Dear Parents & Caregivers,

**Beams School Visit from Japan**

This week our school welcomed seven students from the Beams English School in Japan as part of an educational exchange for 7 days. The students are currently enjoying the hospitality of our homestay families and enjoying the many activities available on the Gold Coast. The students are having intensive English lessons each day to further strengthen their English speaking skills. I thank all our homestay families for hosting our friends from Japan and Mrs Ise for coordinating the exchange.

**NAIDOC Assembly**
Yesterday our school held a special NAIDOC day to acknowledge the indigenous people of Australia. As NAIDOC week was scheduled during the school holidays, we held our special day to ensure that the significance of NAIDOC week is shared with all our students. Activities held yesterday included, our whole school assembly where the Yugambeh Aboriginal dancers presented a colourful and educational dance routine and an address from Aunty Pat about the importance of sharing our indigenous culture. Students also attended informative talks from Helensvale High School students Jayden C and Declan K about the 2014 NAIDOC theme.
School Photos Distributed

Our school photos have been distributed to students and I trust families enjoyed the images of their child. As a family, my school photos took pride of place on the display case until the following year’s photos arrived, showing my growth and maturity. Shortly we will forward to parents a survey monkey regarding parent satisfaction with the photos.

FETE Countdown

With just 30 days to the 30th Anniversary fete I ask parents to contact our fete conveners if you can help on the day. Your assistance will be greatly appreciated. This week the raffle tickets were forwarded home with great prizes on offer. If any families require additional tickets please contact Lisa Rae on 0406920317.

Quote of the Week

“You have this idea that you’d better keep working otherwise people will forget. And that was dangerous. And then you realize, no, actually if you take a break people might be more interested in you.” The late Robyn Williams

Michael Shambrook

Principal
From Mrs Donovan’s Desk

Dear Parents

Parent/Teacher/Student Meetings will be held on Tuesday 9 September. Teachers will be available from 3.15 pm – 6.45 pm to meet with parents and discuss your child’s progress. Alternatively, teachers will be available at various times from Monday 8 September to Friday 12 September. You can now book interviews at times that suit YOUR FAMILY BEST.

Go to www.schoolinterviews.com.au and follow these simple instructions.

Go to www.schoolinterviews.com.au
Enter GNFBT school event code.
Then follow the 3 simple steps.

1. Enter your details
2. Choose teachers
3. Choose times

When you click finish, your interview timetable will be emailed to you automatically - check your junk mail folder if you do not receive your email immediately.

You can return to www.schoolinterviews.com.au at any time, and change your interviews - until bookings close.

For parents that don’t have access to the internet at home, at work or on their phones, please contact June Northfail in Administration on 5556 1333 to book a time. Interviews are 15 mins and spaces are limited. If you require more time, please contact your teacher directly to make alternative arrangements.

Parents can change their interview bookings, any time prior to the closing date, by re-­visiting the www.schoolinterviews.com.au website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact the school directly on: 5556 1333

We would love to hear what you think about online booking. If you get time, click on the “contact us” button on the www.schoolinterviews.com.au website, and leave some feedback - anonymously if you wish, but please include the school’s name and suburb.
Help us win a $20,000 staffroom makeover!

Thanks to QT Mutual Bank we have the chance to win a $20,000 staffroom makeover as part of their “Staffroom for Improvement” competition.

The prize is a complete makeover of our school’s main staffroom. The winning school will be the one with the most votes weighted against the number of students, so any school, small or large has an equal chance to win.
We need as much support from our local school community as possible. Even if we don’t take out top prize we have the chance to win a $10,000 as part of the People’s Choice award.

Simply visit www.staffroomforimprovement.com.au to read the terms and conditions and register your interest today. The competition kicks off on 18 August so spread the word and get as many people as possible to vote for our school.

From Prep, Years 1, 2 and 3

This term in Science, 2E is completing Good To Grow activities. In this unit, we are examining how living things, including plants and animals, change as they grow.

The animal that we have chosen is the mealworm. We put the mealworms in two containers and added some rolled oats and bran for them to burrow in. Each day we add an apple core so that the mealworms have something to drink and eat. The mealworms have been growing and now they are beginning to turn into pupae. Soon we hope to see some Darkling Beetles.
In Week Three, we planted a bean seed each. This seed is receiving sunlight and water so that it will grow. On Monday we were lucky enough to see that a lot of our seeds have begun to sprout and when we look carefully we can also see some roots.

We are also undertaking some experiments with seeds to see what happens when they do not get water or light. We have made some scientific predictions about what we believe will happen.

Teach our children to be safe on the road –

cross at the crossings

School News

Dear Parents/Carers,

Due to the increase in our community accessing online banking to pay school activities our Finance Window will open on Tuesdays, Wednesdays and Thursdays from 8am to 9.30am. If Parents/Carers would like any information on how to access online banking please email Tracey Smith on tsmit517@eq.edu.au or phone on 55561333.
Student Absence Line
- 55561370

Don't forget we have a convenient absence line for parents/carers to access 24/7. Parents can leave a message in relation to student absence for the class teacher on this line. Please phone and leave the following information:

- Child/Childrens Name
- Child/childrens class
- Date of absence
- Reason for absence

School News Calendar

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<tr>
<th>Mon 18th August</th>
<th>2014 Primary Schools Challenge-Oz Tag</th>
<th>Palm Beach</th>
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<th>Payment closes 15/8/14</th>
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<tr>
<th>Mon 18th August</th>
<th>GC Eisteddfod 2014- Drumline</th>
<th>GC Arts Centre</th>
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<td>Tues 19th August</td>
<td>GC Eisteddfod 2014-Junior Band</td>
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<td>GC Eisteddfod 2014-Senior Band</td>
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<td>Burleigh Heads National Park-Year 2</td>
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<td>Tues 26th August</td>
<td>Burleigh Heads National Park-Year 2</td>
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<td>Afternoon-2A</td>
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<tr>
<td>Thurs 11th September</td>
<td>Currumbin Wildlife Sanctuary</td>
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Child & Adolescent Oral Health Service

Gold Coast Hospital & Health Service

Students in grades (7,6,5,3,2,1) have been provided with an offer of oral health care examination card to take home.

If your child is enrolled in one of the grades listed above or are new to the school and did not receive an examination card and would like to arrange for your child to receive oral health care please contact the Oral Health Call Centre 1300 300 850. Monday to Friday 8.00 am – 4.30 pm Excluding Public Holidays.

If your child requires disability access please identify this requirement with the Call Centre Operator.

Week 5 - Focus Skill
Helensvale State School

Focus Skill

“How to behave in the PAC”

School rule: Be respectful, Be safe
You can do it key: Getting Along, Resilience

At Helensvale we respect our Performing Arts Centre.

We use this for special ceremonies and assemblies.

When we enter the PAC we are silent.

We walk quietly to our class spot.

We sit in our class lines with our legs crossed and our mouths closed. Each class has 2 lines of students

We use the 5 L’s of listening.

We look at the speaker.

When the National Anthem is played we stand quietly with our hands by our sides, we are being respectful.
If you are called up for an award, you leave your row quietly and walk to the stage. Shake hands and display your award. You should be proud of your achievements.

Use the steps to get on and off the stage.

If you need to leave your spot put your hand up so the teacher can see you. When instructed move quietly to the end of the row. The teacher will then direct you to the toilet, office or wherever you need to go.

If you use the PAC toilets, remember to flush as visitors to the school may be using the toilets after you. Wash your hands and turn off the tap.

We do not bring food or drinks into the PAC.

We do not run in the PAC.
No Students are to touch the Audio Visual equipment behind the stage. The teachers will organise this for you if you need a microphone or lights for your performance.

When the classes enter the PAC - Prep to grade 2 will enter from the side doors at the far end near the Green Room.

Grades 3, 4 and 5 will enter through the main glass doors.

Grades 6 and 7 will enter from the back door.

When the class leaves the Pac you will leave through the same door you came in. Peel off from the back. Do not try to leave before the class behind you.

We are safe and respectful in our Performing Arts Centre.

PE News

Helensvale School Athletics Team
Congratulations to the students who represented our school at the recent Gold Coast North Athletics trials. Students invited to the trials had to reach a high qualifying standard just to make it there, so this was a great achievement in itself.

Well Done to Charlie P, Clarice P, Isabella H and Tehaavi M for qualifying for the South Coast Athletics trial to be held later this term. Samuel T and Xavier M have also qualified for the upcoming South Coast regional Athletics Trials.

YMCA

Term 3

How fast has the year gone! Come join us for our Holiday Club. Our holidays are certain to be full of fun and excitement as we explore many different and adventurous activities. Our activities will include a mix of indoor, outdoor, individual, group, musical, creative, dramatic and culinary experiences. Our incursion for Wednesday 24th September Robomania Show will visit here at the Centre, our excursion to Time Zone in Surfers Paradise will be on Wednesday 1st October.

If you would like to join us please call in or phone for our Holiday Club booking form.

Active After-School Care this Term Monday Dance, Wednesday Junior Golf, and Thursday Senior Golf.

Phone 07 56659216
Mobile: 0438166533

ahv@ymcabrisbane.org

P & C News

P&C Fete News

Our big day is getting very close and we still have lots of work to be done. We have an amazing day planned with some wonderful food vendors, entertainment, rides, class stalls, stalls, pony rides and farmyard and soooo much more. We have some amazing prizes in our auction. So please keep

SATURDAY 13TH SEPTEMBER 10am-3pm FREE

VOLUNTEERS

We desperately need volunteers on the day, this could be to help us set up, sell raffle tickets and ride tickets and of course the fun clean up.... If you can help in any way we would love your help, please email

lisaraehss@gmail.com or leave your name at the tuckshop.
RIDE BANDS

Everyone has now received their order forms for the prepaid ride bands for the fete. These are $28 prepaid or $35 on the day and that enables you to ride all day. What a bargain! Individual rides can be purchased on the day for around $6-$7. All orders can be handed into the tuckshop please and will be available to be picked up on the day.

FIJI RAFFLE

Our exciting FIJI raffle tickets have all been handed out now. We hope you all get behind this wonderful raffle and remember we need all money and tickets returned to the tuckshop by 29th August. If you do not want to participate please return your unsold tickets with the form to the tuckshop straight away. If you require more tickets these are also available from the tuckshop. One lucky family will win an amazing trip to Fiji, there are only 6000 tickets and this will be drawn at the fete.

AUCTION PRIZE DONATIONS

In the coming weeks we will be asking each double class to help with prizes for the auction. Each class will be given a basket and a theme and we would really appreciate any donations that families can provide to make these baskets amazing for our cent auction. So keep a look out for your theme.

Teach our children to be safe on the road – cross at the crossings

Community News
Surfing the Spectrum!

A four week well-being program for Parents and Carers of children with Autism / Aspergers

Program Dates:
Tues Aug 26
Tues Sep 2
Tues Sep 9
Tues Sep 16
10 am — 12 noon

Morning tea included!

Location
1/1414 Logan Road
Mt Gravatt East 4122

Caring for a child with ASD brings both joys & challenges. Carers Queensland is offering the opportunity for parents & carers to participate in a free 4 week well-being program that is designed to support you in your caring role. Facilitated by Sam Vidler, Counsellor.

The Program

The program will include topics such as:

- Acknowledging your own expertise
- Juggling multiple roles: carer, therapist, advocate!
- Boundaries and communication
- Mindfulness

Participants have the option of follow-up individual counselling sessions.

Registration
To register your attendance or find out more, please contact Samantha: 3723 5001 or svidler@carersqld.asn.au
CURLRUMBIN VALLEY

SPRING FESTIVAL

14th SEP 2014: 9.30am – 2.00pm

LIVE MUSIC – BEER TENT

FREE ENTRY ~ MARKET STALLS ~ FOOD ~ PLANTS
ROCK CLIMBING ~ ANIMAL FEEDING ~ JUMPING CASTLE

STALL HOLDERS WANTED - from $10

1226 Currumbin Creek Rd, Currumbin Valley
(Opposite the Currumbin Rock Pools)
PH: 5533 0312 - info@currumbinfarmschool.eq.edu.au
This annual community event has something for everyone offering a great mixture of live music, market stalls, deck bar, rock climbing, kids’ entertainment, bush tucker trail, plants and more! A showcase of original live music will get your feet tapping and Farmyard Friends animal feeding enclosure will keep the kids busy for hours.

Make a day of it! The festival is set amongst beautiful picnic gardens and is ideally located across the road from the Currumbin Rock Pools, surrounded by the picturesque views of Currumbin Valley. If live music is your thing, all you will need is a picnic blanket for a day of relaxing fun. What a great way to spend the Day!

ANDREW LOCK
Manager / Teacher
Currumbin Community Farm Campus
Ph: 07 5533 0312
Fax: 07 5533 0299
alo16@eq.edu.au
www.currumbinfarmschool.eq.edu.au

Labrador Junior Touch is on again!!!

Sign-on is 11th & 18th September 2014

Round 1 Starts October 9th 2014.
Divisions: U8 – U16 Boys and Girls
Where: Cos Zantiotis Playing Fields, Jacobs Drive Labrador
When: Sign on 11th & 18th September 2014 5pm-7pm

(www.labradorjuniortouch.com) 0405479021
Cost: $90 per child (Individual registration) or $900 per Team Nomination
All players receive a Playing shirt and play in the Grand Final
August is Dental Health Awareness Month

Dental Health Month aims to raise public awareness as around ¼ of Australians have untreated dental decay and only 39% of Australian adults visit the dentist for a yearly check up. As most dental diseases are completely preventable, we need to focus on early intervention and prevention to keep enjoying good oral health.

Let’s keep our teeth for life, and help our children do the same!


Gold Coast Child and Adolescent Oral Health Service

In the case of a dental emergency, telephone the Oral Health Client Service Centre 1300 300 850

Monday to Friday 8:00am – 4:30pm excluding public holidays.

For Sale

Enrico 1/2 size violin $50

Ashton full size- Blue $70

Phone Cheryl 55734297
HELENSVALE /PACIFIC PINES CRICKET CLUB SIGN ON

Sign on Date: Sunday August 17th 10am-3pm

Located on Parkes Drive off Discovery Drive Helensvale

For more information call Jodie 0488 171 009

Milo Cricket for ages 5-8                Juniors ages U10 – U17

www.helensvalecricketclub.com.au

Hinterland Tennis Club

55960308
Junior Coaching  $10 per lesson
Hot Shots    Sign On    Free Racket
1-2-3 MAGIC® & EMOTION COACHING
PARENT COURSE

A three-session program for parents and carers to help manage difficult behavior in children 2-12 years old is being held at Studio Village Community Centre at 87 Village Way Studio Village on Wednesday Evening or Saturday Morning
5pm to 7:30pm or 9:30am to noon
Starting On Starting On
30 JULY 2014 6 SEPTEMBER 2014

Learn:
✓ How to discipline without arguing, yelling or smacking
✓ How to sort behaviour
✓ How to handle challenging and testing behaviours
✓ Choosing your strategy, the three choices
✓ Using emotion coaching to encourage good behaviour
✓ 7 tactics for encouraging good behaviour

Registration Fee?
The course costs $15.00
Register for this course contacting Nikki Condon at Studio Village Community Centre on 07 5529 8253

What people are saying?
What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!
I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later on the line, needs excessive discipline or grows out of control.

Who’s running it?
The trainer for this course is Nikki Condon who completed the Parentshop® 1-2-3 Magic & Emotion Coaching on 10 May 2010. Studio Village Family Support Worker, Nikki has worked with families, children, young people including teen mums, and the community since the 1990’s with a special interest in building parents confidence to raise happy children.

For more information contact Nikki
phone: 5529 8253 email: family@studiovillage.com.au

Village Family Support Program is funded by the Department of Communities

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective •

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au
Coomera Comets
Touch Football

Junior & Senior Touch Sign On
5.30pm - 7pm Friday Night
8th & 15th August 2014

Friday Night Summer Junior
Competition
Boys and Girls Divisions
5 to 18 years old
Start Date: 10th Oct 2014

Monday Night Adult
Competition
Mixed, Mens and Ladies Divisions
Start Date: 6th Oct 2014

JOIN THE FUN
All games are played at Coomera Sports Park
Individual and team nominations accepted
www.coomeracomets.net
Another successful Year

Coomera Comets are celebrating 16 years of providing a successful Touch competition to the local community. Over sixteen years the competition has grown to over 150 teams competing in different divisions, with players from beginner level through to Australian Representatives, boys and girls, young and old; aged 6 to 60yrs.

2013 saw many of our junior teams compete at Junior State Championships with our 18yr boy’s team winning the State Championships & 50yrs Men’s team winning the Qld Affiliate Cup.

Our regular competition, for both Adults and Juniors, involves a compilation of family and friends, work mates, beginners, social and experienced players looking for a good run and to have a bit of healthy fun.

12th Annual Touched By Cancer Carnival
Oct 19th 2014

Each year Coomera Comets Touch hosts a one day social touch tournament to raise funds in support of the Gold Coast Prostate Cancer Support and Network Group. The event is designed to not only raise funds but awareness about Prostate Cancer. In Australia 2700 men die from Prostate Cancer each year, that makes it a higher mortality rate than breast cancer. Last year we were able to raise over $6000 bringing our total contribution to over $76,000.

October 19th will be our 12th annual Touched By Cancer Carnival. Last year the carnival hosted 30 teams of all ages and skill levels and all games are contested in good spirit. This a great day to test the waters and see if you enjoy playing or if you are experienced then bring your beginner friends along and introduce them to your sport, or if your team is experienced nominate your team in the competitive division.

Nominations forms can be found at the website
www.coomeracomets.net
or submitted by
Mail: Coomera Comets Touch, PO Box 879 Oxenford Qld
Fax: (07) 5573 2816 Email: coomeracometstouch@yahoo.com.au
Ph 0477 418 070
SOUTHPORT CARRARA NETBALL ASSOCIATION INC.
PO Box 4069, Ashmore Plaza Qld 4214
Tel: 5539 5195
Fax: 5539 5904
E-mail: scna@scna.org.au
www.scna.org.au
ABN: 12 480 521 881

NOMINATION FORM
NETTA / JUNIOR / SENIOR CLUB CARNIVAL
SUNDAY 24TH August 2014

Divisions: Netta 8/9/10 yrs Juniors & Seniors 11/12/13/14/15/16/17  Open Age & Mixed
Games Commence: 8.00am sharp (Draws will be available from the Club Rooms after 7.30am or via our website)
Venue: 166 Benowa Road Ashmore 4214
Umpires: Each team must supply a correctly attired Badged Umpire
(Umpires may not umpire their own team and may be required when their team is playing)
Awards: Winners and Runners-up awards will be presented (9 per team)
Disputes: Will be dealt with by SCNA Executive Committee

****** FULL CANTEEN FACILITIES WILL BE AVAILABLE ON THE DAY ******

<table>
<thead>
<tr>
<th>TEAM NAME</th>
<th>AGE/GRADE (indication of strength)</th>
<th>TEAM UMPIRE</th>
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NOMINATION: $80 per Team (including GST) Payment must accompany this form
NAME OF CONTACT: ___________________________ PH NO: ___________________________
EMAIL: ___________________________________
NO. OF TEAMS: ________________________ @$80 PER TEAM = __________________________
SIGNED: __________________________ DATE:__________________________

CLOSING DATE: Friday 18th August 2014

Payments may be made by direct deposit to
SCNA Bendigo Bank
BSB 633-108  Acc No 1428-06850
Reference-Team name
GAME ON

GEORGE BAILEY
MEG LARRIEN

MILO T20 Blast is an active new sports program that gives kids the chance to play exciting games of T20 it's for girls and boys aged 8-12 who know the basics of cricket and want to take things to the next level!

The 8-week program focuses on match-play with all the boundaries, atmosphere and music of T20, it's non-stop involvement for participants - everyone gets the opportunity to bat, bowl and field!

You can play MILO T20 Blast at your local cricket club or community centre. So, what are you waiting for?

Sign up today at T20Blast.com.au or contact your nearest club to find out more.

Your nearest MILO T20 Blast Centre is: Runaway Bay Cricket Club, 2 Sports Drive
Starting 17/8/14 2pm
All welcome from Coomera, Queens, Southport/Beaudesert,
Cost is $99 for 8 weeks
Boys + Girls aged 7-12

DON'T MISS ANY OF THE ALL-NEW, ALL-EXCITING ACTION OF THE MILO T20 BLAST THIS SUMMER

SIGN UP TODAY AT T20BLAST.COM.AU

Helensvale Little Athletics Track & Field Club

Hi Everyone,

An exciting new season is nearly upon us again for your children as well as yourselves. ‘FAMILY, FUN and FITNESS’ is the motto of Little Athletics Australia. Helensvale Little Athletics are offering a 28 week season to help teach, nurture and improve your children’s Athletics disciplines.

Our Centre is located at the Helensvale High School Oval, Discovery Drive Helensvale.

Our sign on registration days are:

➢ 9 August 2014 – at the Helensvale Plaza. 8am – 3pm
➢ 17 August 2014 – Open Day at Helensvale Little Athletics Club. Our open day is for your children & Open athletes to try some of our events also. 8am – 2pm.

However, you can register at any time during the season.

Our club is offering a 2 week trial for any new athlete who might be a little unsure. The cost for the 2 trials is $30, which if you register then will be deducted from the registration price.

➢ Trial week 1 – Friday 22nd August 2014.
➢ Trial week 2 – Friday 29th August 2014.

The start time for Friday nights is always 5.30pm. The attached flyer has all the registration, club levy & uniform costs on it.

If you have any further queries please call Neil on Mobile: 0458 616611
SEASON 2014/2015 PRICES

- **REGISTRATION**: These are the costs for the entire season.
  - TINY TOT: $60
  - UNDER 6: $100
  - U7-U17: 1<sup>ST</sup> Athlete - $110
    - 2<sup>nd</sup> Athlete - $105
    - 3<sup>rd</sup> Athlete - $100

- **CLUB LEVY**: $50 Every athlete MUST pay this with registration.

- **UNIFORM**: Shirt $40 Shorts $30
  
  Set $60 (to be confirmed)

Group Stepping Stones Triple P

at

Helensvale State School

*Triple P (Positive Parenting program)* can help improve children’s development and behaviour, as well reduce stress for parents. *Stepping Stones Triple P* is an intensive course which covers a range of strategies which can help with parenting children with a disability. The course will be run over 5 group sessions and three individual phone-calls.

**Session Dates and Times**

11th September: 10:00 to 12:30

18th September: 10:00 to 12:30

9th October: 10:00 to 12:30

16th October: 10:00 to 12:00

23rd October: 10:00 to 12:00

3 X individual phone-calls

20th Nov: 10:00 to 12:00

**Cost**: Assist by answering questionnaires
If you are interested please register at


Enquiries Karyn Healy on 0457 523 266 or kheal12@eq.edu.au

In October, Soccer X will be running an 8 week Summer Soccer league at Carrarra Soccer Fields for U6’s – U11’s. For more information and online registrations please visit WWW.SOCCER-X.COM. If you have any questions please call Justyn on 0451 162346.”

Kind Regards

Justyn McKay

Soccer X Pty Ltd Director

m: 0451 162346
e: soccerX.au@gmail.com
w: www.soccer-x.com

8 Lindfield Road
HELENSVALE 4212 QLD
07 5556 1333
07 5556 1300
07 5556 1370

admin@helensvaless.eq.edu.au
http://www.helensvaless.eq.edu.au/

Our Sponsors

Please click on any advertisement to email the affiliated business or view further details such as company brochures, flyers or promotions.
OXENFORD DENTAL CENTRE
Free dental treatment up to $1,000 for kids aged 2-17 years if eligible for the Medicare Child Dental Benefits Scheme. Call us today with your Medicare card number to check your child’s eligibility.

5529 7666
SUITE 11, 5 MICHIGAN DRIVE OXENFORD

mediacross Medical
3 Sir John Overall Drive Helensvale
Bulk Billing available
General Medicine
Chronic Disease Management
Mental Health Management
Skin Clinic
Allied Health Services on site
We welcome all new & existing patients
OPEN 6 DAYS
Mon, Tues & Thurs 8am-7pm
Wednesday & Friday 8am-5:30pm
Saturday 8am-3pm
5573 2122

are you looking for
fast...easy...useful
GOODS & SERVICES
in your local area?
check the SCHOOL NEWSLETTER first!