Term 3  Week 7  28/8/2014

Principal’s Message

Hit the Target,
Be at school by 8.45am

Dear Parents/Caregivers,

Eisteddfod Performances

Over the last two weeks our instrumental school string and band groups have performed at the Gold Coast Eisteddfod. Our bands, conducted by Instrumental music teacher Mrs Sue Purton, performed well with the Junior Band being placed third and the Senior Band (who performed in A grade this year) received a highly commended. Great work! The Lindfield Strings conducted by Ms Tegan Allen, performed on Monday afternoon in a very strong field of ten schools. While our students performed well we did not place on this occasion.
2nd Computer Lab Now Open

This week our students commenced using the re-established 2nd computer laboratory in Teaching Block 6. At the start of 2012 this facility was removed due to issues with computer maintenance and replacement costs. Following a review of our computer access for students across the school it was identified that an additional whole class learning space was required. I wish to thank our school technical staff, Bruce Fewtrell and Jon Copper for making this possible who were assisted by Facilities Officer Norm Brooker.

30th Anniversary Fete

This Saturday will mark the big countdown for our 30th Anniversary school fete. On Saturday we will only have 14 days before the big day is celebrated. Planning is almost complete and all we need now are volunteers to give freely of their time to assist in the delivery of a great day for our community. Currently our requests for volunteers has been limited, but I know that our community who included you will step up to make your contribution to our big birthday celebration.

Please contact Lisa Rae on 0406 920 317 or Leanne Watt on 0412 299 211 to enlist your support by being actively involved to celebrate our birthday and raise funds to make improvements for your child’s education.

Emergency Contact Details

Have you moved lately, changed your phone number, changed your emergency contacts etc. and have NOT contacted the office. Every week our office staff attempt to contact parents/ emergency contacts without success. If you have any changed details please email or call the office so we can contact you in an emergency.
Naplan Testing Trial Online

This week three of our classes participated in a trial to test the effectiveness of conducting future Naplan testing online. Students in Years 3F, 5E and 7A undertook three tests, Reading, Spelling and Numeracy online. The aim of the trial is to gauge from a number of schools across Australia the capacity of schools to conduct the testing online and to check that the ICT infrastructure, bandwidth capacity and speed can manage the testing program. The students who completed the tests indicated that they enjoyed the way the information was presented on the screen and maintained a higher level of concentration. The supervisors of the test monitored the administration of the test and noted any issues which may be issues for schools across Australia when the testing program is fully conducted online.

Quote of the Week

“Volunteers don’t get paid, not because they’re worthless, but because they’re priceless.” Shelly Anderson

Michael Shambrook
Principal

News from the Deputies

From Ms Welch’s Desk

St Helena’s Band

We were extremely lucky to have a performance from St Helena Senior and Stage Band last Wednesday. The band is from Melbourne and were on the coast competing in a Big Band competition.

The children were enthralled with the performance

Chloe from Prep D “I liked the sound of the clarinet playing by itself.”

Jacob from Prep D “I liked it when they came from the middle and the top of the chairs playing.

Dominique from Prep D “I liked it when Ms Welch danced with Pat”

Many thanks to the band for including us in their itinerary.
Burleigh Headland Walk

I was extremely lucky to accompany 2A on the excursion to Burleigh Headland. All of the Year 2 classes did the walk this week led by Tim and Bryce who are two teachers from the Tallebudgera Beach School. The students had a great time filled with fun and learning and we were complemented on how well behaved our students were. Thank you to Marie Keever and the Yr 2 team for organizing this experience.

Holly 2A “I liked going up the big hill and discovering all the different type of plants.”

Sharni 2A “I liked hearing about the aboriginal stories.”
**Prep’s growing up**

As we are getting towards Term 4 it is time for our Preps to start getting ready for Year 1. Next term at the end of the day prep students will be let out of the classroom when the bell rings for the end of school (at the moment they stay in the room until collected). Please start speaking to your Prep student about what this will look like, where you will be meeting them and who will be picking them up each day.

Students going to after school care will still be picked up from in the classroom and we will support the students through this transition period.

**Swimming Term 4**

During Term 4 Swimming lessons will be offered to all Yr 1 to Year 5 students. This will happen Week 5, 6 and 7. Please keep an eye out for the notes towards the end of this term.

Year 6 and Year 7 will have been involved with swimming safety during camps and the Surf Life Saving Association will be visiting the school to work with our senior students.

The Swimming Carnival for Yr 4 to Yr 7 will be on Monday 8th December (last Monday of Term 4)
From Mrs Donovan’s Desk

Please note that Parent Teacher Meeting bookings close this Friday.

Thank you to our many parents who have already made their Parent Teacher Meeting time.
Dear Parents

Parent/Teacher/Student Meetings will be held on Tuesday 9 September. Teachers will be available from 3.15pm – 6.45pm to meet with parents and discuss your child’s progress. Alternatively, teachers will be available at various times from Monday 8 September to Friday 12 September. You can now book interviews at times that suit YOUR FAMILY BEST.

Go to www.schoolinterviews.com.au and follow these simple instructions.

Go to www.schoolinterviews.com.au
Enter GNFBT school event code.
Then follow the 3 simple steps.

1: Enter your details
2: Choose teachers
3: Choose times

When you click finish, your interview timetable will be emailed to you automatically - check your junk mail folder if you do not receive your email immediately. You can return to www.schoolinterviews.com.au at any time, and change your interviews - until bookings close.

For parents that don’t have access to the internet at home, at work or on their phones, please contact June Northall in Administration on 5556 1333 to book a time. Interviews are 15mins and spaces are limited. If you require more time, please contact your teacher directly to make alternative arrangements.

Parents can change their interview bookings, any time prior to the closing date, by re-visiting the www.schoolinterviews.com.au website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact the school directly on: 5556 1333

We would love to hear what you think about online booking. If you get time, click on the ‘contact us’ button on the www.schoolinterviews.com.au website, and leave some feedback - anonymously if you wish, but please include the school’s name and suburb.
Ten common discipline mistakes

WORDS Michael Grose

Discipline is easy when children are easy. It can be downright tricky when children are difficult, have interesting personalities or are at one of the challenging developmental stages.

It’s with kids in these difficult categories that we need to get our discipline techniques right. Here are 10 common mistakes I see many parents make when trying to get cooperation from their children, keep them safe or teach them to behave well.

Do any of these bloopers ring a bell?

1. Repeating yourself
   If you do this, you are teaching your kids to become parent deaf – kids learn more from respectful actions than your repeated words, so speak once – twice at most – then DO something.

2. Shouting to be heard
   You will get better results by going below the noise baseline to get their attention rather than raising your voice.

3. Setting limits too late
   If you set a limit a few weeks after new object or situation is introduced in e.g. a kid gets a new mobile phone, a teen starts going out at night, you will be seen to be taking away a freedom. It's better to set limits first then loosen them up later.

4. Setting no limits
   Boundaries, rules, expectations and standards teach kids what’s expected, boys love them. They also like to push against them, so you need a firm backbone.

5. Failing to follow through
   Talk through out No! No way! See No. 1 above.

6. Making consequences too harsh
   “You’re grounded for a month, Mr 6-year-old” is a tad harsh and will usually bring resentment, not to mention confusion. Stick to the 3 Rs – respectful, reasonable and related to the behaviour – when setting consequences and you can’t go too far wrong.

7. Applying consequences when you, or they, are angry
   When anger is in the air kids will become mad at you – they listen at all. Calmness makes a huge difference to effectiveness at the point of discipline.

8. Mixing discipline with counseling
   Never mix up two acts. Send mixed messages, if a child misbehaves manage that situation, if you suspect something negative is going on in their life, then deal with that at a separate time.

Keep the two actions separate so they can both be effective.

9. Deferring discipline
   Deferring discipline to a child care centre, preschool or school is taking the easy way out and teaches kids that you don’t have real authority, have the confidence to be the authority and take a lead.

10. One parent is always the bad guy
    This gets wearing. Also it’s hard to have fun when you are the tough cop all the time. If you are in a two-parent situation take discipline in turns. If you are parenting kids, bring spotters into the act.

We’ve all made mistakes when disciplining kids. Tiredness, emotion and lack of skill can get in the way of effective discipline. But part of the evolution and growth of you as a parent involves eradicating some of your old ways, and replacing them with new, more effective, more sophisticated ways of managing yourself and your kids.

For better, more sophisticated and more effective discipline techniques visit my online parenting manual – the Parenting Ideas Club. There are 1,000s of strategies waiting to be used. Take your FREE trial now at parentingideascub.com.au


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parentingideascub.com.au

Raising Kids with a Disability

Parents with children with special needs often comment on the level of misunderstanding there is about their child’s condition.

Teachers want the best for their students, but they may not have had experience with your child’s particular condition before and may feel a little overwhelmed or alternatively, not fully realise the seriousness of the condition. In contrast, parents of a Special Needs child can be so tightly wound from negative experiences that they can be a little defensive. Recognise that you are both on the same side and foster a positive relationship, so your child has the best opportunity for school success. In order to successfully foster a strong relationship with the school, it is important that you meet with your child’s teachers at the beginning of the year. Consider providing the teacher with an informative book that they can read at their leisure. Use the time with the teacher in the interview to explain what techniques of managing their condition work for you, or have worked with other teachers in the past. In most cases, children with a disability will have an individual education plan (IEP) drawn up by the school – so parent input is essential to making this plan work. Make sure you keep lines of communication open through emails or notes in the school diary.

Avoid feeling guilty
It’s common for parents of a special needs child to feel guilty if there are other children in the family as they tend to receive less attention. Children generally learn to adapt to the needs of the special situation they are in. From my experience they generally become very nurturing, caring adults. It helps if they link up with other children in a similar situation through sibling workshops, camps and activities that are often organised by disability groups.

Relieve the constant stress
Parenting a disabled child usually involves a great deal of patience and can be very time-consuming. It’s important then to resist the temptation to do everything for a disabled child. By allowing them to have some level of independence we also increase their self-esteem as well as lightening parental load.

If you have a child with a disability it’s important to take time out for yourself too. You cannot be a good parent if you are exhausted and stressed – both you and your child will benefit from you taking a little “me” time every now and then. It helps them to use their support mechanisms such as family and friends who will fill that gap while you take a break. Often couple relationships suffer when there is a child with a disability in the family. That’s why it’s important that you spend some time as a couple away from the children. Some parents have a greater need to spend time alone to recharge the batteries. Despite services play an important role in giving parents in all situations a break.

Parenting children with disabilities is undoubtedly the toughest parenting job there is. They need all the genuine help there is. For them the notion of ‘it takes a village to raise a child’ takes on a whole new meaning.

From Mrs Ona’s Desk

Help us win a $20,000 staffroom makeover!
Thanks to QT Mutual Bank we have the chance to win a $20,000 staffroom makeover as part of their “Staffroom for Improvement” competition.

The prize is a complete makeover of our school’s main staffroom. The winning school will be the one with the most votes weighted against the number of students, so any school, small or large has an equal chance to win. We need as much support from our local school community as possible. Even if we don’t take out top prize we have the chance to win a $10,000 as part of the People’s Choice award.

Simply visit www.staffroomforimprovement.com.au to read the terms and conditions and register your interest today. The competition kicks off on 18 August so spread the word and get as many people as possible to vote for our school.

From Prep, Years 1, 2 and 3

Fete Preparations in Prep B

Over the past few weeks the children in Prep B have been busy making preparations for our class Lucky Dip stall at the fete. They have been busy painting and stamping wrapping paper, making banners and signs and wrapping gifts which have been generously donated by parents.

They have really enjoyed the hands on experience of getting ready for our 30th Anniversary School Fete.
LUCKY DIP DONATIONS

NEEDED

Year 2F and 2G are running a Lucky Dip stall at the school fete in September and need donations of items to use such as:

- Small novelty toys
- Small novelty games
- Play jewellery
- Lollies/small bags and string (to make lolly bags)
- Wrapping paper and brown paper bags (for disguising lucky dip prizes)
- Items to decorate stall would be much appreciated (cardboard, brightly coloured buckets, balloons, 4 bright plastic disposable table cloths, crepe paper)

Please drop off any items to the year 2F and 2G classroom (T4 block) and we will put them in our storage container till September 13th.

Thank you 😊

Teach our children to be safe on the road –
cross at the crossings
Dear Parents/Carers,

Due to the increase in our community accessing online banking to pay school activities our Finance Window will open on Tuesdays, Wednesdays and Thursdays from 8am to 9.30am. If Parents/Carers would like any information on how to access online banking please email Tracey Smith on tsmit517@eq.edu.au or phone on 55561333.

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**Student Absence Line**

- **55561370**

Don't forget we have a convenient absence line for parents/carers to access 24/7. Parents can leave a message in relation to student absence for the class teacher on this line. Please phone and leave the following information:

<table>
<thead>
<tr>
<th>• Child/Childrens Name</th>
<th>• Child/childrens class</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Date of absence</td>
<td>• Reason for absence</td>
</tr>
</tbody>
</table>

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**School News Calendar**

<table>
<thead>
<tr>
<th>Fri 29th August</th>
<th>Gold Coast Show Holiday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
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</tbody>
</table>

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<table>
<thead>
<tr>
<th>Date</th>
<th>Venue</th>
<th>Grade</th>
<th>Cost</th>
<th>Payment Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thurs 11th September</td>
<td>Currumbin Wildlife Sanctuary</td>
<td>Year 4</td>
<td>$24.00</td>
<td>4/9/14</td>
</tr>
<tr>
<td>Thurs 18th September</td>
<td>Paradise Country</td>
<td>Year 1</td>
<td>$20.00</td>
<td>11/9/14</td>
</tr>
<tr>
<td>Thurs 18th September</td>
<td>Japanese Restaurant</td>
<td></td>
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<tr>
<td></td>
<td>Matsuzaka Teppanyaki Japanese Restaurant</td>
<td></td>
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<tr>
<td>Fri 19th September</td>
<td>Japanese Restaurant</td>
<td></td>
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<tr>
<td>Mon 27th October - Fri 31st October</td>
<td>Year 7 Camp</td>
<td>Maroon Outdoor Education Centre</td>
<td>$145.00</td>
<td>16/10/14 or 14/10/14</td>
</tr>
</tbody>
</table>

**AB Paterson Public Speaking Competition**

The AB Paterson College Public Speaking Competition is open to all students in Years 4 to 12. The Year 4 students are not in a competition, but receive valuable experience in public speaking. There are set topics for each year level. The student chooses one topic to speak about. Please note the closing dates for entries are:

- **Year 4**  
  Friday 5th September 2014

- **Years 5 to 12**  
  Friday 12th September 2014

The dates of the competition for 2014 are:
Year 4  (non competitive)        Monday  15th September        Various times

Year 5 - 7  Competition Heats        Tuesday  14th October        Various times

Year 5 - 7  Competition Finals        Wednesday  22nd October       Various times

Parents wishing to enter should go to www.abpat.qld.edu.au and select the Public Speaking section from the menu to download the relevant year level entry form. This needs to be completed and handed in to the office at AB Paterson College (open 8am to 4pm Mon to Fri) before the above closing dates. The entry fee is $6.00 per student and payable to AB Paterson College. Should you wish further information please contact AB Paterson College on 55 947 947 or Karen Pyne at Helensvale State School.

**Wipe Out Waste**

The Gold Coast City Council runs a primary school education programme for all grades levels from Prep to year 7.

The Programme is called ‘Wipe Out Waste’ and is a fun way for students to learn about how they can help the environment through waste minimisation.

Lessons are based on waste related themes and practical steps in order to reduce waste and run parallel to Helensvale Environmental Programme.

Dates the Wipe Out Waste activities are from Monday 8th September to Tuesday 16th September with each class given a 30 or 45 minute lesson, depending on year level.

The session is conducted within a classroom and is a free service offered to students.

Any queries please contact Karen Pyne (6C)

**Week 7 - Focus Skill**
Focus Skill

“Getting to class after the bell”

School rule: Be safe, Be a learner  You can do it key: Organisation

At Helensvale our school day starts at 8.45am. This is when the first bell rings in the morning. This is the signal to go to class and be ready and organised to enter the room to start learning time.

At 8.50am the roll is marked and if you are not in class by this time you need to go to the office to collect a late slip. Learning time starts at 8.55am.

After morning tea the first bell rings at 11.30am. This is the signal to start moving back to class, get a drink and go to the toilet.

**ALL GAMES STOP** and you should return any sports equipment to the sports bins in your play area.
At 11.35am the second bell rings and by this time you should be outside your classroom lined up ready to re-enter for learning time.

The playground looks like this....... 

....EMPTY.

Everyone is back in class.

At lunch time we do the same thing. The bell rings at 1.40pm. This is the signal to start moving back to class, get a drink and go to the toilet.

ALL GAMES STOP and you should return any sports equipment to the sports bins in your play area.

At 1.45pm the second bell rings and by this time you should be outside your classroom lined up ready to re-enter for learning.

PE News

Sporting Success on a National Scale!!!
Congratulations to CYAN S on her recent performance at the National Primary School Tennis Competition. Cyan placed 8th in Australia in U12 Individual event, and was part of the QLD team who finished second to Victoria. Not only was Cyan a superstar on the court, but her off the court dedication, training, manners, sportsmanship and the way she conducted herself was exemplary: her coach contacted me to applaud Cyan for all of these above personal characteristics that she displayed the entire time, from the regional trials months ago, throughout training and at each tournament she played. We wish Cyan all the best and hope to see her at a Grand Slam in the future!

Michael Cacciola HPE Teacher

Message Stick

Jingerri Wallal Wahlu

Greetings many you

We had a few willing helpers to plant our first tree in the new Indigenous Garden. We hope to add more in the very near future. The Eco Rangers are in the process of designing and collecting edible and native plants for this area.

Say G’Day in Yugambeh Language: Baugull nyunga-i

Vicki McCrae
UNIFORM SHOP

FLEECYS

We are nearly at the end of a chilly winter and just in time too, as a few sizes have sold out this year! We have no size 8, 10, or 12 Jackets left this year, but plenty of fleecy jumpers (the V-neck sloppy-joe style) for $28.00.

Apologies to those few parents who have missed out on the jackets; there were hundreds ordered, but it just wasn’t enough this year, unfortunately. We try to predict sales and can only order numbers based on previous year’s sales as the P&C Association cannot afford to carry unsold, excess stock for long periods. To keep the cost of jackets down, our supplier orders from overseas, which means a “one off” order placed early in the year.

I will order extra in the sold out sizes for next year. Hopefully “Murphy’s Law” won’t give us a warm winter in 2015!

HATS

Just a reminder that we have a new supplier of the reversible bucket hat! The new hats look great, and they have an added feature of an elastic back with a toggle pull that can be adjusted for the perfect fit. We sincerely hope that the previous fading problem won’t be an issue with these new hats! Thanks to everyone for your patience.

SENIOR SHIRTS

There are still Senior Shirts which have been ordered but not collected as yet. If you have ordered a shirt for your child and no longer want it, could you please let me know so I can offer the shirts for sale to those parents who may require an extra shirt? If you would still want the shirt, please just let me know.

HOURS

This week I’ll be open on Thursday instead of Friday, with Friday being the Gold Coast Show Holiday.
P & C News

FUNDRAISING NEWS

FIJI RAFFLE

Thank you to everyone who have returned their Fiji Raffle tickets, there is still a lot to be returned and sold so can we please aim to have these returned by Tuesday 2nd September please. If you require more tickets please come to the tuckshop.

RIDE BANDS

These are selling well with lots of people gearing up for a fun filled day of rides at the fete. Remember these are still available via flexischools or by returning your form to the tuckshop with cash or cheque or via eftpos on Monday, Wednesday, Friday mornings in the uniform shop. $28 pre paid or $35 on the day.

VOLUNTEERS

We are still in need of volunteers for fete day, if you have some time to give then please email lisaraehss@gmail.com or leave your name and contact at the tuckshop. Without the help of volunteers on the day it puts a large strain on very few people, remember this day is all about celebrating our Anniversary and also raising much needed funds to provide resources for your children....

FATHER’S DAY STALL

Letters will be sent home tomorrow with all the details for our Father’s Day Stall which is on next Wednesday and Thursday. As usual we have some lovely gifts and look forward to seeing you all there.

DONATION BASKETS

We will be handing out baskets for donations towards our Cent Auction on Monday. Each double class will have a theme for their donations, the P&C would greatly appreciate anything you may be able to donate towards this

Teach our children to be safe on the road – cross at the crossings
Community News

Children's creative writing competition

Terms & conditions

• Words Out Children's Creative Writing Competition is being run by Gold Coast Libraries.
• Entry is open to any Gold Coast resident, whose age places them within one of the following two categories:
  - 12 to 17 years old
  - 7 to 12 years old
• Entries must be submitted by midnight, Sunday 10 October 2014.
• Entries must address the theme of 'A new world'.
• Entries must be no more than 1,200 words in length, and be the original work of the entrant.
• Entries must be typed, not hand-written.
• Entries must include the name, age, and contact details for the entrant.
• Entries are the property of the entrant.
• Entries agree to their writing entry being reproduced and used in the Gold Coast Libraries advertising.
• Entries agree to their writing entry being reproduced, with attribution by Gold Coast Libraries.
• A panel of three judges will determine the winning entries. Entrants to be notified by post on Friday 21 October.
• Entrants agree that the entry will not be returned to entrants.
• The winning entry in each age category will receive an iPad.
• Prizes cannot be exchanged for cash.
• Prizes must be claimed within three months of notification.

Children's creative writing competition

Why an iPad with your story or poem using the theme:
A new world

Please submit your entry at a Gold Coast RSL Branch Library or email it to publications@mcu and you also by the midnight Sunday 10 October.
Labrador Oztag sign on afternoon is WED 3 SEPT from 3:30pm – 6:00pm at the Labrador Oz Tag fields (Dodgers fields, Jacob dr at Labrador, behind Hungry Jacks on Brisbane dr). Under 6-under 15 teams are offered, and players can form a team of their own with their friends, or if signing on as an individual they will be
placed into a team. For more information please contact Ray 0404 030 244 or Angie 0466 990 244 or visit the website [www.labradoroztag.com](http://www.labradoroztag.com) or email labrador@oztag.com
Surfing the Spectrum!

A four week well-being program for Parents and Carers of children with Autism / Aspergers

Caring for a child with ASD brings both joys & challenges. Carers Queensland is offering the opportunity for parents & carers to participate in a free 4 week well-being program that is designed to support you in your caring role. Facilitated by Sam Vidler, Counsellor.

The Program

The program will include topics such as:

- Acknowledging your own expertise
- Juggling multiple roles: carer, therapist, advocate!
- Boundaries and communication
- Mindfulness

Participants have the option of follow-up individual counselling sessions.

Registration

To register your attendance or find out more, please contact Samantha: 3723 5001 or svidler@carerzqld.asn.au

August is Dental Health Awareness Month
Dental Health Month aims to raise public awareness as around ¼ of Australians have untreated dental decay and only 39% of Australian adults visit the dentist for a yearly check up. As most dental diseases are completely preventable, we need to focus on early intervention and prevention to keep enjoying good oral health.

Let's keep our teeth for life, and help our children do the same!

Read more at www.dentalhealthweek.com.au

Gold Coast Child and Adolescent Oral Health Service

In the case of a dental emergency, telephone the Oral Health Client Service Centre 1300 300 850

Monday to Friday 8:00am – 4:30pm excluding public holidays.
1-2-3 MAGIC® & EMOTION COACHING
PARENT COURSE

A three-session program for parents and carers to help manage difficult behavior in children 2-12 years old is being held at Studio Village Community Centre at 87 Village Way Studio Village on Wednesday Evening or Saturday Morning
5pm to 7:30pm Starting On 30 JULY 2014
9:30am to noon Starting On 6 SEPTEMBER 2014

Learn:
✓ How to discipline without arguing, yelling or smacking
✓ How to sort behaviour
✓ How to handle challenging and testing behaviours
✓ Choosing your strategy, the three choices
✓ Using emotion coaching to encourage good behaviour
✓ 7 tactics for encouraging good behaviour

Registration Fee?
The course costs $15.00
Register for this course contacting Nikki Condon at Studio Village Community Centre on 07 5529 8253

What people are saying?
What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control.

Who’s running it?
The trainer for this course is Nikki Condon who completed the Parentshop® 1-2-3 Magic & Emotion Coaching on 10 May 2010. Studio Village Family Support Worker, Nikki has worked with families, children, young people including teen mums, and the community since the 1990’s with a special interest in building parents confidence to raise happy children.

For more information contact Nikki
phone: 5529 8253 email: family@studiovillage.com.au
Village Family Support Program is funded by the Department of Communities

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au

Group Stepping Stones Triple P

at

Triple P (Positive Parenting program) can help improve children’s development and behaviour, as well reduce stress for parents. Stepping Stones Triple P is an intensive course which covers a range of strategies which can help with parenting children with a disability. The course will be run over 5 group sessions and three individual phone-calls.

Session Dates and Times

11th September: 10:00 to 12:30
18th September: 10:00 to 12:30
9th October: 10:00 to 12:30
16th October: 10:00 to 12:00
23rd October: 10:00 to 12:00
3 X individual phone-calls
20th Nov: 10:00 to 12:00

Cost: Assist by answering questionnaires

If you are interested please register at http://www.triplep-steppingstones.net/au-en/get-help/find-a-stepping-stones-session/ or phone to register 3365 6499.

Enquiries Karyn Healy on 0457 523 266 or kheal12@eq.edu.au
In October, Soccer X will be running an 8 week Summer Soccer league at Carrara Soccer Fields for U6’s – U11’s. For more information and online registrations please visit WWW.SOCCER-X.COM. If you have any questions please call Justyn on 0451 162346.

Kind Regards

Justyn McKay

Soccer X Pty Ltd Director

m: 0451 162346
e: soccerX.au@gmail.com
w: www.soccer-x.com

8 Lindfield Road
HELENSVALE 4212 QLD

07 5556 1333
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admin@helensvaless.eq.edu.au

http://www.helensvaless.eq.edu.au/

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check the SCHOOL NEWSLETTER first!