Leadership Team Update
Published by The Administration Department

Important Dates

Date Claimer
The P&C AGM will be held on Wednesday March 22nd, at 7pm in the Teacher’s Staffroom in the administration building.

Year 6
Year 6 Camp
Wednesday 26th April - Friday 28th April
Cost: $250
Deposit of $65 due Monday 27th February

Years 3
Starlab
Monday 6th March
Cost: $9.50
Last day for payment is Wednesday 1st March

The finance window is open Mondays and Wednesdays 8am – 9.30am. Please assist us by adhering to these times. All excursions and incursions have closing dates to make payment. Please ensure you pay by the due date as no late payments will be accepted. If you have any concerns please contact Tracey Smith in the office or via email: tsmit517@eq.edu.au

Dear Helensvale Community

3rd Party Website Permission Forms are overdue. Your child can not use computer programs until the forms are signed. Please make this a priority tonight.

Daniel Morcombe Foundation Visit
On Tuesday this week, Denise and Bruce Morcombe visited our school to continue the educational work of the Foundation. Students in Years 3-6 attended the interactive presentation which was informative and was very focused on each child being made aware of their safety at all times. The commitment and determination of Bruce and Denise to ensure that a similar situation does not occur in the future is un-wavering.
The leaders welcomed Denise and Bruce Morcombe to Helensvale State School.

Do you have 5 adults you can talk to?  
Keep yourself safe!

Principal Mike Shambrook and Deputy Terry Welch would like to thank Denise and Bruce Morcombe for sharing their safety tips with the students.
Next term, Bravehearts will be delivering a similar child safe program aimed at younger age groups.

**Active School Travel**

Our Active school travel program is commencing in Week 5. The GCCC coordinator will be meeting with our team on Friday this week. In 2016 this program was highly successful in educating parents and students about the benefits of travelling to school by alternate travel modes.

**Commonwealth Games Visitor from Jersey**

In preparation for the 2018 Commonwealth Games being held on the Gold Coast, schools have been allocated a country in the Commonwealth to learn about. Our school was awarded a small land mass near France which is called Jersey. In the lead up to the Games our school has been engaging with a sister school to learn about this tiny country. Today we welcomed Pipa Jefferies from CGA and Paul Du Feu who is the representative for our sister school in Jersey. The visit has strengthened the bonds between our schools.

**Quote of the week**

Do not educate your child to be rich. Educate him to be happy. So when he grows up, he’ll know the value of things, not the price.

**School Calendar**

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<tr>
<th>Term</th>
<th>Monday</th>
<th>Tuesday</th>
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<td>Week 4</td>
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Please note: Assemblies start at 2:15 unless stated otherwise.
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<td>2:15pm Whole School Assembly</td>
<td>Australia Day Public Holiday</td>
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<td>2</td>
<td></td>
<td>Year 2-3 Assembly</td>
<td>Year 4-5-6 Assembly</td>
<td>Prep-Yr 1 Assembly</td>
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<td>3</td>
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<td>5-6:30 Meet the Teacher Night</td>
<td>8:00 Brisbane Heat Van on Oval</td>
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<td>16 Feb</td>
<td>17 Feb</td>
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<td>4</td>
<td>Parenting Group</td>
<td>11-14 Daniel Morcombe foundation talk to Yr 3-6</td>
<td>Year 4-5-6 Assembly</td>
<td>District Swimming</td>
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<td>1:00 Helensvale High School talk to Yr 6</td>
<td>P&amp;C Meeting</td>
<td>Prep-Yr 1 Assembly</td>
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<td>5</td>
<td>Kids Know How Workshop Parenting Group</td>
<td>How to help your child read at home Workshop for Prep Parents 2.20pm PrepP classroom</td>
<td>Kids Know How Workshop</td>
<td>Lunch Time - AFL staff will be here to do a clinic with girls on the oval</td>
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<td>6</td>
<td>Parenting Group Kids Know How Workshop</td>
<td>Year 2-3 Assembly</td>
<td>Year 4-5-6 Assembly</td>
<td>Kids Know How Workshop</td>
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<td>Prep-Yr 1 Assembly</td>
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<td>7</td>
<td>Parenting Group Parent Teacher Interview Book in Open Year 3 - Starlab</td>
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<td>Kids Know How Workshop</td>
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<td>Parenting Group Kids Know How Workshop</td>
<td>Year 2-3 Assembly</td>
<td>Year 4-5-6 Assembly</td>
<td>Prep-Yr 1 Assembly</td>
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<td>9</td>
<td>Parenting Group Parent Teacher Interview Week Harmony Day</td>
<td>P&amp;C AGM 7pm Admin Building</td>
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Parents and Carers,

We would like to offer an informal information session on ‘How to help your child read at home’ If you are struggling with the ‘How To’ of beginner readers or just want to confirm that what you are doing is right, then come along.

This session will be held at 2.20pm until 2.55pm on Wed the 22nd of February in Prep F’s Classroom with Mrs Swadling. Please RSVP to fswad1@eq.edu.au if you wish to attend.

Many thanks

The Prep Team

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How to help your child read at home

With Week 4 underway, Prep A have been very busy learners understanding and practising the expected rules and routines of the classroom. Everyone has been excited to meet our You Can Do it friends who have been teaching us persistence, resilience, organisation, confidence and how to get along.

We have been enjoying getting to know our classmates through activities such as Show and Tell, Inside Learning Time and outdoor games. Many of us are having a lot of success with our Numeracy goal of counting forwards to 20 and everyone is beginning to look for clues in the pictures first when reading. Thanks must go to our Mums, Dads, Nans, Grandmas and Pops who have helped us to settle so well into our first year at school.
Bunburra Jajumms Yathgalen
Beach Children Whisper

DATE CLAIMER

It’s cool to be in School

Attendance Goal for 2017: 95% Currently 88%

NEWS FROM AUNTY VICKI
Tips for turning up on time to school. School is your place to learn and build skills.

SCHOOL SHIRTS
Child $35
Adult $50
Available in most sizes

SIGNIFICANT DATES
13th February
This date marks the anniversary of the Prime Minister Kevin Rudd’s apology to Australia’s indigenous people for the past laws, policies and practices that have impacted on Australia’s first Nations People, particularly members of the Stolen Generation.

DEADLY JAUMUMS
Every day counts.

WORD OF THE WEEK
Bullng - Strong
Hello Everyone,

We are desperately seeking volunteers to do the all-day shifts. We need you from 9am until 2.15pm. We will supply your lunch and tea or coffee. If you have children at the school, you don’t need a blue card to start. You will be processing and recording lunch orders, stocking chips and drinks, washing up, packing lunches, serving children and meeting other parents. Time goes quickly and it is quite fun. It is a great way to meet other parents if you are new to the school and if you are job seeking, it is a good stepping stone to paid work.

Also if you have a spare hour or two in the morning after dropping off the kids at class, we need help processing the baskets. Once this is done it makes the day run smoothly. So if you can spare an hour or two that would be great too.

Please note that we can only accept Australian currency as legal tender for orders. If we receive foreign coins they will be taped to the bag and we may have to change their order to accommodate the amount. Please note that we cannot take NZ coins either, as they weigh differently, and the banks won’t accept them.

We look forward to your support of the Tuckshop and hope to see a few of you as volunteers!

Cheers,

Tracy Wall
Tuckshop Convenor

Uniform Shop News

SENIOR SHIRT ORDERS

Just a friendly reminder that the orders for this year’s Senior Shirt close this Friday 17th February.

Shirts cost $37.00 and a deposit of $18.50 is required at time of ordering. If you are having difficulty in paying this week, please don’t hesitate to contact me. It’s important to at least order your child’s shirt in their size as these shirts are made to order, and there is no second run! Once shirts are ordered, they take a couple of months to make and...
are expected to arrive around Easter. Full payment is required before shirts will be delivered, however I’m happy to hold onto your child’s shirt until you are able to pay.

There has been a problem this year with the Senior Shirts being listed on Flexischools. I’m hoping this will be corrected this week. Apologies for any inconvenience caused.

Please contact me at the Uniform Shop if you have any questions.

YEAR 6 RELIGION BOOKS

This year, the religious education teacher for Year 6 (only), has requested that students do not need to purchase a religion book for this year. If you have ordered one, and paid, I have sent a note home to inform you of a credit owing to you for these books. You can use your credit in the Uniform Shop, or pop in to the shop to receive your refund.

Chris Jupe
Uniform Shop Convenor

Community News
Published by The Administration Department

Advertising in our Newsletter

Advertising Space is now available within our newsletter

Please phone Michelle on 0409992479 or send an email to michelle.m@austnews.com.au if you are interested in advertising your business.

HOCKEY

Any students wishing to play Club hockey will be welcomed at LABRADOR HOCKEY CLUB.

The Club is now recruiting boys and girls for the 2017 season.

For more contact information visit www.tigersfix.com.au

For children under 10, sign on is at 9am - 11am Saturday 4th March at the Labrador Hockey precinct. Look for the Labrador Hockey tent. Then any Saturday thereafter at the Labrador Clubhouse. Access is via Hockey Lane off Musgrave Ave.

For more information, email Bruce at juniordev@labradorhockey.org.au
<table>
<thead>
<tr>
<th>Week 1</th>
<th>Date</th>
<th>Event</th>
<th>Purpose</th>
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<tr>
<td></td>
<td>Monday 20 February</td>
<td>Year 6 Parent Information Evening Academy Programs (Yr 7 2018)</td>
<td>EXCITE 5:30-6:15pm PAC</td>
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<td></td>
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<td>Helensvale State High</td>
<td>The Arts, E&amp;I, Japanese and Sports 9:30 - 2:00pm SAC</td>
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<td>Student Activity Centre (offHelensvale Rd)</td>
<td>Information and Processes</td>
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<td></td>
<td>This is part of a general enrolment information session. It is specifically for Academy Programs only.</td>
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<tr>
<td></td>
<td>Tuesday 21 February</td>
<td>Academy Applications 2018 Open</td>
<td>Applications must be submitted in hard copy to the Helensvale SH Administration Office</td>
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<tr>
<td></td>
<td>Wednesday 22 February</td>
<td>Yr. 7 2018 in Catchment Enrolments Open</td>
<td>In exceptional areas, enrolment applications are available from Helensvale State High administration office.</td>
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<tr>
<td></td>
<td>Thursday 23 February</td>
<td>Yr. 5 Parent Academy Programs Meeting Team (for 2018 Enrolments) Yr. 7 Helensvale State High School</td>
<td>Information about Academy Programs offered in 2017.</td>
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<tr>
<td></td>
<td>Thursday 2 March</td>
<td>Academy Application 2018 Close</td>
<td>Applications must be received by 5pm.</td>
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- Week 1: Monday 20 February, Year 6 Parent Information Evening Academy Programs (Yr 7 2018), EXCITE 5:30-6:15pm PAC, The Arts, E&I, Japanese and Sports 9:30 - 2:00pm SAC, Information and Processes. This is part of a general enrolment information session. It is specifically for Academy Programs only.
- Week 2: Tuesday 21 February, Academy Applications 2018 Open, Applications must be submitted in hard copy to the Helensvale SH Administration Office.
- Week 3: Wednesday 22 February, Yr. 7 2018 in Catchment Enrolments Open, In exceptional areas, enrolment applications are available from Helensvale State High administration office.
- Week 4: Thursday 23 February, Yr. 5 Parent Academy Programs Meeting Team (for 2018 Enrolments) Yr. 7 Helensvale State High School, Information about Academy Programs offered in 2017. *Philosophy & Expectations.*
- Week 5: Thursday 2 March, Academy Application 2018 Close, Applications must be received by 5pm.

*Please note these dates may charge without notice. Helensvale SH will communicate any changes at the earliest possible time.*
HELENSVALE CALISTHENIC DANCE ACADEMY

Would you like to try a fantastic, fun dance sport? Then why not come along and have a look at Helensvale Calisthenic Dance Academy. Calisthenics is a combination of gymnastics/ballet/exercise/marching and dancing to music.

Classes are held at the Helensvale Community Centre and Helensvale State School on the following days and times:

Monday (Helensvale Community Centre)
- Call Dance 5 yrs and Under 3.30pm – 4.00pm
- Tinies 7yrs and under 4.00pm – 5.30pm
- Inters 16 yrs and under 5.30pm – 8.00pm

Tuesday (Helensvale State School)
- Juniors 13yrs and under 4.30pm – 6.30pm
- Seniors 16yrs and over 6.30pm – 9.30pm

Wednesday (Helensvale State School)
- Sub Juniors 10yrs and under 4.30pm – 6.30pm

For more information phone Sarah on 0412 980989 or email calisthenics@bigpond.com
Stepping Stones Triple P is a highly specialized program for parents of children with a disability and autism aged 2 to 12 years. It is part of the Triple P Positive Parenting Program, one of the world’s most effective parenting programs.

Stepping Stones gives parents the skills to raise happy, confident children and build stronger family relationships. It also helps parents manage problem behavior and developmental issues in children with disabilities.

The following FREE Stepping Stones Triple P programs have been scheduled through the Poliema Disability Service Centre:

- Group Stepping Stones (intensive 2 Days)
  - Day: Sat 6 May and Sat 20 May, 10am – 4.30 pm
  - Seminars (each seminar focuses on a particular topic)
  - Seminar 1: Mon 20 Jan, 10 – 12.30
  - Seminar 2: Tues 28 March, 10am – 12.30
  - Seminar 3: Date to be Advised

FREE PROGRAMS FOR PARENTS Term 1 2017

<table>
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<tr>
<th>BRINGING UP GREAT KIDS (4 weeks)</th>
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<td>A four week program that uses ideas of mindfulness and reflection to support parents to review and enhance their patterns of communication with their children, promote respectful interactions, and encourage the development of children's positive self-identity.</td>
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Thursday 23rd February – 16th March: 9:30 am – 11:00 am

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<tr>
<th>3, 3, 5 MAGIC &amp; EMOTION COACHING (3 weeks)</th>
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<td>A three session program designed to help parents/caregivers and educators of children aged 2 – 12 years to manage challenging behaviours. The program would work well as a preventative tool and for early intervention. A great framework that reassures the dignity of the child and the adult.</td>
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Friday 10th February – 13th February: 9:30 am – 11:30 am  
Friday 16th March – 23rd March: 3:30 pm – 5:30 pm

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<tr>
<th>TUNING IN TO KIDS (6 weeks)</th>
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<td>This six session program teaches parents/caregivers of 3 – 12 year old children to understand and manage their emotions. Also suitable for parents of children with anxiety and emotional and behavioural issues.</td>
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Tuesday 14th February – 21st March: 3:30 pm – 5:30 pm

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<th>CIRCLE OF SECURITY PARENTING (5 weeks)</th>
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<td>This five session program provides parents with strategies to promote a sense of security and a life of resilience and well-being in their children. Suitable for parents of 5-12 years old children. Also suitable for parents whose children have emotional and behavioural issues.</td>
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Wednesday 22nd February – 22nd March: 9:30 am – 12:00 noon

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<tr>
<th>ANGER MANAGEMENT AND CONFLICT RESOLUTION (4 weeks)</th>
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<td>NEW!! A four session program filled with information about anger – what it is, how it impacts on our lives and relationships, and strategies about how to manage anger, feel positive, and improve the quality of our lives and relationships.</td>
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Wednesday 1st March – 22nd March: 6:00 pm – 8:30 pm

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<th>ASSERTIVENESS (4 weeks)</th>
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<td>This is a four week nurturing program designed to build your self-esteem by supporting you to feel better about yourself, increase your confidence, and help you fulfill your goals in life.</td>
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Monday 27th February – 28th March: 9:30 am – 12:00 pm

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<tr>
<th>RELATIONSHIP RESCUE (4 weeks)</th>
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<td>This four session program offers an opportunity to explore ways to how a fabulous relationship, repair a ruptured relationship, and understand why a relationship may not be working. Participants include parents, siblings, work associates, partners, and friends.</td>
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Tuesday 21st February – 14th March: 6:15 pm – 8:45 pm

Child minding is available for a fee. Bookings are essential.

Communities for Children is funded by the Australian Government Department of Social Services.  

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Helpful Phone Numbers

Electricity Loss of Power 13 62 62  
Poisons Information Line (24 hours) 131 126  
Coomera Police Station 9519 5995

24 Hour Support Services  
Alcohol & Drug Information Service 1800 177 839  
Dads in Distress 1300 853 497  
Domestic Violence 1800 811 811  
Family Drug Support 1300 968 186  
Kids Help Line 1800 551 000  
Men's Line Australia 1300 789 978  
Beyond Blue 1300 224 666  
Lifeline Crisis Line: 13 11 14  
Alcoholics Anonymous 5511 2062

After Hours Doctors & Pharmacy  
National Home Doctor Service 13 74 25  
(Previously Medcall)  
Pacific Pines Amcal 5573 7722 (Midnight)  
Oxenford Amcal 5519 9200 (9pm)

Parenting & Child Support Services  
Brookfield Helpline 300 688 269  
Child Abuse Prevention Service 1800 688 009  
Kidsafe Queensland (Child safety indoors and out. Hire of safety equipment and car capsules) 3854 1829  
Pregnancy Helpline 300 139 313

Child Health Services  
Child and Youth Health www.veyh.com  
Practical health information for parents, carers and young people.

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http://epublisher.net.au/public/newsletter/ViewNewsletter?u=D1YX2G_14IvUbRy56... 17/02/2017
Early Years Hubs

Educational interactive playgroups for parents and children 0-5 years.
Join us for singing, dancing, Smallsports, Read & Grow, craft and cooking.
- Oxenford
- Upper Coomera
- Coomera
Call 55 298 087 for venues and times

Family Support and Counselling Services

- Relationship issues
- Depression and mood disorders
- Anger management
- Mental Health issues and illness
- Addictions
- Anxiety
Book your appointment on 55 298 087

Like us on Facebook - www.facebook.com/occycentre