 weeks)
This is a four session program for parents and carers of children aged 0 - 12. It will help you understand children's misbehaviours, and provide you with strategies to develop and foster emotional resilience, respect, cooperation, and responsibility in your children.
Friday 29th April, 6th, 13th, and 20th May: 9:30 am - 12:00 pm
Confederated by the Ipswich Charity Foundation

1,2,3 MAGIC & EMOTION COACHING (3 weeks)
A six session program designed to help parents/carers and educators of children 2 - 12 years to manage challenging behaviours. Strategies are also suitable for children with ASD or ODD. The program works equally well as a presentation tool and for early intervention. A great framework that promotes the dignity of the child and the adult.
Wednesday 15th June, 22nd June and 29th June: 6:30 pm – 8:30 pm
Thursday 12th July - 19th July: 9:30 am - 11:30 am
Friday 20th July – 24th August: 9:30 am - 11:30 am
Confederated by the Ipswich Charity Foundation

TUNING IN TO KIDS (6 weeks)
This six session program teaches parents and carers of 3-12 year old children how to become their child's emotion coach. Help your child build resilience through understanding and managing their emotions. Also suitable for parents of children with anxiety and severe emotional and behavioural issues.
Tuesday 3rd May – 7th June: 5:30 am - 12:00 pm
Wednesday 18th May – 22nd June: 6:00 pm – 8:00 pm
Confederated by the Ipswich Charity Foundation

ASSERTIVENESS (4 weeks)
This is a four week nurturing program designed to build your self-esteem by supporting you to feel better about yourself, increase your confidence, and help you fulfil your goals in life.

Click here to download
1457560570_AboriginalandTorresStraitIslanderMentalHealthFirstAidCourse.pdf
Are you in need of extra support?

You are invited to be part of a research study that will examine whether a volunteer home visiting program (known as Volunteer Family Connect) supports families with young children and complements the services already available in your local area.

We are looking for families who:

- Have young children aged 0-5 years
- Live in the local area
- Feel in need of more support in their parenting role
- Have feelings of isolation or feel overwhelmed
- Have limited or no local networks to support them
- Need more support connecting to services in their local community
- Are willing to accept a volunteer home visitor if they are asked to

For this study it is not possible to include families where there are current issues of abuse and neglect, domestic violence, unmanaged mental illness or unsettled parenting arrangements.

If you would like to know more about the research, please don’t hesitate to contact Tiffany Kinoshita on 5644 9400 or another member of the research team from the Children and Families Research Centre at Macquarie University.

Tiffany Kinoshita
Research Assistant
T: (07) 5644 9400
E: tiffany.kinoshita@mq.edu.au

Dr Rebekah Grace
Chief Investigator
T: (02) 9850 8944
E: rebekah.grace@mq.edu.au

Dr Kelly Baird
Project Manager
T: (02) 9850 8589
E: kelly.baird@mq.edu.au

SUPPORTING ORGANISATIONS

benvolent
karrant
western sydney university
macquarie university

AustNews ePublisher
24/06/2016
http://epublisher.net.au/public/newsletter/ViewNewsletter?u=D1YX2G_141vUbRy56...
DISCOVERY PARK
HOLIDAY TENNIS CAMP

KEEP THE KIDS ACTIVE & ENTERTAINED THESE SCHOOL HOLIDAYS AT DISCOVERY PARK TENNIS CENTRE! NO PREVIOUS TENNIS EXPERIENCE REQUIRED. KIDS WILL HAVE A BLAST PARTICIPATING IN A WIDE VARIETY OF FUN ACTIVITIES ON AND OFF THE COURT.
MONDAY 27TH JUNE – THURSDAY 30TH JUNE 2016
8:30AM - 12PM DAILY
$130 FOR 4 DAYS OR $35 PER DAY.
WHAT TO BRING: TENNIS RACQUET (IF YOU HAVE ONE) HAT, SUNSCREEN, WATER BOTTLE & MORNING TEA.

BOOKINGS ARE ESSENTIAL BY 24TH JUNE - PLEASE CONTACT JOHNNY ON 0416011378.

CNR DISCOVERY DRIVE & WOLVI PLACE, HELENSVALE 4212

---

School Holiday Program 27 June - 8 July 2016

**Monday 27 June 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am-10am</td>
<td>Ice Breakers</td>
</tr>
<tr>
<td>10am-12pm</td>
<td>Tie dieing</td>
</tr>
<tr>
<td>12pm-1pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1pm-3pm</td>
<td>Kayaking</td>
</tr>
<tr>
<td>3pm-5pm</td>
<td>Throwing game of Kickers</td>
</tr>
</tbody>
</table>

**Tuesday 28 June 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am-10am</td>
<td>Basketball shoot out</td>
</tr>
<tr>
<td>10am-12pm</td>
<td>Ready, steady, cool! Help us cook some recipes that you will love!</td>
</tr>
<tr>
<td>12pm-1pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1pm-3pm</td>
<td>Muay Thai</td>
</tr>
<tr>
<td>3pm-5pm</td>
<td>Games</td>
</tr>
</tbody>
</table>

**Wednesday 29 June 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8am-10am</td>
<td>Frisbee flying</td>
</tr>
<tr>
<td>10am-12pm</td>
<td>Inflatable balls</td>
</tr>
<tr>
<td>12pm-1pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1pm-3pm</td>
<td>Inflatable balls</td>
</tr>
</tbody>
</table>

---

Contact Johnny on 0416011378 for more details.

---

AustNews ePublisher
24/06/2016
School Holiday Program  4 July – 8 July 2016

Monday 4 July 2016 WEEK 2

9am-10am Football Show us your soccer skills
10am-12pm Olympic prep Let’s get ready for our Winter Olympics day ●
12pm-1pm Lunch Join us for a picnic in the park ●
1pm-3pm Kayaking Are you ready to Kayak up Currimundi Creek ●
3pm-5pm Oz Tag Come join us for Oz Tag/Thrower style ●

Tuesday 5 July 2016

9am-10am Elimination Games Try to keep yourself in these games the longest ●
10am-12pm Classic cooking Cook and eat these yummy treats ●
12pm-1pm Lunch Join us for a picnic in the park ●
1pm-2pm Energy entertainments You won’t want to miss this show ●
2pm-4pm Come stoppers Be your own detective ●
4pm-5pm Dance Groove with Oggie’s dance moves (Olympic dance)

Wednesday 6 July 2016

9am-10am Handball Handball competition, will you win? ●
10am-12pm All things gardening Learn to grow and cook with freshly grown produce ●
12pm-1pm Lunch Join us for a picnic in the park ●
1pm-3pm Olympic prep Let’s get ready to rumble the Winter Olympics ●
3pm-5pm Movie mania Sit back, relax with some movie treats while watching a cool flick ●

Thursday 7 July 2016 We’ve won the Summer Olympics lets win the Winter Olympics! ●

9am-5pm It’s Your Winter Olymics Thrower House are ready to take on other hubs to win the Winter Trophy back! ●
Participants and teams will be picked prior to this date so get your name down quick!
This is an offsite excursion therefore Thrower House will be closed. Please ensure that you are ready to leave Thrower House at 9am when the coach arrives. We will return at 4pm ●

Friday 8 July 2016

9am-10am Baseball Mini baseball comp, who is up for it? ●
10am-12pm Sand art Create gorgeous art with coloured sand ●
12pm-1pm Lunch Join us for a picnic in the park ●
1pm-3pm Skateboarding Flavo is back to share his skating skills ●
3pm-5pm PJ party Wear your Onesie/PJ’s and join the Thrower party ●

Please note: You can join the program on any day. On arrival you will need to complete a registration form ●
Indicates activity has limited spaces - booking is essential ●

Thrower House is located at Salk Oval, Thrower Drive, Palm Beach ●

All activities are designed for young people 12-17 years and all activities are free! ●
For information: email throwerhouse@goldcoast.qld.gov.au or telephone 0458 734 351
June/July School Holidays

Tuesday 28/6, Thursday 30/6, Tuesday 5/7 & Thursday 7/7
9am - 3pm Each Day (Drop Off from 8am)
Ages 6 - 13 years old

1 Day Pass $70, 2 Day Pass $120, 3 Day Pass $165, 4 Day Pass $200
(Additional 10% Discount for Multi-Sibling Bookings)

Free Show Bag Valued at $75 & Certificate for each participant
PLUS
Professional Athlete Appearance & Autograph session on each day

Sports Include: Multi Skill Games, AFL, Basketball, NRL, Soccer, Netball, Boxball, Athletics, Cricket, T-Ball, Hockey
PLUS Interactive Sports Inflatable

Bookings: www.trybooking.com/202066
Contact: 07 3554 6831 or info@rdksports.com.au

---

Helensvale State School NAB AFL Auskick Centre

Sign on & 1 T Session - Friday 29th July
Time: 3.10pm - 4.10pm
Venue: Helensvale SS oval
Address: Lindfield Dr, Helensvale
Cost: $75

For more information contact: Tyson on 5594 5722
Or visit www aflauskick.com.au

Participants receive benefits which include: hat, football, lunch bag and much more!!

TO REGISTER:

1. Register online & pay online at www aflauskick.com.au
2. Please print your receipt and bring to the first session