Dear Helensvale Community

2017 Welcome

I trust the recent six week vacation (now possibly a faint distant memory) provided you with the opportunity to have some quality time to relax and enjoy the company of family and friends. This week many excited students shared with our staff their vacation exploits, including travel adventures, Christmas surprises and family additions. The challenge for our staff will be to maintain this excitement into class activities and student learning.

Our biggest welcome for 2017 is reserved for our 131 Prep students who are commencing their journey through the formal education system which will see them graduate from Year 12 in 2029.

The challenge for us as educators of this generation will be to commence early on the development of flexible learning skills that will be the essentials of these children’s early working lives in 2030-35.

On behalf of our school community I welcome back our continuing families and extend a warm Helensvale welcome to our new families from all over the world. We trust you will enjoy the Helensvale experience.

New Staff

This year we welcome five new staff to our teaching team. Members of our new staff attended a comprehensive induction program last week regarding our school / parent expectations, the ACARA curriculum, assessment planning and operational procedures that ensure our school runs effectively from day one.

Our new staff members are:

- Ms Alice Armstrong, A / HOSES from Burrows State School
- Mr Scott Williams, SEP teacher from Loganholme State School
- Mrs Mirella Zulli, Year 2 D from Varsity College
- Ms Rachael Moore PA/PC from Merrimac State School
- Sue Purton 1D from Biggera Waters
On behalf of the Helensvale school community I extend a warm welcome to our new teachers and know that they will quickly settle into the Helensvale family and bring new skills and talents to our dynamic teaching team.

Staff returning from leave

• Mrs Vicki Reineker Prep C
• Ms Jodie Parker Year 6 C

Staff on Leave

• Mrs Alison Martin returning Tuesday Week 2
• Mrs Karen Pyne returning Monday Week 4
• Miss Jane Barker returning Monday Week 4

Have a concern? What to do?

To assist parents to address concerns relating to our school the following process will be used by our school staff in 2017.

1. The first port of call for any issue is with the class teacher. The class teacher has direct contact with your child and is best placed to address class / playground issues.
2. If you have a broader issue and you have already discussed it with the class teacher without resolution, the office will then direct you to the Deputy Principal for that year level. Ms Welch Prep to Year 1, Mrs Austin Years 2 & 3, Mrs Ona years 4, 5 & 6.

I trust this information will assist you to resolve issues quickly and satisfactorily.

Reminder Road Safety around our school

Set Down / Collection Zone Killarney Avenue

Our school does not have a drop and go facility which presents challenges for parents dropping off and collecting children. In the morning traffic issues are better managed than in the afternoon. For the information of all parents, especially our new parents, I provide the key points on how this area operates.

In brief some of the key points that will get you a fine are:

• Parking on yellow lines/footpaths, over the kerb and across driveways
• Double parking or parking on the centre medium barrier in the PAC carpark
• Stopping/parking in the bus zone in Lindfield Road
• Making a “U” turn from the PAC carpark which is clearly marked no U turn

How NOT to get a fine!

• Plan your child’s drop off & pickup
• Delay your pickup time. Suggestion as most of the traffic chaos is significantly reduced by 3.10-3.15pm collect your child after the rush
• Arrange for older children to walk to a designated point near the school to avoid the traffic issues in the PAC carpark and Lindfield Road.
• Other pick up points which are less congested and used to collect students are in Discovery Drive near the skate park, adjacent to the back school gate and the tennis club carpark opposite the oval. In wet weather these options are less desirable.

School Speed Zone Times

School Speed Zone times in Queensland are in place and I remind parents that the times are 7.00am-9.00am and 2.00pm-4.00pm. Fines are significant and all drivers need to be aware of the time and their speed.

The penalties are:

• Less than 13kph over the speed limit $162 + one demerit point
• 13kph-20kph over the speed limit $243 + three demerit points
• 21kph-30kph over the speed limit $406 + four demerit points
• 31kph-40kph over the speed limit $568 + six demerit points
• More than 40kph over the speed limit $1137 + eight demerit points and six months license suspension
• Drivers caught doing more than 20kph over the speed limit twice in a 12 month period will be hit with double demerit points
Enrolment / Class Confirmation

As advised at the start of every year our final teacher allocation is not confirmed by Education Queensland until our enrolment figures for Day 8 (Thursday 2 February) are calculated. The Day 8 enrolment is used across all State schools to determine the number of teachers in each school. Currently enrolments are as expected and we are planning to make minor adjustments to our current teacher / class arrangements. Parents will be advised of any changes in class allocation by letter as soon as the enrolment numbers are finalised. Thank you for your understanding at this time.

Reporting an Absence

To report a student absence, parents are requested to telephone the absence line on 55561370. Email: absence@helensvaless.eq.edu.au.

Parents/caregivers of students absent from school will receive a text message, at approx. 9.30am daily, informing them that their child is absent. Parents have the option of replying to the text or phoning the school office on 55561333.

School Uniforms 2017

I take this opportunity to restate that our uniform expectations for 2017 will strictly follow the information on the school website.

The key issues to be addressed for 2017:

Footwear: From the start of 2017, there will be no debate about what constitutes a black shoe. Black means black. Shoe retailers have numerous black shoe styles so the decision on what to purchase should be an easy one.

Socks: Socks need to be white. Helensvale school socks are the preferred socks for students.

Hair styles: Students have been reminded that the way they present themselves reflects on the entire school community. Hair should be secured back off the face. For those students (boys or girls) with long hair (past shoulder length), it must be worn in a tied/secured style (e.g. single or double pony tail). Hair accessories, clips and hair bands, must be in school colours.

School Uniform / Dress uniform: As per the website, students are required to wear the appropriate school uniform every day. Sports uniforms can to be worn any day except on assembly days where the formal checked uniform is to be worn.

In 2017 the uniform code will be strictly monitored.

Hats and Sun Safety

Our school wide brim bucket sun safe hat for Prep to Year 6 which is compliant with the Sun Smart guidelines. We thank parents for the high level of support demonstrated this week with uniform compliance and ask for continued support in this area so that we maintain the traditionally high standards expected by our school community.

School Assemblies

This term whole school assemblies in the PAC will be held for Prep to Year 6 commencing in the first and last week of each term. Our first assembly was held on Wednesday this week. The year level assemblies will be held in weeks 2, 4, 6 & 8, at 2.15 pm in the PAC.

Parents are invited to attend our assemblies when they are available.

Parent Teacher Evening Date Claimer

This is the start of two important aspects this school values – positive parent / teacher relationships and good communication. Parents will be able to meet your child’s new teacher for this year. Our teaching staff will outline school and class policies and our expectations, content to be covered and how parents can assist your child’s learning. You will find the session very informative. Meetings are held in your child’s classroom following a 30 minute presentation in the PAC on Tuesday 7th February at 5pm.

Homelines, Are you receiving our Newsletter Online!

Once you are enrolled you will automatically receive the Homelines newsletter via email each Thursday afternoon. Please check your junk mail box just in case it has ended up there.

Looking forward to an exciting 2017 and with the support of parents our school staff will continue to advance the learning of your child.
Welcome to our new and continuing families, teachers, school and P&C staff. For our new families I hope your time at Helensvale State School will be an enjoyable experience and both children and families come away enamoured in our School motto of Strive to Succeed. For those new to our school community I provide a brief overview of what our P&C is about.

The P&C oversees the running of 2 businesses based at the school. Our Tuckshop under the management of Tracey Wall and Liz Kaup provides a full food service five days / week with the online ordering available for busy parents. Our Uniform Shop is managed by Chris Jupe with the opening times available on our Facebook page.

These dedicated staff with their small band of volunteers, (volunteers always welcome) and employees will do their utmost to provide your family with a convenient service.

P&C Meetings – Our first meeting is scheduled for Wednesday 15 February in the Staff Room in the Admin block commencing at 7.00pm.

How can you be involved?

WE NEED YOUR INPUT, last year a number of new Prep and Year One Parents became involved in various aspects of the school. I strongly encourage any continuing or new parents and carers who may be interested, to come along and get involved. To all the current P&C team I look forward to working with you to support our families and students.

Tuckshop Volunteers

Tracey and Liz are looking for new volunteer helpers to assist our existing volunteers in the tuckshop. All help is appreciated even if it is only for 60 mins occasionally. Please see the ladies in the tuckshop if you can assist. If you cannot personally help out due to commitments maybe a grandparent or neighbour could assist. I thank you in anticipation of your support.

P&C Contributions to our school

In recent years the P&C has made a significant contribution to the school through the provision of aluminium seating around the school, bus shelter at the front of the school, Bigass fans in the PAC, annual graduating student prizes, major extension to the tuckshop over the holidays.

Scheduled P&C Events

15 February P&C General Meeting All parents are welcome.

Our calendar of events/ fundraising for 2017 will be available shortly.

P&C President

Karl Wall

2017 Class Teachers

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<th>PA</th>
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## School Calendar

Please note
Assemblies start at 2:15 unless stated otherwise

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<thead>
<tr>
<th>Term</th>
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<tr>
<td>Wk 1</td>
<td>23 Jan</td>
<td>24 Jan</td>
<td>25 Jan 2:15pm Whole School Assembly</td>
<td>26 Jan Australia Day Public Holiday</td>
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<td>Wk 2</td>
<td>30 Jan</td>
<td>31 Jan Year 2-3 Assembly</td>
<td>1 Feb Year 4-5-6 Assembly</td>
<td>2 Feb Prep-Yr 1 Assembly</td>
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<td>Wk 3</td>
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<td>13 Feb Parenting Group</td>
<td>14 Feb Year 2-3 Assembly</td>
<td>15 Feb District Swimming Year 4-5-6 Assembly</td>
<td>16 Feb Prep-Yr 1 Assembly</td>
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<td>20 Feb Kids Know How Workshop Parenting Group</td>
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<td>23 Feb Kids Know How Workshop</td>
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<td>Wk 6</td>
<td>27 Feb Parenting Group Kids Know How Workshop</td>
<td>28 Feb Year 2-3 Assembly Year 4-5-6 Assembly</td>
<td>1 Mar</td>
<td>2 Mar Kids Know How Workshop Prep-Yr 1 Assembly</td>
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### School News

Published by The Administration Department

Helensvale State School - Term 1 Week 1 27-01-17
INSTRUMENTAL MUSIC-BAND

I will be meeting with all Instrumental music students - new beginners and continuing next week. Their classroom teacher will let the students know of the day and time. At this meeting they need to tell me what class they are in and also if they have acquired their own instrument for this year. It is only then that I can allocated actual school instruments and get that paperwork organised.

If you are new to the school and either have a child who wants to learn (especially in Year 4) or if you have played a band instrument before at another school, please come down to this meeting with the other students.

If you have any questions please contact me by email spurt2@eq.edu.au

Looking forward to a fantastic year

Sue Purton
Band Director

PE News

Term 1 PE @ Helensvale

At Helensvale State School all classes attend a 30 minute lesson each week with the Physical Education Specialist teacher. In the Term 1 Physical Education lessons, students will engage in the following sports:

Week 2-5: Ten Pin Bowling
Week 6-10 Catching and throwing

These topics focus on and develop fundamental motor skills. In the first unit of ten Pin Bowling students will learn the correct technique, scoring and group work. Without the luxury of the motorised ball return, electronic scoring and pin set ups, students must work collaboratively in groups to set up pins, removing fallen pins, return the ball and score for each other.

We then move on to what forms the basis of so many other sports: catching and throwing. These fundamental motor skills, hand eye co ordination and skill set will be developed through a range of...
activities including underarm throw, over arm throw, power throwing, catching, juggling and much much more!

Due to the hot conditions we have been experiencing, and the potential of the wet season in term 1, lessons will be conducted undercover to ensure student health, safety and well being. Students are still encouraged to bring a drink bottle to PE lessons to ensure they stay hydrated. All students must still bring a hat to school every day.

If you have any further questions about the PE program at Helensvale State School please contact Mr Michael Cacciola mcacc1@eq.edu.au

Tuckshop News... Tuckshop News... Tuckshop News...

Hi Everyone,

Hope you all have a wonderful break over the holiday period and refresh and ready for the new term ahead.

If your child is having Tuckshop we have a few ways of ordering. We have online ordering through Flexischools. You log into the website and set up an account, which only you have access to. You can order your children’s lunches up to two weeks in advance, or you can set up a specific order for a particular day each week or you can do an order for a certain day that you need it. This is an easy way to order and is quickly processed at the Tuckshop.

You can write a Tuckshop order on a paper bag and send it and the money in the class basket, in your room. Just make sure it has your child’s name, class, and which lunch it is for on it. Morning Tea is at 11am and Big Lunch is at 1.30pm. If you are doing both lunches you will need to do a separate order for both lunches as we don’t get the bags back.

If you don’t have any bags or you need change or to pay by EFTPOS then come to the window before school and make an order. We have bags for you to fill out for 10c each.

Sometimes your order may be for slushies or cold items which we won’t send in the basket: your child will get a tag in the lunch bag. They will then come to the Tuckshop with their bag and the tag and exchange the tag for their item. This stops melting and spillage on the way to class. So if you are ordering these items, please make your child aware to keep their bag and the tag and go to the Tuckshop to get it.

If you send too much money and will require change with your order: we tape the change in the corner and write on the bag the change amount and circle it. If your child will be getting change from their order, please make them aware of this process so they don’t just throw the bag and money in the bin!

We need volunteers to help run the Tuckshop, so if you can spare a day or even an hour in the morning, your help would be greatly appreciated. We supply your lunch and drinks for the day. Helping in the Tuckshop is a great way to meet new friends, see how the Tuckshop is run and contribute to our school community. Your kids love seeing you at school too! If your child has anxiety, it is far enough away that you are close by if needed but not in the classroom as a distraction either.

The Tuckshop is run by the P&C and all funds raised in the Tuckshop, go towards projects in the school and student resources. We have just had an upgrade of the Tuckshop over the holidays and it is amazing the space we have now. So come and say hi and have a look at the new extension.

Hope to see you soon!

Tracy Wall
Tuckshop Convenor

Gold Coast Health Oral Health (Dental) Services

Gold Coast Oral Health Services are offering free dental check-ups to children in years 4 and 5.

This service will be provided on-site at Helensvale State School by the Mobile Dental Clinic. Hours of operation for this clinic are 7:45am - 4:30pm.

To arrange an appointment for your child telephone:
The Oral Health Client Service Centre
Ph 1300 300 850 Monday – Friday 8.00 am – 4.30 pm
Excluding Public Holidays

Child Dental Benefit Schedule Vouchers are accepted. When your child’s $1000 cap is reached, there will be no out-of-pocket expenses provided your child meets *eligibility criteria.

* Eligibility – All Queensland resident children aged four years or older who have not completed year 10 of secondary school.

Further information on public funded oral health services can be accessed via URL:

Community News
Published by The Administration Department

Advertising in our Newsletter
Advertising Space is now available within our newsletter
Please phone Michelle on 0409992479 or send an email to michelle.m@ausnews.com.au if you are interested in advertising your business.

Brisbane Heat Cricket Van Tour to Helensvale Primary School!
Wednesday 8th Feb @ 8am

On Wednesday 8th February the Brisbane Heat Cricket Van will visit our school at 8am on the oval. We will have inflatable activities, free Milo giveaways, music and heaps of promotional material for kids to get involved in their local Club cricket programs this year. Come along and join in the fun!!
Tuning in to Kids
Emotionally Intelligent Parenting
A six session parenting program for parents of children aged 5 – 12

Helensvale State School
8 Lindfield Road
Helensvale
Ph: 5556 1333. Ext 4995 E. jachd20@adsl2. Telstra.com.au

Monday 13th February – 20th March: 9:30 am – 12:00 pm

Would you like to learn how to:
+ be better at talking with your child?
+ be better at understanding your child?
+ help your child learn to manage their emotions?
+ help to prevent behaviour problems in your child?
+ teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with higher emotional intelligence:
+ have greater success with making and keeping friends.
+ have better concentration at school.
+ are more able to calm down when upset or angry.
+ tend to have fewer childhood disorders.

Emotional intelligence may be a better predictor of academic and career success than IQ.

Northern Gold Coast Communities for Children is funded by the Australian Government Department of Social Services.
Carers Gifting Carers

NO COST: School Uniforms and Local Sporting Uniforms – Northern Gold Coast for families who are affected by disability

A gifting project facilitated by FSGA through Coomera Family Central, but run by parent/carer volunteers. Carers are supporting other carers by passing on school uniforms and local sporting uniforms which are in good condition. This wonderful project came from a conversation between several carers, talking about the high cost of school uniforms versus the (often) limited income and extra costs incurred by families who have a family member who has additional needs. These carers decided that they would like to pass on to other families who have a child with a disability (for any or all of their children), and that Coomera Family Central could provide the connection to a larger amount of families.

All items are checked, small mends completed, washed in laundry powder that is suitable for sensitive skin and ironed - ready for gifting.

Would you like to be a part of this project? Would you like to donate or receive uniforms and perhaps talk to friends about donating uniforms? The guidelines are that we are accepting items in good condition (aparting the test of 'would my child wear it on the first day of school?')

FROM
Schools in the Northern Gold Coast Region (Helensvale and Gaven through to Ormeau) and local sporting groups

Enquiries: 5519 4129 / 55029797 or email familyresourcing@fsg.org.au

We are located at 3 Jowett St Coomera
Hi everyone! I hope you all had a great holidays! Everyone's getting excited about Tennis again with some great matches being played at the Australian Open. Why not let your kids try this great sport at Discovery Park Tennis Centre with the 2016 Gold Coast Tennis Coach of the year Johnny Stamenovic. They will have a great time while being active and learning from the best. Take advantage of our Australian Open Special which will give your child a free trial lesson. We can't wait to see you there!

Call now on 0416011378 Johnny
Tuning in to Kids
Emotionally Intelligent Parenting
A six session parenting program for parents of children aged 5 – 12

Helensvale State School
8 Lindfield Road
Helensvale
P: 5556 1333. F: 08 6922 3005 E: jache20@as.edu.au

Monday 13th February – 20th March: 9:30 am – 12:00 pm

Would you like to learn how to:
• be better at talking with your child?
• be better at understanding your child?
• help your child learn to manage their emotions?
• help to prevent behaviour problems in your child?
• teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with high emotional intelligence:
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Emotional intelligence may be a better predictor of academic and career success than IQ!

Northern Gold Coast Communities for Children is funded by the Australian Government Department of Social Services.
NORTHERN GOLD COAST COMMUNITIES FOR CHILDREN
Oxenford and Coomera Community and Youth Centre (OCCYC)
25 Leo Graham Way Oxenford  P: 55 209 087 / 65 864 965
E: family@youthcentre.org.au  W: www.youthcentre.org.au

FREE PROGRAMS FOR PARENTS Term 1 2017

BRINGING UP GREAT KIDS (4 weeks)
A four week program that uses ideas of mindfulness and reflection to support parents to review and refine their parenting styles. The program works equally well as a preventative tool and for ongoing support.
Thursday 2nd February – 16th March 9.00 am - 12.00 noon

1,2,3 MAGIC & EMOTION COACHING (3 weeks)
A three session program designed to help parents/tutors and educators of children aged 2 – 12 years to manage challenging behaviours. The program works equally well as a preventative tool and for ongoing support. A great way to help ensure the safety of the child and the adult.
Friday 10th February – 10th February 9.30 am – 11.30 am
Friday 10th March – 24th March 9.30 am – 12.30 am

TUNING IN TO KIDS (6 weeks)
This six session program teaches parents/Carers/teachers of children aged 3 – 12 years how to ‘tune in’ to your child’s emotions. Help your child build resilience through understanding and managing their emotions. Also suitable for parents of children with disability and emotional and behavioural issues.
Tuesday 14th February – 21st March 9.30 am – 12.00 noon

CIRCLE OF SECURITY PARENTING (5 weeks)
This free session program provides parents with strategies to promote a sense of security and a sense of well-being in their children. Suitable for parents of children aged 3–10 years. Also suitable for parents whose children have developmental and/or emotional issues.
Wednesday 22nd February – 22nd March 9.30 am – 12.00 noon

ANGER MANAGEMENT AND CONFLICT RESOLUTION (4 weeks)
NEW! A four session program filled with strategies of anger – what it is, how it impacts on our lives and relationships, and strategies about how to manage anger, feel better, and improve the quality of our lives and relationships.
Wednesday 1st March – 22nd March 6.00 pm – 8.30 pm

ASSERTIVENESS (4 weeks)
This is a four week program designed to help you build your self-esteem by supporting you to feel better about yourself, increase your confidence, and help you reach your goals in life.
Monday 27th February – 20th March 9.30 am – 12.00 noon

RELATIONSHIP RESCUE (4 weeks)
This four session program offers an opportunity to explore ways to save a relationship, repair a damaged relationship, and understand why a relationship may not be working. Participants include parents, children, work associates, partners, and friends.
Tuesday 28th February – 14th March 6.15 pm – 8.45 pm

Child minding is available for a fee. Bookings are essential.
Communities for Children is funded by the Australian Government Department of Social Services.  

Helpful Phone Numbers

Electricity Loss of Power 13 62 62
Poisons Information Line (24 hours) 1300 1326
Coomera Police Station 5519 5955

24 Hour Support Services
Alcohol & Drug Information Service 1800 177 839
Deaf in Distress 1300 853 457
Domestic Violence 1800 811 811
Family Drug Support 1300 368 186
Kids Helpline 1800 551 000
Men’s Line Australia 1300 789 978
Beyond Blue 1300 244 656
Lifeline Crisis Line: 13 11 14
Alcoholics Anonymous 5591 2062

After Hours Doctors & Pharmacy
National Home Doctor Service 13 7425
(Previously Medcall)
Pacific Pinea Amcal 5573 7722 (Midnight)
Tweedmor Amcal 5519 4381 (From 1pm)

Parenting & Child Support Services
Broadbeach Helpline 1800 686 268
Child Abuse Prevention Service 1800 688 069
Kidsafe Queensland (Child safety indoors and out, Hire of safety equipment and car capsules) 1300 1818
Pregnancy Helpline 1300 139 313

Child Health Services
Child and Youth Health www.ysq.com
Practical health information for parents, children and young people.
Community Child Health
Gold Coast 5687 9183
Logan Central 3307 5933
Beaudesert 3827 9833

1300 Health——1343 2549
Rural Fire Services Gold Coast 5597 4101
Coomera Valley 5573 3566
Early Years Hubs
Education interactive playgroups for parents and children 0-5 years.
Join us for singing, dancing, Smallsports, Read & Grow, craft and cooking.
- Oxenford
- Upper Coomera
- Coomera
Call 55 298 087 for venues and times

Family Support and Counselling Services
- Relationship issues
- Depression and mood disorders
- Anger management
- Mental Health issues and illness
- Addictions
- Anxiety
Book your appointment on 55 298 087

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