Dear Helensvale Community,

To all our mothers I trust this Sunday brings you much happiness and a day to remember. In spite of the commercialism associated with Mother’s Day, I believe it will be the simple gestures and expressions of love that will be remembered long after the new pair of slippers or movie passes are just a memory, Mother’s Day

NAPLAN TESTING 2016

The 2016 NAPLAN tests will be taking place next week from Tuesday 10 May-Thursday 12 May. These assessments test the sorts of skills that are essential for every child to progress through school, including reading, writing, spelling and numeracy and they are undertaken nationwide for Years 3, 5, 7 and 9 students. Please see in Mrs Austin’s section below re the 2016 NAPLAN tests timetable and helpful tips for parents. The tests will be starting at approximately 9.00am on each of these days.

I wish our year 3 & 5 students every success in the testing days ahead and sincerely thank our staff for ensuring our students perform to their potential.

P&C Day next week

P&C Day is held each year to celebrate the important work undertaken in our state schools by our parents and citizens associations. In 2016, P&C Day will be held on Friday 13th May.

Our school will acknowledge the valuable contributions that the Helensvale State School P&C make in assisting our school’s delivery of quality educational outcomes at the P&C General Meeting on Wednesday 18th May with light refreshments and a food platter. I extend an invitation to parents to attend the next P&C meeting.

To find out more about the work undertaken by Qld P&Cs and how you can get involved, visit P&Cs Qld website

Mike Shambrook
Principal
1-2-3 MAGIC® & EMOTION COACHING PARENTING COURSE

A FREE three-session program for parents and carers to help manage difficult behaviour in children aged 2 - 12. This program is also suitable for parents of children who have received a diagnosis of Autism Spectrum Disorder (ASD) or Oppositional Defiance Disorder (ODD).

Learn:
- How to discipline without yelling or scolding
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choices
- Using emotion coaching to encourage good behaviour
- 7 tactics for encouraging good behaviour

HELENSVALE STATE SCHOOL (to be held in PAC)
8 Lindfield Rd, Helensvale
Wednesday 11th 18th, and 25th May, 9.30 am - 11.30 am
P: 5560 1333 or E: ihodgat@taps.qld.edu.au to book a place

Proudly bought to you by Northern Gold Coast Communities for Children
Cofunded by the Mayoresse Charity Foundation

Quote of the Week

It’s not the Future that you’re afraid of.
It’s repeating the Past that makes you anxious because.
It’s the PRESENT where we can change your Future

From Ms Brown’s Desk

Attendance

Our attendance for 2016 is sitting on 94% - such a wonderful effort on the part of so many of our 1059 students. A huge congratulations, too, to our Indigenous students whose attendance averages 93%.

The top cohorts to date are Prep, Year 2, Year 3 and Year 4 – all on 94%.

There are now 17 Individual classes that have hit or exceeded our 95% target, with 10 more classes on 94% – so close! I wonder if more classes will join this awesome group this term?

Congratulations to Mrs Sally Bourke’s 3A class with a whopping 98%! 
We cannot achieve these terrific attendance percentages without the support of all our parents and carers who ensure their children attend each day and are on time.

Thank you

2016 student attendance

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Guaranteed and Viable Curriculum, Student Goal Setting and Proficiency Scales

On Monday May 9, you are invited to attend an information sharing session in the PAC from 9am – 10am to learn more about our Guaranteed and Viable Curriculum (GVC), proficiency scales and student goal setting. If attending, you will gain a better understanding of the work we are doing to transform our school, based on years of educational research by Dr Robert Marzano.

We look forward to having you join us to understand more about your child’s education and to answer any queries you may have.

Indigenous Yarn and Cuppa

On Wednesday May 11 at 3:15pm, we look forward to yarning with our Helensvale State School Indigenous families, followed by a sausage sizzle and light refreshments. Mr Clegg has arranged a deadly game of footy for our jarjums so it should be a top afternoon.

Deadly Choices commences on May 11.

Mother’s Day

I’d like to wish all our mothers, step mothers, foster mothers and mother figures a really beautiful Mother’s Day on Sunday.

Until next week...

---

From Mrs Austin’s Desk

**NAPLAN 2016 has arrived...**

Our Year 3 and 5 students will be put through their paces as they commence their NAPLAN (National Assessment Program - Literacy and Numeracy) tests next week. This annual assessment is designed to assess student skills in Literacy and Numeracy developed over time through the school curriculum. Here is an overview of the tests:-

<table>
<thead>
<tr>
<th>Tuesday 10 May</th>
<th>Wednesday 13 May</th>
<th>Thursday 14 May</th>
<th>Friday 15 May</th>
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<tbody>
<tr>
<td>Language</td>
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<td>Conventions</td>
<td>Reading</td>
<td>Numeracy</td>
<td>Catch Up Tests</td>
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<tr>
<td>Writing</td>
<td>Catch Up Tests</td>
<td>Catch Up Tests</td>
<td>Catch Up Tests</td>
</tr>
</tbody>
</table>

There are a number of ways that families can assist and support their children through the testing days. These include:-

- **Sleep** - it is essential that students receive a good night’s sleep each night before each testing day.
- **Breakfast** - a healthy breakfast will ensure your child will have the stamina to stay focused throughout each day.
- **Punctuality** - it is imperative that students arrive at school on time. Each test is scheduled to start promptly each morning and will not be delayed for students that are late.

It is normal for students to feel anxious on testing days, so it is important to reassure your child that NAPLAN is a test of our school and assesses the teaching and learning we provide. Students are
encouraged to do the best they can to showcase their knowledge within the 5 learning areas of Reading, Writing, Grammar and Punctuation, Spelling and Number. Please remember that NAPLAN testing is only a 'snapshot' of your child's progress and is only one of many ways that we collect data that informs your child’s academic progress and overall achievement at school.

After School Expectations

The heart of a community starts with the schools and at Helensvale SS that is no different. We encourage families to meet, help and support each other by fostering friendships and socialising. Sometimes, schools are the only place where new families to the community can get to meet and make new friends and this is something we have always been proud to foster.

Of late we have noticed an increase in the number of families staying on the school grounds after the school day has ended, specifically near the Tuckshop under covered area. This in the past has not caused issues, but recently the school has noticed a significant increase in unsupervised students breaking many school rules. These include throwing rocks at classroom roofs, running through gardens and out of bound areas and generally just being unsafe. When students are approached by staff to address these behaviours, students express the school rules don’t apply because it is after school. This is not the case! Even worse, staff are having to intervene as parents are not supervising their children and have no idea what their children are doing.

This is a great concern, as safety is our number 1 priority! When it gets to the point that staff have to intervene to prevent a major incident from occurring, whist under the care of the parents, is just not okay. Therefore, we are appealing to our families; if you intend to stay on the school grounds after school then you must supervise your children. Many schools actually don’t allow families to stay on the school grounds at the end of the day and to date this is not something that has been enforced at Helensvale. We hope by raising this issue with the community we can work together to decrease the unsafe behaviours from occurring after the school day. We thank you in advance for your support with this request.

Behaviour Focus – Week 4

In conjunction with our School Wide Positive Behaviour Support (SWPBS) Team, each week we will be communicating a behaviour focus of the week at Helensvale SS. The focus will proactively teach the students the expected behaviours at school.

Week 4’s Focus – Wearing my Uniform Correctly

<table>
<thead>
<tr>
<th>School Rules</th>
<th>‘Be Respectful’, ‘Be Safe’</th>
<th>You Can Do It</th>
<th>‘Organisation’</th>
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</thead>
<tbody>
<tr>
<td>Hair tied back</td>
<td>School bucket hats – no caps</td>
<td>School checked shirt, polos, dresses, green shorts or skirts</td>
<td>Black closed in shoes</td>
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If students are unable to wear any part of the correct uniform, they must bring a note from home. This is a short term exception while you are locating or purchasing a new item.

From Ms Ona’s Desk

Say Cheese

School Photo Day is
17 & 18 May 2016
Have your child’s school memories captured forever

Please take time to read the relevant information on the MSP Photography order envelopes and remember these helpful points:

- Ensure your order is placed by photo day to avoid any late fees.
- Ordering online using your child’s Unique Shoot Key is the easiest, safest and most secure way to order. If you do not know their Unique Shoot Key, please call our office on the number below.
- Sibling photography envelopes are available for collection from your school office. Please read them carefully as appointments are limited.
- If enclosing payment inside an envelope, please ensure the correct money is provided as no change is given. Cash, cheques and money orders are accepted.
- Don’t seal envelopes inside each other. You can pay for all children in one envelope, however each child needs to have their own order on photo day. Please indicate on the child’s envelope that contains all siblings payments the names of the children you are paying for.

For any enquiries, please free to contact us on:

E: admin@smr.com.au
P: 07 5668 9110

PHOTO SCHEDULE

17th May

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<td>Prep C</td>
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### Timetable

Classroom Photo Timetable will be posted in Homeliness prior to photo day.

### Uniform

Students must wear their Formal School Uniform for school photos. Hair is to be tied back in class photos. However, girls can have their hair down for individual photos if they wish.
Helensvale State School NAPLAN Process for Days of Testing

On the days of testing students are expected to be at school on time. Lateness causes disruption to the testing procedures conducted in the classrooms. No students are permitted to enter the classroom once testing has started. Students will be reallocated to another year level and will do catch-up test.

**Tuesday 10 May**
- **Official test date**

**Wednesday 11 May**
- **Official test date**

**Thursday 12 May**
- **Official test date**

**Friday 13 May**
- **Official test date**

**Toast and Fruits**
- Available for Year 3 & Year 5. In the PAC from 8:00am to 8:30am
- Thank you to Woolworths Helensvale for making this possible.

**Language Convention Test**
- **Start 9:00 am**
- Year 3 - 45 minutes
- Year 5 - 50 minutes

**Reading**
- **Start 9:00 am**
- Year 3 - 45 minutes
- Year 5 - 50 minutes

**Numeracy**
- **Start 9:00 am**
- Year 3 - 45 minutes
- Year 5 - 50 minutes

**Writing Test**
- **Start 11:45 am**
- Year 3 - 40 minutes
- Year 5 - 40 minutes

**Catch-up Tests**
- Catch-up test

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**Click here to download 1462399102_NAPLAN2016informationforparents.pdf**

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**School News**
Published by The Administration Department

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**School Calendar**

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location</th>
<th>Payment</th>
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<tbody>
<tr>
<td>Thur 5 May</td>
<td>Prep-Year 1 Assembly</td>
<td>PAC</td>
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<tr>
<td>Tue 10 May</td>
<td>Thur 12 May NAPLAN Testing</td>
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<td>Wed 11 May</td>
<td>Magic 123 PD for parents</td>
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<td>Indigenous Yarn &amp; Cuppa</td>
<td>Dolphin Room</td>
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<td>Mon 16 May</td>
<td>Jacobs Well Excursion Year 3</td>
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<td>Tue 17 May</td>
<td>Class Photos</td>
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<td>Fri 27 May</td>
<td>Under 8’s Day Prep-Year 1</td>
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<td>Tue 7 June</td>
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<td>Mon 13 June</td>
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<td>Fri 17 June</td>
<td>Senior Sports Day</td>
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### School Payments

Commencing from Term 2 there was a change to the finance window opening days and hours. The new days are Mondays and Wednesdays with times of 8am – 9.30am.

*Please assist us by adhering to these times.*
Thank you for your assistance.

Leonie Foster
Business Services Manager

Homestay Families

Wanted
Share your home with an international student

Homestay families are required to provide a good, caring home for our international students:
- Introduce your family to another culture
- Learn another language
- Make long term international friends
- Share our Australian culture and lifestyle
- Students will attend Helensvale State School

For your opportunity to be part of this cultural exchange experience please complete this form and return to the Helensvale State School office.

Host Family Name:
Address:
Telephone:
Mobile:
Goals:
Number of children living at home:
Name and class of child(ren):
What pets do you have?

UNABURRA JAJUMMS YATHGALEN

Beach Children's Wharf

Goals for 2016: 95% attendance

Significant Dates

Date Claimer:
Week 5 Deadly Choices: Start Monday 2-15pm
Wednesday 11th May

Word of the Week:
Jajumm- Child

Deadly Jajumms 100% attendance:
Havana, Topi, Indjika, Kenyon, Kutia, Thompson, Lee, Leslie and Lush

School Shirts
Child $25
Adult $50
Available in most sizes

**Jingerri Jingerri,**

**Deadly Choices Program** will be starting **May 9**th, 2:15pm (Monday week 5) for year 4, 5, 6. Kalwun Health Clinic is also available to do any health checks for all students. Please email me if you require the permission forms.

Wednesday **11**th **May** from 3:15-4:30pm, we will be holding a gathering and sausage sizzle. For catering purposes, could you let me know if you will be attending and family numbers. I hope you will be able to join us as we would like to share what’s been happening in the school regarding future programs, student/family support, student goals and activities. Mr Clegg (yr 3 student mentor) has offered to take the jajumms for a game of footy while we have a yarn.

Cheers Vicki

---

**News from our Guidance Officer**

**Anxiety Workshop**

Are you or your child:
- Felling stressed out
- Constantly worried
- Avoiding situations
- Complaining of aches and pains
- Experiencing sudden and frequent panic attacks
- All over the place.

We all experience anxiety from time to time, the good news is it can successfully be managed want to find out more??

If so, why not come along to anxiety presentation delivered by Pamela Day from Ed LinQ, Gold Coast Health.

When: Tuesday 10th of May
Time: 9.30am to 11.00am
Lost/Found Items

Numerous items including watches, jewellery, reading glasses etc have been found and are located in administration for collection. If you have lost an item please come to the office and provide a description.

Thank you

Bookclub News

Thank you for your orders from Issue 3, they should be delivered next week.

The month of May is Scholastic National Family Reading Month. Scholastic National Family Reading Month is designed to get more kids reading with their families and is celebrating its 20th year! Research shows us that family reading time is one of the BEST ways to grow a child’s interest in the wonderful world of books. We encourage students to read with a family member for at least 10 minutes every day. You can join in the fun by entering the Scholastic Read More in May Challenge. There will be fantastic prizes for schools, classrooms and families.

For more information if you would like to take part please visit http://readmoreinmay.scholastic.com.au/home

Happy Reading!

Entertainment Books

We are fundraising by selling Entertainment Books again this year. They can be purchased as a book format or digital format for $60. Each membership sold earns $12 for our school.

Here is the link to purchase your copy


Thank you for your support
The NEW 2016 | 2017 Entertainment™ Book and Digital Memberships are available now and are packed with thousands of up to 50% OFF and 2-for-1 offers.

From every Membership we sell, 20% of the proceeds go towards our fundraising for Helensvale State School P&C Association. The more Memberships we sell, the closer we get to our goal – so please forward this email to all your family and friends!

ORDER FROM US TODAY.

For just $60, you’ll receive over $20,000 worth of valuable offers.

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Helensvale State School P&C Association
8 Lindfield Road Helensvale QLD 4212

Carole Nethery
0412978700
carolenethery@gmail.com
A big thank you to the 218 students who returned Sponsorship forms for the Fun Run. Your prizes have been ordered and should arrive soon.

Also a massive thank you to our one and only Toy Soldier and Camouflage Man. The smiles you put on the student's faces were second to none. He even managed to scare a few teachers too….. It was lovely to have some new volunteers for the day. Without you, this event would be very difficult to run so THANK YOU.
The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as a 14 hour course, typically conducted in 6 modules but we are holding it over two days. This course teaches health professionals and community members (18 years and over) how to assist an Aboriginal or Torres Strait Islander adult who is developing a mental health problem or in a mental health crisis.

**Who can attend the course?**

This course is targeted to Gold Coast Aboriginal and Torres Strait Islander community members over 18 years old.

However, if there are vacancies the course will be made available to Aboriginal and Torres Strait Islander Community members from outside of the Gold Coast. Non-Indigenous Community members and staff of services working with Aboriginal and Torres Strait Islander clients. Please contact the service to confirm availability.

Please note: this course is not a cultural awareness, therapy or support group rather it is an education course to learn how to give first aid to others.

**What the course covers**

- Aboriginal and Torres Strait Islander social and emotional wellbeing
- Mental health problems in communities
- Mental health first aid strategies for working with Aboriginal and Torres Strait Islander communities.
- Developing mental illnesses:
  - Depression
  - Anxiety
  - Gradual onset psychosis
  - Substance misuse

**What the course covers (Continued)**

Mental health crisis situations:
- Suicidal thoughts and behaviours
- Aggressive behaviours
- Severe effects of drug or alcohol use
- Panic attacks
- Traumatic events
- Severe psychotic states
- Non-suicidal self-injury (purposeless cutting and bruising)

**Course Format**

The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as a two day face-to-face course conducted in 5 modules.

Course participants will receive a Certificate of Completion.

**Cost**

Attendance at the course is free. Tea/Coffee, morning tea and Lunch provided.

**2016 Course Calendar**

8:45am – 4:30pm

**KIRRA HILL COMMUNITY CENTRE**

1 Carrick Street, Coolangatta (see map)

- 15 & 22 April
- 19 & 26 August
- 21 & 28 October

**SOUTHPORT COMMUNITY CENTRE**

5 Lawson Street Southport 8:45am – 4:30pm

- 17 & 18 March
- 22 & 29 July
- 2 & 16 September
- 2 & 9 December
Welcome - Jingeri

Yugambeh tomorrow is a campaign to unite the community through cultural pride from the past to our tomorrow. Yugambeh mobo aims to ensure our Aboriginal culture, concepts and values are part of the South East Queensland story.

YUGAMBEH Presented by Yugambeh Museum and Somerset College
SUNDAY 29 May 2016
11.00 – 4.00pm
The Gold Coast’s biggest celebration of Aboriginal bush foods, stories, music, language, art and culture.
MOBO FESTIVAL
Early Years Hubs
Educational interactive playgroups for parents and children 0-5 years
Join us for singiing, dancing, small sports, Read & Grow, craft and cooking.
- Gracemere
- Upper Coomera
- Coralea
Call 55 298 067 for venues and times

Family Support and Counselling Services
- Relationship issues
- Depression and mood disorders
- Anger management
- Mental Health issues and illness
- Addictions
- Anxiety
Book your appointment on 55 298 087

Like us on Facebook - www.facebook.com/ocycentre

CHARITY WALK SUNDAY 22 MAY 2016
Take the first steps to a cure for Childhood Heart Disease – the leading cause of infant death in Australia.

Did you know the human heart begins to beat at 21 days after conception? The Two Feet and a Heartbeat centre is 2.1km long, a sobering reminder that we all have a heart beating inside us capable of so much, we just need to take the first step. A sausage sizzle and children’s entertainment will be available following the walk.

Step out on Sunday May 22nd at Broadwater Parklands Southport and help beat Childhood Heart Disease. To register today or for more information, please visit twofeetandahearbeatin.org.au

Yugambeh MoBo Festival
The Gold Coast’s biggest celebration of Aboriginal culture

Live Entertainment
Storytelling, Music & Art
Culture, Language & Bush Foods
Free Activities + Ticketed Workshops
Join the Journey... 11am-4pm Sunday 29 May
Somerset College

Free Entry! Family Friendly! All Welcome!

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FREE TENNIS LESSON

Looking to make new friends and learn new tennis skills all while having fun? Platinum Tennis Coaching located at the Hinterland Tennis Club, Price Street, Nerang are offering a free tennis lesson to any children wanting to get involved in the sport, we have designed our tennis programs to be a perfect blend of fun and education.

So if your between 4-18years of age why not come along and join in.

Lessons run 6 days a week Monday to Friday from 3:30pm Saturdays from 8am.

If you would like to take this offer bookings are essential please contact Jono on 0488 696 939.

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