Principal's Message

Published by The Administration Department

Dear Helensvale Community,

NAPLAN 2016

This week our year 3 and 5 students participated in the Australia-wide testing for Literacy and Numeracy. The tests always prove to be a challenge for many students due to the style of questions, stimulus materials and higher order spelling and grammar sections. Thanks to the comprehensive preparation undertaken by our teachers, our students reported their satisfaction with the tests and were confident that they answered all questions to the best of their ability. Thank you for your support in keeping your child calm and confident each day of the test. Test results will be available in approximately four months with each student receiving an individual report on their performance.

P&C Appreciation Day Tomorrow

Tomorrow is P&C Appreciation Day across Queensland. The day has been set aside to enable school communities to recognise the work undertaken by P&C Associations to support schools. Each school’s P&C Association reflects the values and expectations of the community they serve. This diversity results in P&C’s that are very different, have different priorities and support the school in different ways. Country schools usually have very active P&Cs with high parent participation due to the closeness of the community. Urban and city P&Cs are often challenged in attracting parents who are time poor due to work commitments, thus having less opportunity to volunteer and participate in school activities. Irrespective of these issues, I believe parents have their child’s learning at heart and value education as the foundation for a successful life. I wish to acknowledge the contribution that the P&C at Helensvale SS have made over many years in supporting the shared outcomes for our students. Tomorrow I would like our families to email either the office on admin@helensvaless.eq.edu.au or P&C on pandc@helensvaless.eq.edu.au to express your appreciation of the important work the P&C undertakes to make this school a great school.

Contact Details

Address
8 Lindfield Road
HELENSVALE
QLD, 4212

Phone
5556 1333

Email
admin@helensvaless.eq.edu.au

Web
https://helensvaless.eq.edu.au

Absentee line
07 5556 1370
On behalf of the students, staff and wider community, I thank all the volunteers, employees and supporters for the vital and important role you play in our school.

Welcome New Behaviour Teacher

Recently our staff welcomed an additional part time behaviour management teacher three days per week. Mrs Megan Hay joined our behaviour team to assist students and teachers support students align their behaviour with our Responsible Behaviour Plan. Mrs Hay is an experienced teacher who has worked in Logan and Gold Coast schools with a wealth of knowledge in supporting students as a classroom teacher, Head of Curriculum and acting DP. I welcome Mrs Hay to our school and trust her time at Helensvale SS is both rewarding professionally and personally.

Supporting your children

As the end of semester assessment and report cards approach, I encourage families to talk to their children about their learning goals. It is always beneficial to talk with children about the success of their study habits, how to maintain regular study routines and to seek support from the teacher when experiencing any difficulties in class or with homework. The enthusiasm and excitement at the start of the year can lessen as the daily routine of school becomes predictable. It is time to reinvigorate your children’s goals and study progress. Every day is a new opportunity to make a difference and with goals focused on our You Can Do It keys to success of: organisation, persistence, getting along, resilience and confidence, goals can become a reality.

Michael Shambrook
Principal
Quote of the week

learning is NOT a spectator sport. so let's PLAY!

From Ms Brown's Desk

Attendance

Prep continues to lead the way with outstanding attendances. Congratulations again this week to Mrs Klein’s PA students and Ms Bourke’s Year 3A students. There are now only 14 classes that are below 94%. All cohorts are now sitting above 93%. What amazing things can be achieved with everyone working together, high expectations and a continual spotlight.

GVC PD for Parents

This week, Helen Hartley, our Master Teacher, and Vanessa Kibbey, our Head of Curriculum, presented an informative session for parents to explain the work we have been doing with Dr Janelle Wills from the Marzano Institute Australia. To learn more about our Guaranteed and Viable Curriculum, proficiency scales, student goal setting and reporting, the session will be repeated on Wednesday night from 6pm -7pm before our P&C meeting at 7:30. You are all most welcome to attend.
and we would love your presence at the P&C meeting if you have time to stay on.

Sausage Sizzle and Yarn Up

Eleven families, whose Indigenous ancestors originated from the Torres Strait Islands, Tasmania, New South Wales and Queensland, attended our Sausage Sizzle and Yarn Up on Wednesday afternoon at Helensvale State School, which sits on Kombumerri land. The occasion provided a terrific opportunity to meet up again, develop new friendships and gain a better understanding of curriculum, intervention programs and mentoring. A major celebration was the really deadly attendances. The jajumms filled up on sausages, damper and fruit before heading off for fun and games with Mr Clegg and older brothers and sisters. We all look forward to holding more of these wonderful yarn ups with Aunty Vicki and getting to know even more of our families.

The 1-2-3 Magic

On Wednesday morning we welcomed a small group of mums who took advantage of the free 1-2-3 Magic and Emotion Coaching program which aims to teach parents how to deal with their children’s difficult behaviour by using an easy-to-learn and easy-to-use signalling system to help children regulate their emotion thus helping to control behaviour. The signalling system requires the parent to use less talk and less emotion, which in turn encourages the development of children’s ability to manage their emotional reactions to parental boundaries - or emotional competency.

There are two more 9:30am sessions on May 18 and May 25. You are all most welcome to attend. Please advise our Guidance Officer, Jenny Schaffer, if you would like to join the group but have not yet registered.

The Premier’s Reading Challenge

On Monday 16 May the challenge commences!

The PRC is an annual state-wide initiative for students up to Year 9 with the aims to improve literacy and encourage children to read for pleasure and learning.

To successfully complete the challenge, students in Prep – Year 4 must read or experience 20 books, and students in Years 5-6 must read 15 books.

For Prep-Year 2 only the following activities may be counted towards the challenge:

- Being read to
- Shared reading
- Reading independently

The record forms will be sent home to be completed as students read their books. Reading finishes on 26 August when forms must be returned to school so all information can entered into the PRC database. Students who have completed the challenge receive a Certificate of Achievement whilst students who participated but did not read the required number of books receive a Certificate of
Participation.

In 2015, approximately 200 students completed the challenge. Let’s see if we can get 900 students participating this year!

Year 1 Writing

I love mum because she kisses me and hugs me and makes me pancakes for my birthday. She is a nice mum. (Georgina 1D)

I love mum because she helps me make a train track and a race track. She makes pancakes for me. She loves me very much and gives me lots of hugs. (Scott 1D)

I love my mum because she makes my dinner and she gives me lots of cuddles. (Madison 1D)

I love my mum because she makes me breakfast and gives me hugs and reads me books at night. (Chase 1D)

I love my mum because she hugs me and kisses me. She cooks my dinner for me. She makes me some cakes for dessert. (Rayleen 1D)

I look forward to seeing you all at our Sector assemblies next week.

From Mrs Austin’s Desk

Have your say!

In previous Homelines this term, the community was informed that the school would provide opportunities for families to participate and provide anonymous survey feedback regarding key initiatives operating within the school. We know that to ensure the success of our students we need to work in partnership with our families. An essential key to doing this well is to have open lines of communication to ensure the community feels they have an avenue to be heard and opinions are valued.

Below is a Survey Monkey link. Please click on the hyperlink to answer 20 short questions and have your say. The Survey will be open from Friday 13 May until 12 noon Friday 20 May. Don’t miss out on your opportunity to be heard.

Year 2 and 3 Sector Assembly

Just a reminder that our Year 2 and 3 Sector Assembly will be Tuesday 17 May at 2:15pm in the PAC. Students from 2D will be presenting and leading this Assembly.

Before School Supervision

In response to community feedback, as of next week we have redirected staff members to supervise students that arrive at school after 8am in the Under Covered Tuckshop Area. Supervision will occur from 8:00-8:30am.

Please note that we are noticing an increasingly large number of students arriving at school prior to this 8am time. Please ensure your children are not arriving at school earlier than 8am. If your work commitments require you to drop your children off early, then please engage in Before School Programs to ensure your child is safe at all times. We thank you in advance for your cooperation with this request.

Week 5 Focus – Being Organised

| School Rules | Be Respectful | Be a Learner | You Can Do It | Organisation |
From Ms Ona’s Desk

NAPLAN

Congratulations to all year 3 and 5 students who have just spent 3 days sitting NAPLAN tests. Thank you to all the parents/guardians for getting their child to school on time during the test days. Even though there were some nervous students, it was great to see them trying hard and giving it their best. A huge big thank you to our teachers for getting the students test ready.

Once again we would like to acknowledge and to thank Westfield Helensvale Woolworths for supplying breakfast for the three days of testing for the students. Their ongoing support is very much appreciated by our students and staff. A special thank you also to the staff for their time and organisation.

Well done, team!
### PHOTO SCHEDULE

#### 17th May

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Uniform
Students must wear their Formal School Uniform for school photos. Hair is to be tied back in class photos. However, girls can have their hair down for individual photos if they wish.

School News
Published by The Administration Department

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<th>Date</th>
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<tr>
<td>Tue 10 May-Thu 12 May</td>
<td>NAPLAN Testing</td>
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<td>Mon 16 May</td>
<td>Jacobs Well Excursion Year 3</td>
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<td>Tue 17 May-Wed 18 May</td>
<td>Class Photos</td>
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<td>Tue 17 May</td>
<td>Year 2-3 Assembly</td>
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<td>Wed 18 May</td>
<td>Magic 123 PD for parents</td>
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<td>Year 4-6 Assembly</td>
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<td>P&amp;C Meeting</td>
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<td>Thur 19 May</td>
<td>District Cross Country</td>
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Prep-Year 1 Assembly PAC

Wed 25 May Magic 123 PD for parents 9:30am-11:30am

Fri 27 May Under 8’s Day Prep-Year 1

Mon 30 May Life Education Commences

Tue 31 May Year 2-3 Assembly PAC

Wed 1 June Year 4-6 Assembly PAC

Thur 2 June Prep-Year 1 Assembly PAC

Mon 6 June Fleays Excursion Year 5

Tue 7 June Regional Cross Country

Mon 13 June Junior Sports Day HSS Oval Prep-Year 4 PAC

Tue 14 June Year 2-3 Assembly PAC

Wed 15 June Year 4-6 Assembly PAC

P&C Meeting Staffroom Commencing 7.00pm

Thur 16 June Prep-Year 1 Assembly PAC

Twilight Tunes

Fri 17 June Senior Sports Day HSS Oval Years 5 & 6 Including 2006 Yr 4 students who have qualified for Championship Events

School Payments

Commencing from Term 2 there was a change to the finance window opening days and hours. The new days are Mondays and Wednesdays with times of 8am – 9.30am.

Please assist us by adhering to these times.

Thank you for your assistance.

Leonie Foster

Business Services Manager

NAPLAN Breakfast

We would like to acknowledge the very generous donation of bread, spreads and fruit from Woolworths (Westfield Helensvale), for our NAPLAN breakfasts.

A huge thank you also goes to Tanya and Vicky, our cleaners and Norm Brooker, our groundsman for all the extra effort and time they put in to help organise and facilitate breakfast on all three days. Many teachers, teacher aides and student teachers also came to help. They say it takes a village to raise a child. The community of people who care about and support the students at this school, makes it a wonderful “village”.
Thank you
Jane Rheeder

Homestay Families

Share your home with an international student

Homestay families are required to provide a good, caring home for our international students:
- Introduce your family to another culture
- Learn another language
- Make long term international friends
- Share our Australian culture and lifestyle
- Students will attend Helensvale State School

For your opportunity to be part of this cultural exchange experience please complete this form and return to the Helensvale State School office.

Host Family Name: _____________________________
Address: ______________________________________
Telephone: ____________________________________
Mobile: ______________________________________
Email: ______________________________________
Number of children living at home: _____________
Name and age of child/children: __________________

What pets do you have? ________________________

News from 2C

This term 2C is learning to write a narrative.

The structure of a narrative consists of the orientation or beginning. This includes the setting and characters. We need to think about who, what, how, where and when to write the orientation.

Secondly, we have the complication. This is the problem that happens in the story. Next is a series of events and the resolution. This is when the problem is solved. Finally the ending to the story.

In class, we have read The Rainbow Fish. This is a narrative because it has an orientation, a complication, resolution and an ending.

The orientation: A long way out in the deep blue sea is a fish with shiny, multi-coloured scales. His name is Rainbow Fish. He is very fond of his scales. One day, a small fish asks him if he could have one of his scales. Rainbow Fish refuses in a very rude way.

The Problem: The other fish are really upset about his behaviour and don’t want to play with him anymore. Rainbow fish feels very lonely.

Resolution: The starfish tells him to go visit the octopus. He goes to the wise octopus and she tells him to give away his scales. When he encounters the small fish a second time, the Rainbow Fish gives her one of his precious scales and he feels much better. Soon Rainbow Fish gives one shiny scale to the other fish until he has only one left.
In the end, he is less beautiful than he was before, but he has new friends and is now the happiest fish in the sea.

These are some of the rainbow fish we made. Each one has one shiny scale to show that he has learnt to share. He now has friends and is happy.

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**News from Prep B**

In Prep B, we have been focusing on learning our letters. Every morning we work on a new letter, making its sound and thinking of words that have that letter at the beginning, middle or end. We practise writing the capital and lowercase letters, writing our words and draw the pictures to help us learn our letter sounds.

Miss Gilday and Mrs Pullman have noticed how much we have improved in recognising our letters and their sounds and how we are applying this to RTI and in our literacy rotations.

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**PE News**

**Student Success**

Congratulations to Brodie M and Jhett P on their selection in the Broadwater District Touch Footy Team. We wish them all the best when they compete at the South Coast Championships later this term.

**Michael Cacciola**
Community News
Published by The Administration Department

Advertising in our Newsletter
Advertising Space is now available within our newsletter

Please phone Michelle on 0400 992 479 or send an email to michelle.m@austnews.com.au if you are interested in advertising your business.

YUGAMBEH
Welcome - Jingeri

Yugambeh tomorrow is a campaign to unite the community through cultural pride from the past to our tomorrow. Yugambeh mobo aims to ensure our Aboriginal culture, concepts and values are part of the South East Queensland story.

YUGAMBEH Presented by Yugambeh Museum and Somerset College
SUNDAY 29 May 2016
11.00 – 4.00pm

The Gold Coast’s biggest celebration of Aboriginal bush foods, stories, music, language, art and culture.

MOBO FESTIVAL

Aboriginal and Torres Strait Islander Mental Health First Aid Course

We respectfully acknowledge the traditional custodians of the beautiful land in which we live, work and play, and pay our deepest respect to our Elders past, present and future.

This two day course is conducted by the Aboriginal and Torres Strait Islander Health Service, Gold Coast Hospital and Health Service and on occasions may be co-facilitated with other services.

Mental health first aid is the help provided to a person who is developing a mental health problem, or who is in a mental health crisis, until appropriate professional treatment is received or the crisis resolves. Mental health first aid strategies are taught in evidence-based training programs authored by Mental Health First Aid (MHFA) Australia and conducted by MHFA Instructors across Australia.

The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as a 14 hour course, typically conducted in 6 modules that we are holding it over two days. This course teaches health professionals and community members (16 years and over) how to assist an Aboriginal or Torres Strait Islander adult who is developing a mental health problem or in a mental health crisis.

Who can attend the course?

This course is targeted to Gold Coast Aboriginal and Torres Strait Islander community members over 18 years old.

However, if there are vacancies the course will be made available to Aboriginal and Torres Strait Islander Community members from outside of the Gold Coast, Non-Indigenous Community members and staff of services working with Aboriginal and Torres Strait Islander clients. Please contact the service to confirm availability.

Please note, this course is not a cultural awareness, therapy or support group rather it is an education course to learn how to give first aid to others.

What the course covers

- Aboriginal and Torres Strait Islander social and emotional wellbeing
- Mental health problems in communities
- Mental health first aid strategies for working with Aboriginal and Torres Strait Islander communities
- Developing mental illnesses:
  - Depression
  - Anxiety
  - Gradual onset psychosis
  - Substance misuse

What the course covers (Continued)

Mental health crisis situations:
- Suicidal thoughts and behaviours
- Severe effects of drug or alcohol use
- Traumatic events
- Non-suicidal self-harm (sometimes called self-harm)
- Aggressive behaviours
- Panic attacks
- Severe psychotic states

Course Format

The Aboriginal and Torres Strait Islander Mental Health First Aid Course is designed as a two day face-to-face course conducted in 6 modules.

Course participants will receive a Certificate of Completion.

Cost

Attendance at all courses is free. Tea/Coffee, morning tea and Lunch provided.
2016 Course Calendar
8:45am – 4:30pm

KIRRA HILL COMMUNITY CENTRE
1 Gerrick Street, Coolangatta (see map)
- 15 & 22 April
- 19 & 26 August
- 21 & 28 October

SOUTHPORT COMMUNITY CENTRE
6 Lawson Street, Southport 8:45am – 4:30pm
- 17 & 18 March
- 22 & 29 July
- 2 & 9 December

Click here to download
1457560570_AboriginalandTorresStraitIslanderMentalHealthFirstAidCourse.pdf

2016 Mobo Festival
The Gold Coast’s biggest celebration of Aboriginal culture!

Live Entertainment
Storytelling, Music & Art
Culture, Language & Bush Foods
Free Activities + Ticketed Workshops
Join the Journey...
11am–4pm
Sunday 29 May
Somerset College
Somerset Drive, Mudgeeraba

www.yugambeh.com/mobo Facebook: Yugambeh Museum

AustNews ePublisher
13/05/2016
http://epublisher.net.au/public/newsletter/ViewNewsletter?u=3pHF_k2KzutEeSUPgn...
NORTHERN GOLD COAST
COMMUNITIES FOR CHILDREN
Oxenford and Coomera Community and Youth Centre (OCCYC)
25 Lago Graham Way Oxenford
Tel: 07 5629 8760 / 604 968
E: family@youthcentre.org.au

FREE PROGRAMS FOR PARENTS Term 2 2016

PARENTING MADE EASIER
(4 weeks)
This is a four session program for parents and carers of children aged 0 - 12. It will help you understand children's misbehaviours, and provide you with strategies to develop and foster emotional resilience, respect, empathy, and responsibility in your children.

Week 1 - Friday 30th April, 5pm - 7pm
Week 2 - Thursday 7th May 10am - 11.30 am
Week 3 - Friday 21st May 5pm - 7pm
Week 4 - Thursday 4th June 10am - 11.30 am

TUNING IN TO KIDS
(4 weeks)
Confounded by the Myer's Charities Foundation
This six session program teaches parents and carers of children aged 0 - 12 years how to become their child's emotional coach, help your child build resilience through understanding and managing their emotions. Also suitable for parents of children with anxiety and/or behavioural issues.
Week 1: Thursday 9th June, 6pm - 8pm
Week 2: Thursday 16th June, 6pm - 8pm
Week 3: Thursday 23rd June, 6pm - 8pm
Week 4: Thursday 30th June, 6pm - 8pm

RELATIONSHIP RESCUE
(one day course)
This one day program offers an opportunity to explore ways to have a fabulous relationship, repair a captured relationship, and understand why a relationship may not be working. Relationships include parents, siblings, work associates, partners and children.
Saturday 11th June, 9am - 4pm

ANGER MANAGEMENT/CONFLICT RESOLUTION
(4 weeks)
NEW! A four session program, which covers information about anger - what it is, how it impacts on our lives and relationships, and strategies about how to manage anger, feel happier, and improve the quality of our lives and relationships.
Week 1: Thursday 9th June, 6pm - 8pm
Week 2: Thursday 16th June, 6pm - 8pm
Week 3: Thursday 23rd June, 6pm - 8pm
Week 4: Thursday 30th June, 6pm - 8pm

BABYSITTING TRAINING
(5 weeks)
For 12 - 17 year olds, five week course uses a practical and fun approach to babysitting. The course covers interactions with kids, house first aid, basic child development, and tips on managing difficult behaviours. Babysitters insurance is provided.
Monday 27th June, 6pm - 8pm

_Consumers For Children is funded by the Australian Government Department of Social Services.
All programs are held at Oxenford and Coomera Community and Youth Centre except where indicated otherwise.

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Helpful Phone Numbers

Electricity Loss of Power 1300 612 002
Faulurs Information Line (24 hours) 331 126
Coomera Police Station 5619 5998

24 Hour Support Services
Alcohol & Drug Information Service 1800 008 633
Domestic Violence 1800 010 200
Fun & Drug Support 1300 580 100
Syd Hebby Line 1800 777 777
Melb Line Australia 1300 789 878
Bayfair Blue 1300 724 200
Lifeline Centre Line 1800 121 520

Parenting & Child Support Services
Broadbeach 1300 000 268
Child Mouse Prevention Service 1300 136 136
Keelhar Queensland (Child safety in schools and out. Help of safety equipment are not our responsibility) 0412 185 625
Pregnancy Helm 1300 139 131

Child Health Services
Child and Youth Health www.ych.com

Practical health information for parents, carers and young people.
Common entity: Child Health
Brisbane: 1300 899 101
Laneway General 1300 755 555
Brisbane: 1300 755 555
